



# May

## Heritage Middleton Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b></p>  <p>Beverly K. – 5/5 Florence S. – 5/10</p>	<p>Julie A. – 5/21 Alice T. – 5/24</p>	<p><b>10:00 Exercise</b> <b>10:00</b> Catholic Communion (PDR) <b>10:30</b> Pet Therapy with Harper <b>11:00</b> Flower Arrangements <b>1:30</b> Craft - Painting the Madison Skyline <b>3:00</b> Resident Council Meeting</p>	<p><b>10:00</b> Exercise with Lessila <b>10:00</b> Bus Outing: Pick N' Save <b>1:30</b> Craft - Drawing like Frank Lloyd Wright <b>3:00</b> Bingo</p>	<p><b>10:00</b> Exercise <b>10:30</b> Trivia <b>10:45</b> Bible Study (CDR) <b>11:00</b> Gardening Club - Let's Plant Seeds <b>2:30</b> Live Music with Jim in the Pub</p>	<p><b>10:00</b> Exercise <b>10:30</b> Pet Therapy <b>11:00</b> Chats and Challenges <b>1:30</b> Book Club <b>3:00</b> Happy Hour: Meet Your New Neighbors <b>4:00</b> Gallery Night: Wine, Cheese and with Dan Pasque (Pub)</p>	<p><b>Cinco de Mayo</b> <b>11:00</b> Exercise <b>1:00</b> Crossword Club <b>2:00</b> Cinco de Mayo Celebration: "Nacho" Cupcakes, Margaritas, Music and a Pinata in the Pub <b>7:00</b> Movie Night in the Theater**</p>
<p><b>6</b> <b>8:20</b> Bus Pickup for Church: St. Luke's &amp; St. Bernard <b>10:00</b> Bethel Lutheran on TV (CDR) <b>11:00</b> Exercise DVD** <b>2:30</b> Matinee Movie**</p>	<p><b>7</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>1:15</b> Manicures <b>2:30</b> Hangin' with the Fellas: 1st Monthly Men's Club Meeting</p>	<p><b>8</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>1:30</b> Let's Play Cards <b>3:00</b> Flower Arrangements</p>	<p><b>9</b> <b>Lost Sock Memorial Day</b> <b>10:00</b> Exercise with Lessila <b>10:00</b> Children and Seniors Book Club: Stuart Little <b>1:30</b> Craft: Turn Your Odd Socks into a Phone/Key Carrier <b>3:00</b> Bingo</p>	<p><b>10</b> <b>10:00</b> Exercise DVD <b>10:45</b> Bible Study (CDR) <b>11:00</b> Gardening Club <b>3:00</b> Live Music in the Pub with Michael Gruber</p>	<p><b>11</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>11:00</b> Chats and Challenges <b>1:30</b> Book Club <b>3:00</b> Happy Hour</p>	<p><b>12</b> <b>National Limerick Day</b> <b>11:00</b> Exercise <b>1:00</b> Crossword Club <b>2:00</b> Limericks in the Pub - Bring Your Favorites to Share <b>7:00</b> Movie Night in the Theater**</p>
<p><b>13</b> <b>Mother's Day</b> <b>8:20</b> Bus Pickup for Church: St. Luke's &amp; St. Bernard <b>10:00</b> Bethel Lutheran on TV (CDR) <b>11:00</b> Exercise DVD** <b>2:00</b> Mother's Day Memories - Collage Making and Flower Cupcakes in the Pub</p>	<p><b>14</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>1:15</b> Manicures <b>3:00</b> Documentary in the Theater: Taleisin by Frank Lloyd Wright</p>	<p><b>15</b> <b>9:45</b> Bus Outing: Chazen Museum of Art <b>10:00</b> Exercise DVD <b>10:00</b> Catholic Communion (PDR) <b>10:30</b> Pet Therapy with Harper <b>1:30</b> Learn to Play: Sushi Go (Card Game) <b>3:00</b> Flower Arrangements</p>	<p><b>16</b> <b>10:00</b> Exercise with Lessila <b>10:00</b> Bus Outing: Pick N' Save <b>2:00</b> "Facts about Dementia" with Dr. Alexis Eastman, Director of U-W Geriatrics Clinic (CDR) <b>3:00</b> Bingo</p>	<p><b>17</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>10:45</b> Bible Study (CDR) <b>11:00</b> Gardening Club <b>2:00</b> Norwegian Celebration in the Pub</p>	<p><b>18</b> <b>10:00</b> Exercise DVD <b>10:00</b> Intergenerational Music with Julie (Pub) <b>10:30</b> Pet Therapy w/ Cashmere <b>11:00</b> Chats and Challenges <b>1:30</b> Book Club <b>3:00</b> Happy Hour: Root Beer Floats</p>	<p><b>19</b> <b>11:00</b> Exercise <b>2:00</b> Crossword Club <b>7:00</b> Movie Night in the Theater**</p>
<p><b>20</b> <b>8:20</b> Bus Pickup for Church: St. Luke's &amp; St. Bernard <b>10:00</b> Bethel Lutheran on TV (CDR) <b>11:00</b> Exercise DVD** <b>2:30</b> Matinee Movie**</p>	<p><b>21</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>1:15</b> Manicures <b>3:00</b> Craft: Famous Wisconsin Stained Glass Window Replicas</p>	<p><b>22</b> <b>9:45</b> Bus Outing: Tour of Monona Terrace <b>10:00</b> Exercise DVD <b>1:30</b> Let's Play Cards <b>3:00</b> Flower Arrangements</p>	<p><b>23</b> <b>10:00</b> Exercise with Lessila <b>1:30</b> Frank Lloyd Wright Trivia (CDR) <b>3:00</b> Bingo <b>6:00</b> Culinary Meeting (CDR)</p>	<p><b>24</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>11:00</b> Gardening Club <b>2:30</b> Live Music in the Pub with Pan's Blues</p>	<p><b>25</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>11:00</b> Chats and Challenges <b>1:30</b> Book Club <b>3:00</b> Happy Hour</p>	<p><b>26</b> <b>11:00</b> Exercise <b>2:00</b> Crossword Club <b>7:00</b> Movie Night in the Theater**</p>
<p><b>27</b> <b>8:20</b> Bus Pickup for Church: St. Luke's &amp; St. Bernard <b>10:00</b> Bethel Lutheran on TV (CDR) <b>11:00</b> Exercise DVD** <b>2:30</b> Matinee Movie**</p>	<p><b>28</b> <b>Memorial Day</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>1:15</b> Manicures <b>2:00</b> Memorial Day Celebration: Residents Share their Stories (Pub)</p>	<p><b>29</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>1:30</b> Let's Play Cards <b>3:00</b> Flower Arrangements</p>	<p><b>30</b> <b>10:00</b> Exercise with Lessila <b>10:00</b> Bus Outing: Pick N' Save <b>1:30</b> Wisconsin Artist Appreciation Slideshow (CDR) <b>3:00</b> Bingo</p>	<p><b>31</b> <b>10:00</b> Exercise <b>10:30</b> Trivia <b>10:45</b> Bible Study (CDR) <b>11:00</b> Gardening Club <b>2:30</b> Live Music in the Pub with Tom Kastle</p>	 <p><i>Celebrating Wisconsin Art &amp; Architecture</i></p>	

\*All activities are subject to change when necessary \*\*Resident-led activities.  
Residents' families are invited to participate in community events.

Musical Activity Trivia  
Celebrate Wisconsin Exercise