



# October

## Heritage Middleton Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Happy Birthday</b> Irma F. – 10/26 Bibi M. – 10/27 Jim S. – 10/29 	<b>10:00 Exercise</b> <b>1:00 Manicures</b> <b>2:00 Let's Play: Dominos</b> <b>3:00 Wii Bowling</b>	<b>10:00 Exercise</b> <b>10:00 Catholic Communion (PDR)</b> <b>1:00 Flower Arrangements</b> <b>2:00 Guided Meditation: Clearing Negativity (Theater)</b> <b>3:00 Resident Council Meeting**</b>	<b>10:00 Exercise with Lessila</b> <b>10:00 Bus Outing: Pick N' Save</b> <b>1:00 Baker Bunch: Fall Cookies</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b>	<b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>10:30 Bus Outing: Bus Ride Through the Arboretum Leaves</b> <b>1:00 Word Games</b> <b>2:30 Live Music in the Pub with Jim Hetzel</b>	<b>10:00 Exercise</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>3:00 Happy Hour: Apple Cider</b>	<b>11:00 Exercise**</b> <b>2:00 Crossword Club**</b> <b>6:30 Movie Night in the Theater: P.S. I Love You**</b> <b>TBD Badgers vs Nebraska (CDR)</b>	
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)</b> <b>12:00 Packers vs Lions (CDR)</b> <b>2:30 Matinee Movie: The Nut Job (Theater)**</b>	<b>10:00 Exercise</b> <b>1:00 Manicures</b> <b>2:00 Let's Play: Uno</b> <b>3:00 Wii Games</b>	<b>10:00 Exercise</b> <b>10:30 Pet Therapy with Harper (Pub)</b> <b>1:30 Brain Games (CDR)</b> <b>3:00 Flower Arrangements</b>	<b>10:00 Exercise with Lessila</b> <b>1:00 Puzzle Group</b> <b>2:00 Craft Corner: Leaf Etchings</b> <b>3:00 Bingo</b>	<b>10:00 Exercise</b> <b>11:00 1:1 Room Visits</b> <b>1:00 Word Games</b> <b>2:30 Live Music in the Pub with Michael Gruber</b>	<b>10:00 Exercise</b> <b>10:30 Pet Therapy with Kit and Cashmere</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>3:00 Happy Hour: Donuts</b>	<b>11:00 Exercise**</b> <b>2:00 Crossword Club</b> <b>6:30 Movie Night in the Theater: Steel Magnolias**</b> <b>TBD Badgers vs Michigan (CDR)</b>	
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)**</b> <b>1:00 Fun with Matt</b> <b>2:30 Matinee Movie: Peter Rabbit (Theater)</b>	<b>10:00 Exercise</b> <b>1:00 Manicures</b> <b>2:00 Let's Play: Yahtzee</b> <b>3:00 Wii Games</b> <b>7:15 Packers vs 49ers (CDR)</b>	<b>10:00 Bus Outing: Greenbush Bakery</b> <b>10:00 Exercise DVD</b> <b>10:00 Catholic Rosary and Communion (PDR)</b> <b>1:30 Laugh Lounge (CDR)</b> <b>3:00 Flower Arrangements</b>	<b>10:00 Exercise with Lessila</b> <b>10:00 Bus Outing to Pick N' Save</b> <b>1:00 Puzzle Group</b> <b>2:00 Presentation on Women's Suffrage by Dale Harriet (CDR)</b> <b>2:30 Flu Shots (PDR)</b> <b>3:00 Bingo</b>	<b>10:00 Exercise DVD</b> <b>10:45 Bible Study (CDR)</b> <b>1:00 Word Games</b> <b>2:30 Live Music in the Pub with Jesse Walker</b>	<b>10:00 Exercise</b> <b>10:00 Intergenerational Music with Julie (Pub)</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>3:00 Happy Hour: Bratwurst</b>	<b>11:00 Exercise**</b> <b>11:00 Badgers vs Illinois (CDR)</b> <b>2:00 Crossword Club**</b> <b>6:30 Movie Night in the Theater: Gone Baby Gone**</b>	
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)**</b> <b>2:30 Matinee Movie: Scooby Doo (Theater)**</b>	<b>10:00 Exercise</b> <b>1:00 Manicures</b> <b>2:00 Let's Play: Scrabble</b> <b>3:00 Wii Games</b>	<b>10:00 Exercise</b> <b>10:00 Catholic Communion (PDR)</b> <b>10:30 Pet Therapy with Harper (Pub)</b> <b>1:00 Flower Arrangements</b> <b>2:00 Octoberfest Celebration (Pub)</b>	<b>10:00 Exercise with Lessila</b> <b>1:00 Puzzle Group</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b>	<b>10:00 Exercise</b> <b>10:45 Bible Study (CDR)</b> <b>11:00 1:1 Room Visits</b> <b>1:00 Word Games</b> <b>2:30 Live Music in the Pub with Beth Wilson</b>	<b>10:00 Exercise</b> <b>10:30 Pet Therapy with Kit and Cashmere</b> <b>11:00 Chats and Challenges</b> <b>1:00 1:1 Room Visits</b> <b>3:00 Happy Hour: Pumpkin Beer and German Candy</b>	<b>11:00 Exercise**</b> <b>2:00 Crossword Club</b> <b>6:30 Movie Night in the Theater: Coraline**</b> <b>TBD Badgers vs Northwestern (CDR)</b>	
<b>8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard**</b> <b>10:00 Bethel Lutheran on TV (CDR)**</b> <b>1:00 Fun with Matt</b> <b>3:25 Packers v Rams (CDR)</b>	<b>10:00 Exercise</b> <b>1:00 Manicures</b> <b>2:00 Let's Play: Euchre</b> <b>3:00 Wii Games</b>	<b>10:00 Exercise</b> <b>1:30 Pumpkin Carving Demonstration (Pub)</b> <b>3:00 Flower Arrangements</b>	<b>10:00 Exercise with Lessila</b> <b>10:00 Bus Outing: Pick N' Save</b> <b>1:00 Baker Bunch: Spider Snacks</b> <b>2:00 1:1 Room Visits</b> <b>3:00 Bingo</b>				<h3>Celebrating Wisconsin's German Heritage</h3>

\*All activities are subject to change when necessary \*\*Resident-led activity  
Residents' families are invited to participate in community events.

Musical Activity  
Packers Game

Group Games  
Celebrate Wisconsin

Badgers Game  
Exercise