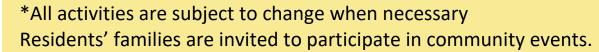
## August

## Heritage Lake Country Assisted Living/Enhanced Care Life Enrichment Calendar

**Special Events** 

Brain Games Every Friday at 2 p.m.
Body in Balance Active Games Wednesdays at 1:45 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Celebrat Wisconsin I Festiva	ting Fairs &	,	Thomas W. – 8/10 Geraldine C. – 8/13 Marcie A. – 8/21 Margarite T. – 8/23 Sandra L. – 8/29	10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs* -IR 3:00 Treat Cart -RV
10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs & Trivia Teasers* -IR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Music & Massage -FP 3:00 Summer Stories -PT	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout 2:00 Bingo -HW 3:00 Chair Chat* -FP	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Body in Balance: Bowling - FP 3:00 Manicures -DR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Heritage Crafters -DR 3:00 Suite Stops: Menu Selections -RV	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Brain Games: Fact or Crap - FP 3:00 Circle Up: Catcher's Challenge -DR	10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs* -IR 3:00 Treat Cart -RV
10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs & Trivia Teasers* -IR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Giant Dice: Yardzee -FP 3:00 Sun Sessions -PT	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout 2:00 Bingo -HW 3:00 Chair Chat* -FP	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Body in Balance: Beanbag Baseball -FP 3:00 Manicures -DR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Music w/Mike & Kathy -FP 3:00 Suite Stops: Menu Selections -RV	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Brain Games: Wisconsin Festival Trivia -FP 3:00 Circle Up: Kickball -DR	10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs* -IR 3:00 Treat Cart -RV
10:00 News & Coffee* -DR 11:00 Motivated to Move* IR 2:00 Puzzle Packs & Trivia Teasers* -IR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Music & Massage -FP 3:00 Animal Talk with Whitney -PT	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout 2:00 Bingo -HW 3:00 Chair Chat* -FP	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Body in Balance: Bowling - FP 3:00 Manicures -DR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Heritage Crafters -DR 3:00 Suite Stops: Menu Selections -RV	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Brain Games: Wheel of Fortune -FP 3:00 Circle Up: Parachute -DR	10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs* -IR 3:00 Treat Cart -RV
10:00 News & Coffee* -DR 11:00 Motivated to Move* IR 2:00 Puzzle Packs & Trivia Teasers* -IR  30 10:00 News & Coffee* -DR 11:00 Motivated to Move* IR 2:00 Puzzle Packs & Trivia Teasers* -IR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Giant Dice Game -FP 3:00 Sun Sessions -PT	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout 2:00 Bingo -HW 3:00 Chair Chat* -FP	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Body in Balance: Bags League -FP 3:00 Manicures -DR	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Music w/Mike & Kathy -FP 3:00 Suite Stops: Menu Selections -RV	11:00 Wellness Workout -HW 11:30 3 <sup>rd</sup> Floor Workout -HW 2:00 Brain Games: Word Teasers 3:00 Circle Up: Balloon Volleyball -FP	10:00 News & Coffee* -DR 11:00 Motivated to Move* -IR 2:00 Puzzle Packs* -IR 3:00 Treat Cart -RV



Location Guide: FP=Fireplace; HW=Hallway; PT=Patio RV=Room Visit; IR=In Room

