


# March

## Heritage Lake Country Enhanced Assisted Living Life Enrichment Calendar

### Recurring Activities

Fitness Class Weekdays at 11 a.m. (Dining Room)  
Fun & Games Saturdays at 1:30 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>Wisconsin Health &amp; Fitness</h1>		<h2>Happy Birthday</h2>  <p>Rose M. – 3/1      Joyce N. – 3/16            Joyce R. – 3/3      Joseph P. – 3/17            Elizabeth H. – 3/13      John M. – 3/18            Dolores L. – 3/15      Audrey K. -3/20</p>		<p><b>10:00</b> News &amp; Coffee-P  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> Spring Fling with Live Music by Craig Seimsen-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Poker Party-P</p>	<p><b>11:00</b> Morning Stretch-A  <b>1:30</b> Fun &amp; Games-P  <b>3:00</b> Afternoon Tea Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Family Game Night-P</p>
<p><b>11:00</b> Walking Club-L  <b>2:00</b> Cards, Games &amp; Coffee-P  <b>3:30</b> Faith Baptist Church-T  <b>4:00</b> Coloring-A  <b>6:15</b> Scrabble Social-P</p>	<p><b>10:00</b> Lutheran Service-T  <b>11:00</b> Fitness Class-DR2  <b>12:00</b> Lunch Outing to 4 Star  <b>2:30</b> Manicures &amp; Wine Social-A  <b>4:00</b> Walking Club-L  <b>6:15</b> Chess &amp; Checkers Club-P</p>	<p><b>9:30</b> Water Aerobics-PL  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> Bingo &amp; Mardi Gras Party-P  <b>3:15</b> Afternoon Tea Party-P  <b>4:00</b> Walking Club-L  <b>6:15</b> Bridge Club-P</p>	<p><b>11:00</b> Fitness Class-DR2  <b>1:30</b> Sheepshead Social-P  <b>1:30</b> Bible Study-A  <b>2:30</b> Baking Buddies-A  <b>2:30-4:00</b> Hearing Screening-PDR  <b>4:00</b> Walking Club-L  <b>6:15</b> Puzzle Party-A</p>	<p><b>10:00</b> Communion &amp; Rosary-T  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> Birthday Party with Cake &amp; Bob &amp; Nancy-P  <b>3:15</b> Cards &amp; Coffee-P  <b>4:00</b> Walking Club-L  <b>6:30</b> Movie &amp; Popcorn Party-T</p>	<p><b>10:00</b> News &amp; Coffee-P  <b>10:30</b> Lutheran Service-T  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> "Think &amp; Drink" Trivia &amp; Shamrock Shakes-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Poker Party-P</p>	<p><b>11:00</b> Morning Stretch-A  <b>1:30</b> Fun &amp; Games-P  <b>3:00</b> Afternoon Tea Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Family Game Night-P</p>	
<p><b>11:00</b> Walking Club-L  <b>2:00</b> Movie &amp; Popcorn Party-T  <b>4:00</b> Coloring-A  <b>6:15</b> Sunday Rummy Social-P</p>	<p><b>10:00</b> Outing to Piggly Wiggly  <b>11:00</b> Fitness Class-DR2  <b>2:30</b> Team Sports Challenge (Bags, Golf, Basketball)-P  <b>3:30</b> Robotics Presentation-P  <b>4:00</b> Walking Club-L  <b>6:15</b> Chess &amp; Checkers Club-P</p>	<p><b>9:30</b> Water Aerobics-PL  <b>11:00</b> Fitness Class-DR2  <b>1:00-1:10</b> Pet Therapy Visits-L  <b>2:00</b> Bus Outing to \$5 Movies  <b>2:00</b> Bingo-P  <b>3:15</b> Hot Cocoa Social-P  <b>4:00</b> Walking Club-L  <b>6:15</b> Bridge Club-P</p>	<p><b>11:00</b> Fitness Class-DR2  <b>1:00-2:00</b> Book Mobile-Hartland Library Outreach-DR2  <b>1:30</b> Sheepshead Social-P  <b>1:30</b> Bible Study-A  <b>2:30</b> Paint &amp; Sip Party \$3-A            Sign up at Front Desk  <b>6:15</b> Puzzle Party-A</p>	<p><b>10:00</b> Communion &amp; Rosary-T  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> ShamROCKin' Party with music by Carolyn Wehner-P  <b>3:15</b> Cards &amp; Coffee-P  <b>4:00</b> Walking Club-L  <b>6:30</b> Movie &amp; Popcorn Party-T</p>	<p><b>10:00</b> News &amp; Coffee-P  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> "Meet &amp; Greet" Cocktail Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Poker Party-P</p>	<p><b>11:00</b> Morning Stretch-A  <b>1:30</b> Fun &amp; Games-P  <b>3:00</b> Afternoon Tea Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Family Game Night-P</p>	
<p><b>11:00</b> Walking Club-L  <b>2:00</b> Sunday Funday-Open Games &amp; Cards Party-P  <b>4:00</b> Coloring-A  <b>6:15</b> Dominoes-P</p>	<p><b>11:00</b> Fitness Class-DR2  <b>2:00</b> Outing to Marshalls  <b>2:30</b> Spa Day; Meditation, Manicures &amp; Massages-A  <b>4:00</b> Walking Club-L  <b>6:15</b> Chess &amp; Checkers Club-P</p>	<p><b>9:30</b> Water Aerobics-PL  <b>11:00</b> Fitness Class-DR2  <b>1:30</b> Faith &amp; Fellowship-PDR  <b>2:00</b> Bingo-P  <b>3:15</b> Coffee Clutch-P  <b>4:00</b> Walking Club-L  <b>6:15</b> Bridge Club-P</p>	<p><b>11:00</b> Fitness Class-DR2  <b>1:30</b> Sheepshead Social-P  <b>1:30</b> Bible Study-A  <b>2:30</b> Resident Council-A  <b>4:00</b> Walking Club-L  <b>6:15</b> Evening Cocktail Party &amp; Games Night-P</p>	<p><b>10:00</b> Communion &amp; Rosary-T  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> Healthy Snack &amp; Chat with Cloud 9 Dentistry-P  <b>3:15</b> Cards &amp; Coffee-P  <b>4:00</b> Walking Club-L  <b>6:30</b> Movie &amp; Popcorn Party-T</p>	<p><b>10:00</b> News &amp; Coffee-P  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> "Think &amp; Drink" Trivia &amp; Root Beer Floats-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Poker Party-P</p>	<p><b>11:00</b> Morning Stretch-A  <b>1:30</b> Fun &amp; Games-P  <b>3:00</b> Afternoon Tea Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Family Game Night-P</p>	
<p><b>11:00</b> Walking Club-L  <b>2:00</b> Cards &amp; Coffee Clutch-P  <b>4:00</b> Coloring-A  <b>6:15</b> Yahtzee-P</p>	<p><b>11:00</b> Fitness Class-DR2  <b>2:00</b> Bus Outing to Sentry/Kohls  <b>2:30</b> Bowling League-A  <b>4:00</b> Walking Club-L  <b>6:15</b> Chess &amp; Checkers Club-P</p>	<p><b>9:30</b> Water Aerobics-PL  <b>11:00</b> Fitness Class-DR2  <b>1:00-1:10</b> Pet Therapy Visits-L  <b>2:00</b> Bingo-P  <b>3:15</b> Ice Cream Social-P  <b>4:00</b> Walking Club-L  <b>6:15</b> Bridge Club-P</p>	<p><b>11:00</b> Fitness Class-DR2  <b>1:30</b> Sheepshead Social-P  <b>1:30</b> Bible Study-A  <b>2:30</b> Jewelry &amp; Card Making-A  <b>4:00</b> Walking Club-L  <b>6:15</b> Puzzle Party-A</p>	<p><b>10:00</b> Communion &amp; Rosary-T  <b>11:00</b> Fitness Class-DR2  <b>2:00</b> Party with Live Music by Mark Paffrath-DR2  <b>3:15</b> Cards &amp; Coffee-P  <b>4:00</b> Walking Club-L  <b>6:30</b> Movie &amp; Popcorn Party-T</p>	<p><b>10:00</b> News &amp; Coffee-P  <b>11:00</b> Fitness Class-DR2  <b>11:00-3:00</b> Book Sale &amp; Vendor Fair-P (Free &amp; Open to Public!)  <b>2:00</b> "Think &amp; Drink" Trivia &amp; Cocktail Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Poker Party-P</p>	<p><b>11:00</b> Morning Stretch-A  <b>1:30</b> Fun &amp; Games-P  <b>3:00</b> Afternoon Tea Party-P  <b>4:00</b> Walking Club-L  <b>6:00</b> Family Game Night-P</p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Spiritual Activity    Bus Outing  
Music Social    Special Event