



# June

## Heritage Middleton Assisted Living Life Enrichment Calendar

### \*\*Resident-Led Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Happy Birthday</b></p>  <p>John T – 6/4 Duane R. – 6/13 Chuck C. – 6/19</p> <p>Pam S. – 6/20 Meryl M. – 6/27 Donna P. – 6/29</p>				<p><i>Celebrating Wisconsin Food &amp; Farming</i></p>		<p>1 10:00 Exercise 10:30 Pet Therapy with Cashmere 11:00 Chats and Challenges 1:30 Book Club 3:00 Happy Hour: Wollersheim Winery</p>	<p>2 11:00 Exercise 1:00 Crossword Club 2:00 Central Midwest Ballet Academy Performance (Pub) 7:00 Movie Night in the Theater: 50 First Dates</p>
<p>3 8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard 10:00 Bethel Lutheran on TV (CDR) 11:00 Exercise DVD** 2:30 Matinee Movie: Chicken Run**</p>	<p>4 10:00 Exercise 10:30 Trivia 1:15 Manicures 2:30 Hangin' with the Fellas - Monthly Men's Club</p>	<p>5 10:00 Exercise DVD** 10:30 Pet Therapy with Harper 11:00 Flower Arrangements 1:30 Trivia 3:00 Resident Council Meeting</p>	<p>6 D-Day 10:00 Exercise with Lessila 2:00 Let's Play: Euchre 3:00 Bingo</p>	<p>7 10:00 Exercise DVD** 10:45 Bible Study (CDR) 11:00 Gardening Club 3:00 Live Music in the Pub with Jim Hetzel</p>	<p>8 10:00 Exercise 10:30 Trivia 11:00 Chats and Challenges 1:30 Book Club** 3:00 Happy Hour: Wisconsin Beers</p>	<p>9 11:00 Exercise 1:00 Crossword Club 2:00 Summerfest Celebration with Bahama Bob and Kona Ice 7:00 Movie Night in the Theater: Moonrise Kingdom</p>	
<p>10 8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard 10:00 Bethel Lutheran on TV (CDR) 11:00 Exercise DVD** 2:30 Matinee Movie: Paddington**</p>	<p>11 10:00 Exercise 10:30 Trivia 1:15 Manicures 2:30 Let's Paint: Wisconsin Farms</p>	<p>12 10:00 Exercise DVD** 10:00 Catholic Communion (PDR) 1:30 Let's Play: Scattergories 3:00 Flower Arrangements 6:00 Pheasant Branch: Tunes on Tuesday Bus Outing</p>	<p>13 10:00 Exercise with Lessila 10:00 Bus Outing: Pick N' Save 2:00 "Railroading in Wisconsin" presentation with Paul Rogovitch of the Wis. State Historical Society (CDR) 3:00 Bingo</p>	<p>14 Flag Day/US Open/ World Cup Begin 10:00 Exercise 10:30 Trivia 10:45 Bible Study (CDR) 11:00 Gardening Club 3:00 Live Music in the Pub with Michael Gruber</p>	<p>15 10:00 Exercise DVD** 11:00 Chats and Challenges 1:30 Book Club** 3:00 Happy Hour: Hurt's Donuts</p>	<p>16 11:00 Exercise 2:00 Crossword Club 7:00 Movie Night in the Theater: Dead Poets Society</p>	
<p>17 Father's Day 8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard 10:00 Bethel Lutheran on TV (CDR) 11:00 Exercise DVD** 2:00 Celebrate Dad: Wild Hogs Movie (CDR) with Bourbon Marshmallow S'Mores</p>	<p>18 10:00 Exercise DVD** 10:00 Bus Outing to Middleton Mustard Museum 1:15 Manicures 3:00 Easy Caprese: Make your own Caprese Toothpick Salad</p>	<p>19 10:00 Exercise 10:30 Pet Therapy with Harper 1:00 Flower Arrangements 2:00 Haven's Petting Farm</p>	<p>20 10:00 Exercise with Lessila 2:00 "Dealing with Headaches and Upper Back Pain" Presentation with Tara Kuntz of Lessila Therapy (CDR) 3:00 Bingo</p>	<p>21 Summer Solstice 10:00 Exercise 10:30 Trivia 11:00 Gardening Club 2:30 Live Music in the Pub with Steve Doyle</p>	<p>22 10:00 Exercise DVD** 10:00 Intergenerational Music with Julie (Pub) 11:00 Chats and Challenges 1:30 Book Club** 3:00 Happy Hour: Hook's Cheese</p>	<p>23 11:00 Exercise 2:00 Crossword Club 7:00 Movie Night in the Theater: Bucket List</p>	
<p>24 8:20 Bus Pickup for Church: St. Luke's &amp; St. Bernard 10:00 Bethel Lutheran on TV (CDR) 11:00 Exercise DVD** 2:30 Matinee Movie: Evan Almighty**</p>	<p>25 10:00 Exercise 10:30 Trivia 1:15 Manicures 2:30 Let's Play: Pass the Pigs</p>	<p>26 10:00 Exercise 10:30 Trivia 1:00 Flower Arrangements 2:00 Bus Outing to Middleton Farmers Market</p>	<p>27 10:00 Exercise with Lessila 10:00 Bus Outing to Pick N' Save 1:30 Make Your Own: Strawberry Parfait 3:00 Bingo</p>	<p>28 10:00 Exercise DVD** 10:45 Bible Study (CDR) 11:00 Gardening Club 2:30 Live Music in the Pub with Jesse Walker</p>	<p>30 10:00 Exercise 11:00 Chats and Challenges 1:30 Book Club** 3:00 Happy Hour - "Old Fashioned" Fun</p>	<p>31 10:30 Trivia 11:00 Exercise 2:00 Crossword Club 7:00 Movie Night in the Theater: The Truman Show</p>	

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity

Group Games

Celebrate Wisconsin

Exercise