

July

Lexington Heritage Assisted Living Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Rosary 2:00 Knock out 6:00 Dominos	2 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Trivia – WI Theme 2:00 Monday Manicures 4:00 Check the Gardens	3 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Hangman –WI Theme 2:00  6:00 Box Puzzles	4 Independence Day 10:30 Walking Club 2:00 Reminisce 4:00 Check the Gardens 	5 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Balloon Volleyball 2:45 Pokeno 6:00 Knock Out	6 9:00 Tai Chi 10:00 Movie 10:30 Dynseo 1:1 2:00 Arts & Crafts 4:00 Check the Gardens 	7 10:30 Walking Club 2:00 Reminisce 6:00 Uno
8 10:30 Rosary 2:00 Knock out 6:00 Dominos	9 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Trivia – WI Theme 2:00 Monday Manicures 4:00 Check the Gardens	10 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Hangman –WI Theme 2:00  6:00 Box Puzzles	11 9:00 Beautyshop 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Parachute Ball 2:00 National Blueberry Muffin Day, Snack with Kelly/Heartland 4:00 Check the Gardens	12 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Balloon Volleyball 2:45 Pokeno 6:00 Knock Out	13 9:00 Tai Chi 10:00 Movie 10:30 Dynseo 1:1 2:00 Happy Hour 4:00 Check the Gardens	14 10:30 Walking Club 2:00 Reminisce 6:00 Uno
15 10:30 Rosary 2:00 Knock out 6:00 Dominos	16 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Trivia – WI Theme 2:00 Monday Manicures 4:00 Check the Gardens	17 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Hangman –WI Theme 2:00  6:00 Box Puzzles	18 9:00 Beautyshop 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Parachute Ball 1:30 Luthern Services 4:00 Check the Gardens 	19 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Balloon Volleyball 2:45 Pokeno 6:00 Knock Out	20 10:00 Movie 10:30 Dynseo 1:1 2:00 Arts & Crafts 4:00 Check the Gardens 	21 10:30 Walking Club 2:00 Reminisce 6:00 Uno
22 10:30 Rosary 2:00 Knock out 6:00 Dominos	23 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Trivia – WI Theme 2:00 Monday Manicures 4:00 Check the Gardens	24 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Hangman –WI Theme 2:00  6:00 Box Puzzles 	25 9:00 Beautyshop 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Parachute Ball 2:00 Arts & Crafts 4:00 Check the Gardens 	26 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Balloon Volleyball 2:45 Pokeno 6:00 Knock Out	27 10:00 Movie 10:30 Dynseo 1:1 2:00 Lemonade on the Patio 4:00 Check the Gardens 	28 10:30 Walking Club 2:00 Reminisce 6:00 Uno
29 10:30 Rosary 2:00 Knock out 6:00 Dominos	30 10:30 Chit Chat/News 11:00 Muscle & Bone 11:30 Trivia – WI Theme 2:00 Monday Manicures 4:00 Check the Gardens	31 10:30 Chit Chat/News 11:00 Bend & Stretch 11:30 Hangman –WI Theme 2:00  6:00 Box Puzzles	 <p style="text-align: center;"><i>Celebrating Wisconsin Lakes & Travel</i></p>		<p style="text-align: center;">Happy Birthday</p> <p style="text-align: center;">Mary T. – 7/18 Maggie Y. – 7/24</p> 	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Social Event
Celebrate Wisconsin
Dynseo
Exercise/Active Game