



August

Heritage Middleton Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Wilma S. – 8/26 Ayako K. – 8/27 	<i>Celebrating Wisconsin Fairs & Festivals</i> 		1 9:15 Heritage Hikers (Meet in Pub) 10:00 Exercise with Lessila 2:00 Lets Play: Euchre 3:00 Bingo	2 National Ice Cream Sandwich Day 10:00 Exercise 2:00 Ice Cream Sandwiches in the Pub 2:30 Live Music in the Pub with Jim Hetzel	3 10:00 Exercise 10:30 Trivia 11:00 Chats and Challenges** 1:30 Book Club** 3:00 Happy Hour	4 11:00 Exercise** 2:00 Crossword Club** 6:30 Movie Night in the Theater: Phantom of the Opera (PG-13)
5 8:20 Bus Pickup for Church: St. Luke's & St. Bernard 10:00 Bethel Lutheran on TV (CDR) 2:30 Matinee Movie: Jurassic Park (PG-13)	6 10:00 Exercise 10:30 Trivia 1:15 Manicures 3:00 Painters Palette: Fairs and Carnivals	7 Morning Bus Outing: \$5 Movie at Marcus Point Cinema (Movie and time TBA) 10:00 Exercise DVD** 10:00 Catholic Communion (PDR) 1:00 Flower Arrangements 3:00 Resident Council Meeting	8 10:00 Exercise with Lessila 10:00 Bus Outing: Pick N' Save 10:00 Story Time with Coral (Pub) 1:00 Bingo 2:30 Children's Musical Performance (Pub)	9 10:00 Exercise DVD** 10:45 Bible Study (CDR) 3:00 Live Music in the Pub with Johnny More	10 10:00 Exercise 11:00 Chats and Challenges** 1:30 Book Club** 3:00 Happy Hour: Cotton Candy	11 11:00 Exercise** 2:00 Crossword Club** 6:30 Movie Night in the Theater: Happy Gilmore (PG-13)
12 8:20 Bus Pickup for Church: St. Luke's & St. Bernard 10:00 Bethel Lutheran on TV (CDR) 2:30 Matinee Movie: Cars 3 (G)	13 10:00 Exercise 10:00 Beauty Event with Walgreens (CDR) 1:15 Manicures 2:00 Games of the Fair (Outside Pub)	Wisconsin Primary Election 14 10:00 Exercise 10:30 Trivia 1:30 Brain Games (CDR) 3:00 Flower Arrangements	15 9:15 Heritage Hikers (Meet in Pub) 10:00 Exercise with Lessila 2:00 Speaker: Middleton Roads 3:00 Bingo	16 10:00 Exercise DVD** 10:00 Bus Outing to Olbrich Gardens 10:45 Bible Study (CDR) 11:00 3:00 Live Music in the Pub with Michael Gruber	17 10:00 Exercise 10:00 Intergenerational Music with Julie (Pub) 11:00 Chats and Challenges** 1:30 Book Club** 3:00 Happy Hour: Mini Corndogs	18 11:00 Exercise** 2:00 Crossword Club** 6:30 Movie Night in the Theater: How to Lose a Guy in 10 Days (PG-13)
19 8:20 Bus Pickup for Church: St. Luke's & St. Bernard 10:00 Bethel Lutheran on TV (CDR) 2:30 Matinee Movie: Trolls (PG)	20 10:00 Exercise 10:30 Trivia 1:15 Manicures 2:00 Kitchen Club: Pie Making	21 10:00 Exercise 10:00 Catholic Communion (PDR) 10:30 Trivia 1:30 Brain Games (CDR) 3:00 Flower Arrangements	22 9:15 Heritage Hikers (Meet in Pub) 10:00 Exercise with Lessila 10:00 Bus Outing to Pick N' Save 2:00 Gary Nelson: Learning and Elvis Presentation (CDR) 3:00 Bingo	23 10:00 Exercise DVD** 10:45 Bible Study (CDR) 2:30 Live Music in the Pub with Dean's Blue Country 3:30 Pie Competition	24 10:00 Exercise 11:00 Chats and Challenges** 1:30 Book Club** 3:00 Happy Hour	25 11:00 Exercise 2:00 Crossword Club** 6:30 Movie Night in the Theater: Get Smart (PG-13)
26 8:20 Bus Pickup for Church: St. Luke's & St. Bernard 10:00 Bethel Lutheran on TV (CDR) 2:30 Matinee Movie: Shrek (PG)	27 10:00 Exercise 10:30 Trivia 1:15 Manicures 2:00 Virtual Reality Rollercoaster	28 10:00 Exercise 10:30 Trivia 1:30 Brain Games (CDR) 3:00 Flower Arrangements	29 9:15 Heritage Hikers (Meet in Pub) 10:00 Exercise with Lessila 2:00 Poker 3:00 Bingo	30 10:00 Exercise 10:45 Bible Study (CDR) 4:00 Summer Party with The Byrd Trio and Kona Ice	31 9:00 Heritage Bake Sale 10:00 Exercise 11:00 Chats and Challenges** 1:30 Book Club** 3:00 Happy Hour	

*All activities are subject to change when necessary **Resident-led Activity
Residents' families are invited to participate in community events.

Movie Musical Activity Happy Hour
Celebrate Wisconsin Exercise