

March

Heritage Lake Country Memory Care Life Enrichment Calendar

Recurring Activities

Keepin' Fit Weekdays at 10 a.m., Weekends at 9:30 a.m. (AC2)
Ice Cream Social Saturdays at 2:15 p.m. (Patio)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>Wisconsin Health & Fitness</h1>		<h3>Happy Birthday</h3>  <p>Rose M. – 3/1 Joyce N. – 3/16 Joyce R. – 3/3 Joseph P. – 3/17 Elizabeth H. – 3/13 John M. – 3/18 Dolores L. – 3/15 Audrey K. -3/20</p>		<p>9:30 Bowling League 10:30 Fireside Chat & Snack 11:00 Wheel of Fortune 2:00 Spring Fling with music by Craig Seimsen-P 3:45 Puzzle Party</p>	<p>10:15 Morning Stretch 10:45 History Chat & Snack 11:15 Dice & Strikes 2:00 Saturday Matinee</p>
<p>10:15 Mind & Body Fitness 10:45 History Chat & Snack 11:15 Mediation & Massages 1:30 Sing to the Oldies 3:30 Faith Baptist-T (Families Invited)</p>	<p>9:30 Baking Buddies 10:00 Lutheran Serv (Families Invited) 10:30 Java & Jokes 11:00 Chair Aerobics 1:30 Fun & Games 3:45 Puzzle Party</p>	<p>9:30 Sit & Be Fit 10:30 Beauty Boutique 11:00 Fun & Games 2:00 Bingo & Mardi Gras Party-P 3:45 Move to Music</p>	<p>9:30 St Pats Craft 10:30 Brain Games & Coffee 11:00 Stretch & Flex 1:30 Bible Study-A2 (Families Invited) 1:30 Horse Racing 2:30 Hearing Screening-PDR 3:45 Ice Cream Social</p>	<p>9:30 Fancy Fingers 10:30 Faith & Fellowship 11:00 Fitness Fun & Refreshment 2:00 Birthday Party with Cake & Bob & Nancy-P 3:45 Coloring</p>	<p>9:30 Bags League 10:00 Lutheran Serv (Families Invited)-T 10:30 Fireside Chat & Snack 11:00 Pictionary Party 2:00 "Think & Drink"-Trivia & Shamrock Shakes-P 3:45 Music & Memories</p>	<p>10:15 Morning Stretch 10:45 Spelling Bee & Tea Party 11:15 Bingo 2:00 Flick & Drinks</p>	
<p>10:15 Mind & Body Fitness 10:45 Reminisce & Refreshments 11:15 Mediation & Massages 1:30 Sing to the Oldies</p>	<p>9:30 Kitchen Creations 10:30 Sports Trivia & Tea 11:00 Chair Aerobics 1:30 Family Feud 2:30 Team Sports Challenge-P 3:30 Robotics Presentation-P</p>	<p>9:30 Sit & Be Fit 10:30 Morning Social 11:00 Fun & Games 2:00 Bingo-P 3:45 Balloon Volleyball</p>	<p>9:30 Craft & Chat 10:30 Smoothies & Stories 11:00 Stretch & Flex 1:30 Bible Study-A2 (Families Invited) 1:30 Fun & Games 3:45 Hot Cocoa Social & Stories</p>	<p>9:30 Fancy Fingers 10:30 Faith & Fellowship 11:00 Fitness Fun & Refreshment 2:00 Shamrockin Party with Music by Carolyn Wehrner-P 3:45 Water Color Art</p>	<p>9:30 Bowling League 10:30 Fireside Chat & Snack 11:00 Headband Game 2:00 "Meet & Greet" Party with Refreshments-P 3:45 Sing to the Oldies</p>	<p>10:15 Morning Stretch 10:45 News & Coffee 11:15 Twister Toss 2:00 Saturday Movie</p>	
<p>10:15 Mind & Body Fitness 10:45 Snack & Yack 11:15 Mediation & Massages 1:30 Sing to the Oldies</p>	<p>9:30 Candy Making 10:30 News & Coffee 11:00 Chair Aerobics 1:30 Fun & Games 3:45 Puzzle Party</p>	<p>9:30 Sit & Be Fit 10:30 Beauty Boutique 11:00 Fun & Games 1:30 Faith & Fellowship-PDR 2:00 Bingo-P 3:45 Basketball Challenge</p>	<p>9:30 Card Making Party 10:30 Fun Facts & Snacks 11:00 Stretch & Flex 1:30 Bible Study-A2 (Families Invited) 1:30 Helping Hands 3:45 Root Beer Float Social</p>	<p>9:30 Fancy Fingers 10:30 Faith & Fellowship 11:00 Fitness Fun & Refreshment 2:00 Healthy Chat & Snack with Cloud 9 Dentistry-P 3:45 Art Expressions</p>	<p>9:30 Ring Toss Challenge 10:30 Fireside Chat & Snack 11:00 Scattergories 2:00 "Think & Drink" Trivia & Root beer Floats-P 3:45 Sing-along Social</p>	<p>10:15 Morning Stretch 10:45 Sit, Sip & Stories 11:15 Cover All Game 2:00 Flick & Drinks</p>	
<p>10:15 Mind & Body Fitness 10:45 Sit & Sip 11:15 Mediation & Massages 1:30 Sing to the Oldies</p>	<p>9:30 Bread Making 10:30 Cranium Crunch & Munch 11:00 Chair Aerobics 1:30 Puzzle Party 3:45 Snack & Chat</p>	<p>9:30 Sit & Be Fit 10:30 Morning Social 11:00 Fun & Games 2:00 Bingo-P 3:45 Ring Toss Challenge</p>	<p>9:30 Jewelry Making 10:30 Cranium Crunch & Munch 11:00 Stretch & Flex 1:30 Bible Study-A2 (Families Invited) 1:30 Fun & Games 3:45 Friendship Tea Party</p>	<p>9:30 Fancy Fingers 10:30 Faith & Fellowship 11:00 Fitness Fun & Refreshment 2:00 Party with Live Music by Mark Paffrath-DR2 3:45 Paint & Sip</p>	<p>9:30 Ladder Golf 10:30 Fireside Chat & Snack 11:00 Arm Chair Travel 11:00 Strength & Tone 2:00 Book Sale & Vendor Fair-P 3:45 Name that Tune Game</p>	<p>10:15 Morning Stretch 11:30-4:00 Health & Wellness Fair-Open to Public-P 2:00 Movie & Munchies</p>	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Spiritual Activity Bus Outing
Music Social Special Event