

March

Heritage Lake Country Memory Care Life Enrichment Calendar

Community Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:45 Morning Stretch 1 10:30 Bowling 1:30 Bingo & Drinks 3:00 Movie/ Fancy Nails	(Vaccine) 2 10:30 Sit & Be Fit 1:30 Dr. Suess Reading 2:30 Daily Chronicles & Drinks 3:00 Coloring Pages/ Movie	9:45 Morning Yoga 3 10:30 Twister Toss 1:30 Painting & Stories 3:00 Trivia & Drinks	9:45 Sit & Be Fit 4 10:30 Basketball Game 1:30 Dysneo Brain Games & Drinks 3:00 Relax & Music	9:45 Chair Belly Dancing 5 10:30 Corn Hole Toss 1:15 Trivia & Drinks 2:00 Movie & Drinks	9:45 Sit & Be Fit/Ball Exercise 6 10:30 Music, Bells & Singing 1:30 Fireside Chat & Drinks
10:30 faith, Fellowship & refreshments 7 7:00 & 11:00 11:00 Elmbrook Church Ch 24 1:15 Early Afternoon Exercise	9:45 Morning Stretch 8 10:30 Bowling 1:30 Board Games & Drinks 3:00 Movie/ Fancy Nails	9:45 Sit & Be Fit 9 10:30 Dysneo Brain Games & Drinks 1:30 St. Paddy's Day Craft 3:00 Short Stories & Drinks	9:45 Morning Yoga 10 10:30 Corn Hole Toss 1:30 Baking Brownies 3:00 Movie & Brownies	9:45 Sit & Be Fit 11 10:30 Golf Game 1:30 Flower Pot Painting 3:30 American Idol & Drinks	9:45 Chair Belly Dancing 12 10:30 Trivia & Drinks 1:30 National Plant A Flower Activity 3:30 Movie & Root Beer Floats	9:45 Sit & Be Fit 13 10:30 Music, Bells & Singing 1:30 Pictionary
10:30 faith, Fellowship & refreshments 14 7:00 & 11:00 11:00 Elmbrook Church Ch 24 1:15 Early Afternoon Exercise Daylight Savings Begins	9:45 Morning Stretch 15 10:30 Bowling 1:30 Bingo & Drinks 3:00 Movie/ Fancy Nails	9:45 Sit & Be Fit 16 10:30 Short Story & Drinks 2:30 National Panda Bear Craft 4:00 Music & Relaxation	9:45 Morning Yoga 17 10:30 Trivia & Drinks 1:30 Baking Sugar Cookies 3:00 Irish Dancing Video/ Soda bread / Cookies/ Drinks St. Patrick's Day	9:45 Sit & Be Fit 18 10:30 Movie & Drinks 1:30 Family Feud 3:30 Name that Tune	9:45 Chair Belly Dancing 19 10:30 Trivia & Drinks 1:30 TIC TAC TOE 3:30 Movie & Drinks	9:45 Sit & Be Fit/ Ball Exercise 20 10:30 Music, Bells & Singing 1:30 Fact or Fiction Spring Begins
10:30 faith, Fellowship & refreshments 21 7:00 & 11:00 11:00 Elmbrook Church Ch 24 1:15 Early Afternoon Exercise	9:45 Morning Stretch 22 10:30 Bowling 1:30 Board Games & Drinks 3:00 Movie/ Fancy Nails	9:45 Sit & Be Fit 23 10:30 Short Story & Drinks 1:30 Dysneo Brain Games 2:30 National 3D Day Craft	9:45 Morning Yoga 24 10:30 Twister Toss 1:30 Chocolate Covered Strawberries 3:00 Movie & Drinks	9:45 Sit & Be Fit 25 10:30 Cards Higher & Lower 1:30 Easter Craft 3:30 Short Story & Drinks	9:45 Chair Belly Dancing 26 10:30 Trivia & Drinks 1:00 Movie & Drinks	9:45 Sit & Be Fit 27 10:30 Music, Bells & Singing 1:30 Painting & story
10:30 faith, Fellowship & refreshments 28 7:00 & 11:00 11:00 Elmbrook Church Ch 24 1:15 Early Afternoon Exercise Palm Sunday/Passover	9:45 Morning Stretch 29 10:30 Bowling 1:30 Bingo & Drinks 3:00 Movie/ Fancy Nails	9:45 Sit & Be Fit 30 10:30 Short Story & Drinks 1:30 Dysneo Brain Games 2:30 Tennis Ball Darts 4:00 America Got Talent	9:45 Morning Yoga 31 10:30 Corn Hole Toss 1:30 Making Fruit Parfait 3:00 Movie & Drinks			

SPECIAL EVENTS

03/02/ Dr. Suess reading

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*