


















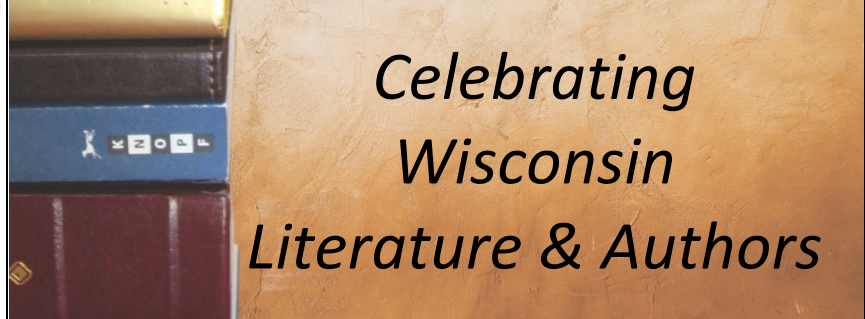


# January

## Lexington Heritage Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b></p> <p>Norma D. – 1/14 Eugene S. – 1/31</p> 		<p><b>10:30 Walking Club</b> <b>1:30 Reminisce</b> <b>6:00 Uno</b></p>	<p><b>9:00 Beauty shop</b> <b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Parachute Ball</b> <b>1:30 Lutheran Services</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Balloon Volleyball</b> <b>1:30 Pokeno</b> <b>6:00 Knock Out</b></p> 	<p><b>9:00 Tai Chi</b> <b>10:30 Movie</b> <b>11:00 1:1 in Rooms</b> <b>1:30 Happy Hour</b></p> 	<p><b>10:30 Walking Club</b> <b>1:30 Reminisce</b> <b>6:00 Uno</b></p>
<p><b>10:30 Rosary</b> <b>2:00 Knock out</b> <b>6:00 Dominos</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Trivia – WI Theme</b> <b>1:30 Monday Manicures</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Hangman –WI Theme</b></p> <p><b>1:30 BINGO</b> <b>6:00 Box Puzzles</b></p> 	<p><b>9:00 Beauty shop</b> <b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Parachute Ball</b> <b>1:30 Arts &amp; Crafts</b></p> 	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Balloon Volleyball</b> <b>1:30 Pokeno</b> <b>6:00 Knock Out</b></p> 	<p><b>9:00 Old Time Radio Programs</b> <b>10:30 Movie</b> <b>11:00 1:1 in Rooms</b> <b>1:30 Arts &amp; Crafts</b></p> 	<p><b>10:30 Walking Club</b> <b>11:00 Chit/Chat</b> <b>1:30 Reminisce</b> <b>6:00 Uno</b></p>
<p><b>10:30 Rosary</b> <b>2:00 Knock out</b> <b>6:00 Dominos</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Trivia – WI Theme</b> <b>1:30 Monday Manicures</b></p> 	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Hangman –WI Theme</b></p> <p><b>1:30 BINGO</b> <b>6:00 Box Puzzles</b></p> 	<p><b>9:00 Beauty shop</b> <b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Parachute Ball</b> <b>1:30 Lutheran Services</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Balloon Volleyball</b> <b>1:30 Pokeno</b> <b>6:00 Knock Out</b></p> 	<p><b>9:00 Old Time Radio Programs</b> <b>10:30 Movie</b> <b>11:00 1:1 in Rooms</b> <b>1:30 Arts &amp; Crafts</b></p> 	<p><b>10:30 Walking Club</b> <b>1:30 Reminisce</b> <b>6:00 Uno</b></p>
<p><b>10:30 Rosary</b> <b>2:00 Knock out</b> <b>6:00 Dominos</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Trivia – WI Theme</b> <b>1:30 Monday Manicures</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Hangman –WI Theme</b></p> <p><b>1:30 BINGO</b> <b>6:00 Box Puzzles</b></p> 	<p><b>9:00 Beauty shop</b> <b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Parachute Ball</b> <b>1:30 Arts &amp; Crafts</b></p> 	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Balloon Volleyball</b> <b>1:30 Pokeno</b> <b>6:00 Knock Out</b></p> 	<p><b>9:00 Tai Chi</b> <b>10:30 Movie</b> <b>11:00 1:1 in Rooms</b> <b>1:30 Happy Hour</b></p> 	<p><b>10:30 Walking Club</b> <b>11:00 Chit/Chat</b> <b>1:30 Reminisce</b> <b>6:00 Uno</b></p>
<p><b>10:30 Rosary</b> <b>2:00 Knock out</b> <b>6:00 Dominos</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Trivia – WI Theme</b> <b>1:30 Monday Manicures</b></p>	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Hangman –WI Theme</b></p> <p><b>1:30 BINGO</b> <b>6:00 Box Puzzles</b></p> 	<p><b>9:00 Beauty shop</b> <b>10:30 Chit Chat/News</b> <b>11:00 Muscle &amp; Bone</b> <b>11:30 Parachute Ball</b> <b>1:30 Arts &amp; Crafts</b></p> 	<p><b>10:30 Chit Chat/News</b> <b>11:00 Bend &amp; Stretch</b> <b>11:30 Balloon Volleyball</b> <b>1:30 Pokeno</b> <b>6:00 Knock Out</b></p>  	 <p><i>Celebrating Wisconsin Literature &amp; Authors</i></p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity
Happy Hour
1:1  
Celebrate Wisconsin
Exercise/Active Games