

Heritage Court Menomonee Falls Life Enrichment Calendar

Recurring Activities

News and Hydration Weekdays at 10 a.m.

Keepin' Fit Weekdays at 11:15 a.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anna K. – July 4 Robert P. – July 30	1 10:45 Monthly Gazette 1:30 Music with Peggy 2:15 Milkshake Monday 3:00 Top Challenge Competition 5:30 Word Puzzles	10:30 Lutheran Church with Pastor Behnke 1:30 Making Heritage Hounds Dog Biscuits 3:00 Top Challenge Competition 5:30 Artistic Design	10:45 July IQ Trivia 1:30 Concentration – Patriotic Themed 2:15 Chocolate Wafer Social 3:00 Top Challenge Competition 5:30 At The Movies	Fourth of July 4 10:45 Patriotic Sing Along 2:15 Red, White, and Blue Social 3:00 Patriotic Bingo 5:30 Star and Stripes Forever	9:30 Brian Leffin performs 11:00 Catholic Mass w/ Deacon Ray 1:30 WI Landmark - Wade House 2:30 Graham Cracker Social 3:00 Top Challenge Competition 5:30 Trivia Night	10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Popsicle Social 3:00 Bingo 5:30 The Carol Burnett Show
10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Strawberry Sundae Social 3:00 Manicures 5:30 Books, Magazines, & Music	10:45 Smarty Pants 1:30 Music with Peggy 2:00 Chocolate Almond Social 3:00 Pet Visits w/ Barb and Carly 3:30 Dynseo Cognitive Games 5:30 Word Puzzles	10:45 Tribond Challenge 1:30 Balloon Volleyball 2:15 Sugar Cookie Social 3:00 WI Landmark–State Capitol 5:30 Artistic Design	10:45 Brain Quest 1:30 Bulls Eye 2:15 Happy Hour – Pina Coladas 3:00 Napkin Brigade 5:30 At The Movies	11 10:15 Grace Lutheran Church w/ Ken Barr 1:30 Feet To The Fire Writing Workshop 2:15 Blueberry Muffin Social 3:00 Wisconsin Lake Trivia 5:30 Books, Magazines, & Music	11:00 Diner's Club Outing 1:30 Afternoon At The Movies 3:30 Fruit Smoothies 5:30 Trivia Night	13 10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Ice Cream Sandwich Social 3:00 Finish The Phrase 5:30 Lassie
10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Cookie Social 3:00 Manicures 5:30 Books, Magazines, & Music	15 10:45 Tip of the Tongue 1:30 Music with Peggy 2:15 Tapioca Pudding Social 3:00 Pet Visits w/ Barb and Carly 3:30 Dynseo Cognitive Games 5:30 Word Puzzles	16 10:30 Catholic Church with Father Wirth 1:30 Noodlecize 2:15 Gold Fish Social 3:00 Jeopardy – WI Lakes/Travel 5:30 Artistic Design	17 10:15 Songs of the Heart – Todd Pridgeon 1:30 Frazzle 2:15 Peach Ice Cream Social 3:00 WI Landmarks – House on the Rock 5:30 At The Movies	18 10:45 Where Am I? 1:30 Feet To The Fire Writing Workshop 2:30 Happy Hour 3:15 Right Left Center 5:30 Books, Magazines, & Music	19 11:00 Lunch by the Lake 1:30 Afternoon At The Movies 3:30 Napkin Brigade 5:30 Trivia Night	10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Ice Cream Bar Social 3:00 Bingo 5:30 The Price Is Right
10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Ice Cream Social 3:00 Manicures 5:30 Books, Magazines, & Music	10:45 5 Second Rule 1:30 Music with Peggy 2:15 Milkshake Monday 3:00 Pet Visits w/ Barb and Carly 3:30 Dynseo Cognitive Games 5:30 Word Puzzles	10:45 Red or Black 1:30 Making Heritage Hounds Dog Biscuits 3:00 WI Landmarks – Lighthouses 5:30 Artistic Design	10:45 Spiritual Gathering and Hymns 1:30 Trivia from A to Z 2:15 Happy Hour 3:00 Table Bowling 5:30 At The Movies	10:45 What Am I? 1:30 Music Therapy with Brenna 2:30 Hot Fudge Sundae Social 3:00 Feet To The Fire Writing Workshop 5:30 Books, Magazines, & Music	10:45 Abbreviations 1:30 Trip to Pewaukee Lake 1:30 Afternoon At The Movies 3:30 Napkin Brigade 5:30 Trivia Night	10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Banana Social 3:00 Song Title Trivia 5:30 The Lawrence Welk Show
10:15 Morning News/Hydration 11:00 Keepin' Fit 2:00 Chocolate Milk and Cookies 3:00 Manicures 5:30 Books, Magazines, & Music	10:45 Who Am I? 1:30 Music with Peggy 2:15 Milkshake Monday 3:00 Pet Visits w/ Barb and Carly 3:30 Dynseo Cognitive Games 5:30 Word Puzzles	10:45 Name 3 1:30 Higher or Lower 2:15 Cheesecake Social 3:00 Scrub Brush Painting 5:30 Artistic Design	10:45 Hymn Sing 1:30 Parachute Games 2:15 Raspberry Cake Social 3:00 Elevenses Dice Game 5:30 At The Movies		Wis Wis	elebrating consin Lakes Landmarks

*All activities are subject to change when necessary Residents' families are invited to participate in community events.

Musical Activity

Happy Hour

Celebrate Wisconsin

Exercise