

March

Heritage Lake Country Independent Living Enrichment Calendar

Community Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:00 & 11:00 St. Charles Church Online</p> <p>11:00 Elmbrook Church Ch24</p>	<p>1</p> <p>2:00 Movie "The Dig" (Sign-up on 3rd Floor Theater Door, limit 5 per group)</p>	<p>2</p> <p>1:15 Book Club Group A (Limit 5 per group, Sign-up required) 2nd Floor AR</p> <p>2:15 Book Club Group B (Limit 5 per group, Sign-up required)</p> <p>3:15 Book Club Group C (Limit 5 per group, Sign-up required)</p>	<p>3</p> <p>3:00 Art Club Group C Card Making</p>	<p>4</p> <p>11:00 3rd Floor Hallway Chair Yoga</p> <p>11:30 2nd Floor Hallway Chair Yoga</p> <p>1:30 1st Floor Hallway Chair Yoga</p>	<p>5</p> <p>2:00 Movie "The Dig" (Sign-up 3rd Floor Theater Door, limit 5 per group)</p> <p>3-4:30 Happy Hour Beer & Wine, 3:00 3rd Floor, 3:30 2nd Floor & 4:00 1st Floor</p>	<p>6</p> <p>1:45 Movie "The Dig" (Sign-up 3rd Floor Theater Door, limit 5 per group)</p>
<p>7</p> <p>9:00 & 11:00 St. Charles Church Online</p> <p>11:00 Elmbrook Church Ch24</p>	<p>8</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>2:00 Movie "Rebecca" (Sign-up Required limit 5 per group)</p>	<p>9</p> <p>2:00 – 4:30 Art Club Group A Flowerpot Painting Sign-up on 2nd Floor Independent Living Activity Room (5 per group)</p>	<p>10</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>2:00 – 4:30 Art Club Group B Flowerpot Painting Sign-up on 2nd Floor Independent Living Activity Room (5 Per group)</p>	<p>11</p> <p>11:00 Chair Yoga 3rd FL</p> <p>11:30 Chair Yoga 2nd FL</p> <p>1:15 Chair Yoga 1st Floor</p> <p>2:00- 4:30 Art Club Group C Flowerpot Painting Sign-up on 2nd Floor Independent Living Activity Room (5 Per group)</p>	<p>12</p> <p>2:00 Movie "Rebecca" (Sign-up on 3rd Floor Theater Door, limit 5 per group)</p>	<p>13</p> <p>1:45 Movie "Rebecca" (Sign-up required limit 5 per group)</p>
<p>14</p> <p>9:00 & 11:00 St. Charles Church Online</p> <p>11:00 Elmbrook Church Ch24</p> <p>Daylight Savings Begins</p>	<p>15</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>2:00 Movie TBD (Sign-up Required limit 5 per group)</p>	<p>16</p> <p>1:15 Book Club Group A 2nd Floor AR</p> <p>2:15 Book Club Group B 2nd Floor AR</p> <p>3:15 Book Club Group C 2nd Floor AR</p>	<p>17</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>1:30 – 3:30 Bailey's and Crème on the rocks. 1st floor 1:30, 2nd floor at 2:15, 3rd Floor at 3:00. Meet me in the hallway to get your drink. Mask required.</p> <p>St. Patrick's Day</p>	<p>18</p> <p>11:00 3rd Floor Hallway Chair Yoga</p> <p>11:30 2nd Floor Hallway Chair Yoga</p> <p>1:30 1st Floor Hallway Chair Yoga</p>	<p>19</p> <p>2:00 Movie TBD (Sign-up required limit 5 per group)</p>	<p>20</p> <p>1:45 Movie TBD (Sign-up required limit 5 per group)</p> <p>Spring Begins</p>
<p>21</p> <p>9:00 & 11:00 St. Charles Church Online</p> <p>11:00 Elmbrook Church Ch24</p>	<p>22</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>2:00 Movie TBD (Sign-up Required limit 5 per group)</p>	<p>23</p> <p>11:00 Dynseo 3rd Floor</p> <p>1:00 Dynseo 1st Floor</p> <p>2:00 Dynseo 2nd Floor</p> <p>3:00 – 4:45 Art Club Group A Flower Craft Painting Sign-up on 2nd Floor Independent Living Activity Room (5 per group)</p>	<p>24</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>2:30 – 4:30 Art Club Group B Flower Craft Painting Sign-up on 2nd Floor Independent Living Activity Room (5 per group)</p>	<p>25</p> <p>11:00 Chair Yoga 3rd FL</p> <p>11:30 Chair Yoga 2nd FL</p> <p>1:15 Chair Yoga 1st Floor</p> <p>2:30- 4:30 Art Club Group C Flower Craft Painting Sign-up on 2nd Floor Independent Living Activity Room (5 per group)</p>	<p>26</p> <p>2:00 Movie TBD (Sign-up required limit 5 per group)</p> <p>3-4:30 Happy Hour Margarita's 3:00 3rd Floor, 3:30 2nd Floor & 4:00 1st Floor</p>	<p>27</p> <p>1:45 Movie TBD (Sign-up required limit 5 per group)</p>
<p>28</p> <p>9:00 & 11:00 St. Charles Church Online</p> <p>11:00 Elmbrook Church Ch24</p> <p>Palm Sunday/Passover</p>	<p>29</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p> <p>2:00 Movie TBD (Sign-up Required limit 5 per group)</p>	<p>30</p> <p>1:00 Bingo 1st Floor</p> <p>2:30 Bingo 2nd Floor</p> <p>3:30 Bingo 3rd Floor</p>	<p>31</p> <p>11:00, 11:20, 11:40 Exercise (See Flyer)</p>	<p>ART CLUB: Sign up on 2nd Floor AR Door for day preference. Mask Required</p> <p>Chair Yoga: In Hallway. Bring chair out & Mask Required</p> <p>Trivia : Sign up on 2nd Floor AR Door for Time Preference</p>	<p>Bingo: Hallway. Bring Chair & small portable table. Mask Required</p> <p>Dynseo: Sign-up on AR 2nd FL Door. Mask Required</p> <p>Movies: Sign up on 3rd Floor Theater Door. Mask Required</p>	

SPECIAL EVENTS

March 17 St. Patrick's Day

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*