






# November

## Heritage Court Menomonee Falls Life Enrichment Calendar

### Recurring Activities

Independent Activities Weekdays at 9:30 a.m.  
News and Hydration Weekdays at 10 a.m. | Keepin' Fit Weekdays at 11:15 a.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 2em;">Celebrating Wisconsin Sports</h1>						
				<p>1 10:30 Music w/ Brian Leffin 1:30 <b>Keepin' Fit</b> 2:15 Banana Social 3:00 Dynseo Cognitive Games 6:00 Balloon Volleyball</p>	<p>2 National Deviled Eggs Day 10:45 Making Deviled Eggs 1:30 Red or Black 2:00 Deviled Egg Social 3:00 Climb The Mountain 6:00 Lemonade Social </p>	<p>3 10:30 Make Pineapple Banana Twinkie Cake 1:30 Spoiled Rotten 2:00 Twinkie Cake Social 3:00 <b>Shoot The Hoops</b> 6:00 Tribond Challenge</p>
<p>4 10:30 Morning Praise and Worship 1:30 Easy Does It Trivia 2:00 Tea and Lady Finger Social 3:00 <b>Volleyball Tournament</b> 6:00 Trivia from A to Z</p>	<p>5 National Doughnut Day 11:00 Donut Trivia/Fun Facts 1:30 <b>Yoga</b> 2:00 Donuts and Coffee Social 3:00 Card Bingo 6:00 <b>Music with Peggy</b></p>	<p>6 National Nachos Day 10:30 Lutheran Service with Pastor Behnke 11:30 Finish The Phrase 1:30 <b>Keepin' Fit</b> 2:15 Nachos and Margarita Social 3:00 Bulls Eye 6:00 Popsicle Social</p>	<p>7 1:30 <b>Concentration-Sports</b> 2:15 <b>Happy Hour</b> 3:00 Family Feud 6:00 At The Movies</p>	<p>8 10:30 Making Cranberry Nut Pie 1:30 Smarty Pants 2:15 Cranberry Nut Pie Social 3:00 Red or Black 6:00 <b>Balloon Volleyball</b></p>	<p>9 11:00 Catholic Mass w/ Deacon Ray 1:30 Who Am I? 2:00 Fruit Smoothie 3:00 Dice Bowling 6:00 Lemonade Social </p>	<p>10 National Vanilla Cake Day 11:00 <b>Keepin' Fit</b> 1:30 Pairs Trivia 2:00 Vanilla Cake Social 3:00 Jigsaw Puzzles 6:00 Match Game</p>
<p>11 Veteran's Day 11:00 <b>Keepin' Fit</b> 1:30 Patriotic Sing Along 2:15 Red, White, and Blue Social 3:00 Honor Flight Video 6:00 Book, Magazines, and Music</p>	<p>12 11:00 Daily Chronicles 1:30 <b>Yoga</b> 2:00 Happy Birthday Carly 3:00 Pet Visits w/ Barbara/Carly 3:30 A Tribute To Our Veterans 6:00 <b>Music with Peggy</b></p>	<p>13 10:45 Making Pumpkin Bar 1:30 Ring Toss 2:15 Pumpkin Bar Social 3:00 <b>Famous WI Sports Figures</b> 6:00 Popsicle Social</p>	<p>14 10:30 Music Therapy w/ Brenna 1:30 Reminiscence Dice 2:00 Chips and Guacamole Social 3:00 <b>Table Bowling</b> 6:00 At The Movies</p>	<p>15 Georgia O'Keeffe's Birthday 10:30 Baking Pumpkin Pie 1:30 Frazzle 2:00 Pumpkin Pie Social 3:00 Left Right Center 6:00 <b>Balloon Volleyball</b></p>	<p>16 11:00 Cities In A State 1:30 Georgia O'Keeffe Trivia/Fun Facts 2:15 <b>Happy Hour</b> 3:00 Georgia O'Keeffe Painting 6:00 Lemonade Social </p>	<p>17 10:30 Family Feud 1:30 Daily Chronicles 2:00 Carmel Apple Cider Social 3:00 <b>Bean Bag Toss</b> 6:00 Dynseo Cognitive Games</p>
<p>18 10:30 Morning Praise and Worship 1:30 Jigsaw Puzzles 2:00 Hot Chocolate Social 3:00 Favorite Past Time 6:00 Bingo-Thanksgiving Theme</p>	<p>19 10:45 Making Peanut Butter Fudge 1:30 <b>Yoga</b> 2:00 <b>Happy Hour</b> 3:00 Pet Visits w/ Barbara/Carly 3:30 Thanksgiving Craft Project 6:00 <b>Music with Peggy</b></p>	<p>20 10:30 Church with Father Wirth 12:00 Men's Club Pizza Party 1:30 Thanksgiving Memories 2:15 Peanut Butter Fudge Social 3:00 Thanksgiving Craft Project 6:00 Popsicle Social</p>	<p>21 11:00 Turkey Ticklers 1:30 <b>Baseball Trivia/Fun Facts</b> 2:00 <b>Popcorn &amp; Caracker Jacks</b> 3:00 <b>Take Me out To The Ballgame</b> 6:00 At The Movies</p>	<p>22 Thanksgiving 11:00 <b>Keepin' Fit</b> 2:00 Thanksgiving Social 3:00 Thanksgiving Word Puzzles 6:00 <b>Balloon Volleyball</b></p>	<p>23 11:00 Brain Quest 1:30 "21" Dice 2:00 Autumn Tea Party 3:00 Dynseo Cognitive Games 6:00 Lemonade Social </p>	<p>24 11:00 <b>Keepin' Fit</b> 1:30 Abbreviations 2:00 Chocolate Chip Cookie Social 3:00 Bingo 6:00 The Price Is Right</p>
<p>25 11:00 <b>Keepin' Fit</b> 1:30 Word Search Puzzles 2:15 Orange Social 3:00 <b>Ring Toss</b> 6:00 Book, Magazines, and Music</p>	<p>26 National Cake Day 10:30 Music w/ Terry 1:30 <b>Yoga</b> 2:00 Milkshake Monday 3:00 Horseraces 6:00 <b>Music with Peggy</b></p>	<p>27 10:45 Making Pumpkin Muffins 1:30 The Last Word 2:00 Pumpkin Muffin Social 3:00 <b>Jeopardy-Sports Theme</b> 6:00 Popsicle Social</p>	<p>28 10:00 Church w/ Grace Lutheran 1:30 <b>Football Trivia/Fun Facts</b> 2:00 <b>Tailgate Party</b> 3:00 <b>Touch Down!</b> 6:00 At The Movies</p>	<p>29 10:45 Men's Club 1:30 What Am I? 2:15 <b>Happy Hour</b> 3:00 Yahtzee 6:00 <b>Balloon Volleyball</b></p>	<p>30 11:00 Smarty Pant 1:30 Higher or Lower 2:00 Hot Chocolate and Cookie Social 3:00 Red Hot Yott 6:30 <b>100 years of Packer History- Author Jim Rice</b></p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

**Musical Activity** **Happy Hour**  
**Celebrate Wisconsin** **Exercise**