




September

Heritage Court Menomonee Falls Life Enrichment Calendar

Recurring Activities
Independent Activities Weekdays 9:30 a.m.
News & Hydration Weekdays at 10 a.m. | Keepin' Fit Weekdays at 11:15 a.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Celebrating Wisconsin Companies</p> 		<p>Happy Birthday</p>  <p>Bernice M. – 9/2 Kolinette G. – 9/4</p> 			<p>11:00 Keepin' Fit 1:30 I Love America Trivia 2:00 Ice Cream Bars 3:00 Random Trivia 6:00 Carol Burnett Show</p>	
<p>National Blueberry Popsicle Day 2 10:30 Polka Joel performs 1:30 Keepin' Fit 2:00 Blueberry Popsicle Social 3:00 Finish The Phrase 6:00 Book, Magazines, and Music</p> 	<p>3 11:00 Hand Massages 1:30 Yoga 2:00 Milkshake Monday 3:00 Pet Visits w/ Barbara/Carly 3:30 Happy Birthday Uncle Sam 6:00 Pathways Sing-along</p>	<p>4 10:30 Lutheran Service with Pastor Behnke 11:30 Keepin' Fit 1:30 Ring Toss 2:00 Apple Slices with Caramel 3:00 Dynseo Cognitive Games 6:00 Popsicle Social</p>	<p>5 11:00 Tribond Challenge 1:30 Parachute Games 2:00 Fruit Smoothies 2:30 Bowling League 6:00 At The Movies</p>	<p>6 10:45 Who Wants To Be A Millionaire 1:30 The History of Carmex in WI 2:00 Happy Hour 3:00 "21" Dice Game 6:00 Balloon Volleyball</p>	<p>National Beer Lover's Day 7 10:00 Catholic Mass w/ Deacon Ray 1:30 History of Brewing Beer in WI 2:00 Beers To You Social 3:00 Grocery Bag Craft 6:00 Lemonade Social</p>	<p>8 11:00 Keepin' Fit 1:30 Slang Trivia 2:00 Orange Social 3:00 Bingo 6:00 Match Game</p>
<p>Grandparents Day 9 11:00 Morning Worship & Praise 1:30 Grandparents Fun Facts 2:00 Grandparent's Day Movie- Willy Wonka and The Chocolate Factory 6:00 Book, Magazines, and Music</p>	<p>10 10:00 Mom's Club of Menomonee Falls/Sussex Visit 1:30 Yoga 2:00 Sprecher Root Beer Floats 3:00 Pet Visits w/ Barbara/Carly 3:30 Trivia From A to Z 6:00 Pathways Sing-along</p>	<p>11 11:00 Hymn Sing 1:30 Bulls Eye 2:00 Fruit Smoothies 2:30 Bowling League 6:00 Popsicle Social</p>	<p>12 10:30 Music Therapy with Brenna 1:30 Aroma Therapy and Back Massages 2:15 Happy Hour 3:00 Card Bingo 6:00 At The Movies</p>	<p>13 10:30 Making Peanut Butter Cookies 1:30 Junk Drawer Detective 2:00 Peanut Butter Cookie Social 3:00 Zoomin' On Down The Road – Harley Davidson 6:00 Balloon Volleyball</p>	<p>14 11:00 Abbreviations 1:30 Word Search Puzzles 2:00 Cream Filled Donut Social 3:00 Bulls Eye 6:00 Lemonade Social</p>	<p>15 11:00 Keepin' Fit 1:30 Random Trivia 2:00 Chocolate Chip Cookies 3:00 Bingo 6:00 Dick Van Dyke Show</p>
<p>16 11:30 Hymn Sing 1:30 Trivia 2:00 Cinnamon Raisin Bread Social 3:00 Bulls Eye 6:00 Book, Magazines, and Music</p>	<p>17 10:30 Hand Massages 1:30 Yoga 2:00 Milkshake Monday 3:00 Pet Visits w/ Barbara/Carly 3:30 Frazzle 6:00 Pathways Sing-along</p>	<p>18 10:30 Church with Father Wirth 1:30 History of Cousin's Subs in WI 2:00 Cousin's Sub Social 3:00 Wisconsin Born Shopping 6:00 Popsicle Social</p>	<p>National Butterscotch Pudding Day 19 10:30 Who Am I? 1:30 Jigsaw Puzzles 2:00 Butterscotch Pudding Social 3:00 Add Em Up 6:00 At The Movies</p>	<p>National String Cheese Day 20 10:45 Making Pecan Cookies 1:30 Color By Number 2:30 String Cheese Social 3:00 Table Bowling 6:00 Balloon Volleyball</p>	<p>National Pecan Cookie Day 21 10:30 Music with David Drake 1:30 Daily Chronicle 2:00 Pecan Cookie Social 3:00 Arts and Crafts Project 6:00 Lemonade Social</p>	<p>National Ice Cream Cone Day 22 10:30 Making Cherry Cobbler 1:30 Balloon Volleyball 2:00 Cherry Cobbler Social 3:00 Dynseo Cognitive Games 6:00 Let's Make A Deal</p>
<p>23/30 11:00 Morning Praise/Worship 1:30 Trivia 2:00 Afternoon Social 3:00 Bingo 6:00 Book, Magazines, and Music</p>	<p>24 10:45 Hand Massages 1:30 Yoga 2:00 Milkshake Monday 3:00 Pet Visits w/ Barbara/Carly 3:30 Uno 6:00 Music with Peggy</p>	<p>25 11:00 Prayer Gathering and Spiritual Music 1:30 Red or Black 2:00 Cedar Crest Ice Cream Social 3:00 Yahtzee 6:00 Popsicle Social</p>	<p>26 11:00 Aroma Therapy and Back Massages 1:30 History of Usinger Sausage 2:00 Happy Hour w/ Usinger 3:00 Card Bingo 6:00 At The Movies</p>	<p>27 11:00 Cities In A State 1:30 Reminiscence Dice 2:00 Chocolate Milk Social 3:00 Dice Bowling 6:00 Balloon Volleyball</p>	<p>28 11:00 Diner's Club Outing to Culvers 2:00 At The Movies 3:00 Fruit Smoothies and Trivia 6:00 Lemonade Social</p>	<p>29 11:00 Keepin' Fit 1:30 Random Trivia 2:00 Banana Social 3:00 Bingo 6:00 Dick Van Dyke Show</p>

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity **Happy Hour**
Celebrate Wisconsin **Exercise**