



September

Heritage Lake Country Memory Care Life Enrichment Calendar

Room Guide

PL = Pool • Pb = Pub • Th = Theater • PT = Patio • L = Lobby
A2 = Activity Room • DR2 = Dining Room • PDR = Personal Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday								
<p>1</p> <p>9:30 Morning Social 10:00 Stretch & Refreshments 10:30 Pictionary 11:00 Outdoor Visits 1:30 Sunday Family Funday-Game Day 2:30 Flick & Drinks</p>	<p>Labor Day</p> <p>2</p> <p>9:30 Fitness Fun & Games 10:30 Brain Games 11:00 Helping Hands 2:15 Outdoor Patio Party</p>	<p>3</p> <p>9:30 Arts & Crafts 10:30 Comedy Cafe 11:00 Fitness Class 2:00 Bingo 3:00 Faith & Fellowship</p>	<p>4</p> <p>9:30 Fireside Chats 10:00 Bowling League 10:30 Sports Chat & Snack 11:00 Meditation & Massages 2:00 Cake Creation 3:30 Afternoon Stretch</p>	<p>5</p> <p>9:15 Chair Aerobics 10:00 Communion & Rosary 10:30 Beauty Boutique & Tea 2:30 Birthday Party with Dean Richards 3:30 Card Games</p>	<p>6</p> <p>9:30 Fancy Fingers 10:30 Good News & Coffee 11:00 Morning Stretch 2:00 Think & Drink Sports Team Trivia 3:30 Sing to the Oldies</p>	<p>7</p> <p>9:30 Fitness Fun 10:00 Horseracing 10:30 Book Club & Juice Break 11:00 Outdoor Visits 1:30 Ice Cream Sundae Social-Pb 2:30 Matinee</p>								
<p>8</p> <p>9:30 Morning Social 10:00 Stretch & Refreshments 10:30 Family Feud 11:00 Outdoor Visits 1:30 Sunday Family Funday-Game Day 2:30 Movie & Popcorn</p>	<p>9</p> <p>9:30 Fitness Fun & Games 10:00 Lutheran Service-Th 10:30 Think & Drink: Trivia Game 11:00 Puzzle Party 2:00 Ladies Jewelry Making 2:00 Men's Games & Snacks 3:30 Bags League</p>	<p>10</p> <p>9:30 Baking Buddies 10:30 Comedy Cafe 11:00 Fitness Class 2:00 Bingo 3:00 Faith & Fellowship</p>	<p>11</p> <p>9:30 Fireside Chats 10:00 Stretch & Flex 10:30 History Chat & Snack 11:00 Meditation & Massages 2:00 Paint & Sip Party 3:30 Dynseo Brain Games</p>	<p>12</p> <p>9:15 Chair Aerobics 10:00 Communion & Rosary 10:30 Beauty Boutique & Tea 2:30 Karaoke & Cocktail Part 3:30 Armchair Travel</p>	<p>13</p> <p>9:30 Fancy Fingers 10:30 Good News & Coffee 11:00 Morning Stretch 2:00 Spa Day: Massages 3:30 Music & Memories</p>	<p>14</p> <p>9:30 Fitness Fun 10:00 Helping Hands 10:30 Book Club & Juice Break 11:00 Outdoor Visits 1:30 Grasshopper Ice Cream Social-Pb 2:30 Matinee</p>								
<p>15</p> <p>9:30 Morning Social 10:00 Stretch & Refreshments 10:30 Memory Game 11:00 Outdoor Visits 1:30 Sunday Family Funday-Game Day 2:30 Movie & Munchies</p>	<p>16</p> <p>9:30 Fitness Fun & Games 10:00 Country Drive Outing 10:30 Cranium Crunch & Munch 2:00 Cooking: A Taste of Italy 3:30 Tic Tac Toe Toss</p>	<p>17</p> <p>9:30 Nature Crafts 10:30 Comedy Cafe 11:00 Fitness Class 2:00 Bingo 3:00 Faith & Fellowship</p>	<p>18</p> <p>9:30 Fireside Chats 10:00 Bowling League 10:30 Travel Chat & Snack 11:00 Meditation & Massages 2:00 Patio Party & Lawn Games 3:30 Afternoon Stretch</p>	<p>19</p> <p>9:15 Chair Aerobics 10:00 Communion & Rosary-Th 10:30 Beauty Boutique & Tea 2:30 Fall Social with Music by Tichigan Two-P 3:30 Balloon Volleyball</p>	<p>20</p> <p>9:30 Fancy Fingers 10:30 Good News & Coffee 11:00 Morning Stretch 2:00 Think & Drink: Dynseo Brain Games 3:30 Sentimental Sing-Along</p>	<p>21</p> <p>9:30 Fitness Fun 10:00 Bingo 10:30 Book Club & Juice Break 11:00 Outdoor Visits 1:30 Root Beer Float Social-Pb 2:30 Matinee</p>								
<p>22</p> <p>9:30 Morning Social 10:00 Stretch & Refreshments 10:30 Wheel of Fortune 11:00 Outdoor Visits 1:30 Sunday Family Funday-Game Day 2:30 Comedy Flick & Drinks</p>	<p>23</p> <p>9:30 Fitness Fun & Games 10:00 Country Drive Outing 10:30 Think & Drink: Trivia 2:00 Fall Social on Patio 3:30 Ladder Golf</p>	<p>24</p> <p>9:30 Watercolor Art 10:30 Comedy Cafe 11:00 Fitness Class 2:00 Bingo 3:00 Faith & Fellowship 6:00 Fall Kick-off Family Campfire Social with live music</p>	<p>25</p> <p>9:30 Fireside Chats 10:00 Stretch & Flex 10:30 Fun Facts & Snacks 11:00 Meditation & Massages 2:00 Movie & Popcorn Party 3:30 Dynseo Brain Games</p>	<p>26</p> <p>9:15 Chair Aerobics 10:00 Communion & Rosary-Th 10:30 Beauty Boutique & Tea 2:30 Caramel Apple Social with music by Terry Morgenroth-P 3:30 Music Video</p>	<p>27</p> <p>9:30 Fancy Fingers 10:30 Good News & Coffee 11:00 Morning Stretch 2:00 Meet & Greet Social 3:30 Name that Tune</p>	<p>28</p> <p>9:30 Fitness Fun 10:00 Coverall 10:30 Book Club & Juice Break 11:00 Outdoor Visits 1:30 Banana Split Social-Pb 2:30 Matinee</p>								
<p>29</p> <p>9:30 Morning Social 10:00 Stretch & Refreshments 10:30 Fun & Games 11:00 Outdoor Visits 1:30 Sunday Family Funday-Game Day 2:30 Matinee & Munchies</p>	<p>30</p> <p>9:30 Fitness Fun & Games 10:00 Country Drive Outing 10:30 Spelling Bee & Tea 2:00 Ladies Craft & Chat 2:00 Men's Cards Social 3:30 Chair Yoga on Patio</p>	<p><i>Celebrating Wisconsin Sports</i></p> 		<p>Happy Birthday</p>  <table> <tr> <td>Don F. 9/3</td> <td>Al L. 9/19</td> </tr> <tr> <td>Carol M. 9/13</td> <td>Barb M. 9/21</td> </tr> <tr> <td>Jackie S. 9/16</td> <td>Helen S. 9/23</td> </tr> <tr> <td>Ann G. 9/17</td> <td>Audrey R. 9/23</td> </tr> </table>			Don F. 9/3	Al L. 9/19	Carol M. 9/13	Barb M. 9/21	Jackie S. 9/16	Helen S. 9/23	Ann G. 9/17	Audrey R. 9/23
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*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Spiritual Activity
Bus Outing Special Events