

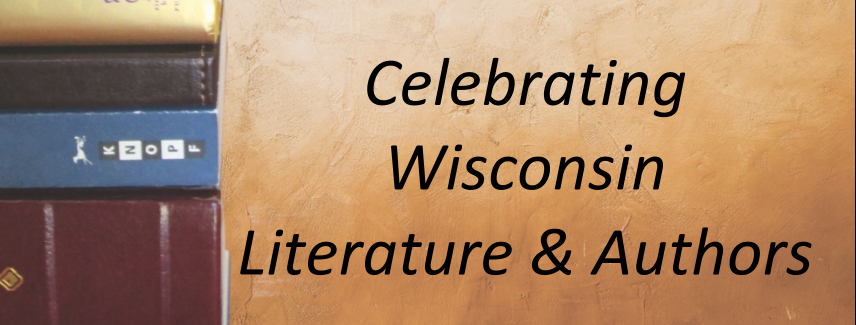


January

Heritage Lake Country Assisted Living Life Enrichment Calendar

Room Guide

F = Second Floor Fireplace • P = Pub • T = Theater
A = Activity Room • DR = Dining Room • L = First Floor Lobby

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Gloria N. 1-1 Arlene B. 1-11 Jean K. 1-13 Donald S. 1-14</p>  <p>Nancys R. 1-17 Alice U. 1-21 Marie Morgan 1-24 Anita N. 1-29</p>	<p>Happy New Year!</p> <p>2:00 Bingo-DR2 4:00 Walking Club-F 6:00 Cribbage Club-P</p>	<p>1</p> <p>10:15 Sit & Chat-F 10:45 Mind & Body Fitness-DR2 1:00 Sheepshead Social-P 1:30 Bible Study-A 2:30 Ladies Sewing Circle-A 4:30 Walking Club-F 6:00 Bridge-P</p>	<p>2</p> <p>10:00 Catholic Communion-T 10:45 Mind & Body Fitness-DR2 2:00 Birthday Party with Terry Morgenroth-DR2 4:30 Walking Club-F 6:00 Coloring-A</p>	<p>3</p> <p>10:15 Coffee Clutch-F 10:45 Mind & Body Fitness-DR2 2:00 "Meet & Greet" Ice Cream Social-P 4:30 Walking Club-F 6:30 Movie & Popcorn-T</p>	<p>4</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Cards & Coffee-P 3:30 Coloring-A 6:00 Family Game Night-P</p>	<p>5</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Cards & Coffee-P 3:30 Coloring-A 6:00 Family Game Night-P</p>
<p>6</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Tea Party in the Pub 3:30 Faith Baptist Church-T 6:00 Yahtzee-A</p>	<p>7</p> <p>10:00 Lutheran Service-T 10:45 Mind & Body Fitness-DR2 2:00 New Year Party with Joe Ingram-DR1 4:30 Walking Club-F 6:00 Rummy-P</p>	<p>8</p> <p>10:00 Bus Outing to Sentry 10:45 Mind & Body Fitness-DR2 1:00-1:10 Pet Therapy Visits-L 2:00 Bingo-DR2 4:30 Walking Club-F 6:00 Cribbage Club-P</p>	<p>9</p> <p>10:15 Sit & Chat-F 10:45 Mind & Body Fitness-DR2 1:00 Sheepshead Social-P 1:30 Bible Study-A 5:30 Journey of the Heart-AAI 6:15 Evening BINGO-P</p>	<p>10</p> <p>10:00 Catholic Communion-T 10:45 Mind & Body Fitness-DR2 2:00 Bowling-A 4:30 Walking Club-F 6:00 Coloring-A</p>	<p>11</p> <p>10:30 Lutheran Service-T 10:45 Mind & Body Fitness-DR2 2:00 "Think & Drink"-Cocktails & Trivia-P 4:30 Walking Club-F 6:30 Movie & Popcorn-T</p>	<p>12</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Cards & Coffee-P 3:30 Coloring-A 6:00 Family Game Night-P</p>
<p>13</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Coffee Clutch-P 6:00 Scrabble-A</p>	<p>14</p> <p>10:15 Tea Party-F 10:45 Mind & Body Fitness-DR2 2:00 Manicures & Wine-A 2:00 Men's Cards & Beer-P 4:30 Walking Club-F 6:00 Rummy-P</p>	<p>15</p> <p>10:15 News & Coffee-F 10:45 Mind/Body Fitness-DR2 2:00 Bus Outing to \$5 Movies 2:00 Bingo-A 4:30 Walking Club-F 6:00 Cribbage Club-P</p>	<p>16</p> <p>10:15 Sit & Chat-F 10:45 Mind & Body Fitness-DR2 1:00 Sheepshead Social-P 1:30 Bible Study-A 2:30 Bread Making-A 4:30 Walking Club-F 6:00 Bridge-P</p>	<p>17</p> <p>10:00 Catholic Communion-T 10:45 Mind & Body Fitness-DR2 12:00 Lunch Bunch: Pizza Party-A 2:00 Sing-along Social-P 4:30 Walking Club-F 6:00 Coloring-A</p>	<p>18</p> <p>10:15 Coffee Clutch-F 10:45 Mind & Body Fitness-DR2 2:00 Root Beer Float & "Book Swap"-P (Bring a book to trade) 4:30 Walking Club-F 6:30 Movie & Popcorn-T</p>	<p>19</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Cards & Coffee-P 3:30 Coloring-A 6:00 Family Game Night-P</p>
<p>20</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Sunday Sundae Family Ice Cream Social-P 3:30 Uno-P 6:00 Dominoes-A</p>	<p>21</p> <p>10:15 Tea Party-F 10:45 Mind & Body Fitness-DR2 2:00 Games & Snacks-P 4:30 Walking Club-F 6:00 Rummy-P</p>	<p>22</p> <p>10:00 Bus Outing to Walmart 10:45 Mind/Body Fitness-DR2 1:00-1:10 Pet Therapy Visits-L 2:00 Bingo-DR2 4:30 Walking Club-F 6:00 Cribbage Club-P</p>	<p>23</p> <p>10:15 Sit & Chat-F 10:45 Mind & Body Fitness-DR2 1:00 Sheepshead Social-P 1:30 Bible Study-AAL 2:30 Spa Day: Meditation & Massages-A 4:30 Walking Club-F 6:00 Bridge-P</p>	<p>24</p> <p>10:00 Catholic Communion-T 10:45 Mind & Body Fitness-DR2 2:00 "New Year, New You"-Healthy Chat & Snack-P 4:30 Walking Club-F 6:00 Coloring-A</p>	<p>25</p> <p>10:15 Coffee Clutch-F 10:45 Mind & Body Fitness-DR2 3:30 Party with Live Music by Robert Mitchell-DR  4:30 Walking Club-F 6:30 Movie & Popcorn-T</p>	<p>26</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Cards & Coffee-P 3:30 Coloring-A 6:00 Family Game Night-P</p>
<p>27</p> <p>10:15 Fireside Chats-F 10:45 Walking Club-F 2:00 Hot Cocoa Social-P 3:30 Kings in Corner-P 6:00 Checkers-A</p>	<p>28</p> <p>10:15 Tea Party-F 10:45 Mind & Body Fitness-DR2 2:00 Manicures & Wine-A 2:00 Men's Cards & Beer-P 3:30 Robotics Presentation-P 4:30 Walking Club-F 6:00 Rummy-P</p>	<p>29</p> <p>10:15 News & Coffee-F 10:45 Mind & Body Fitness-DR2 2:00 Bingo-DR2 4:30 Walking Club-F 6:00 Cribbage Club-P</p>	<p>30</p> <p>10:15 Sit & Chat-F 10:45 Mind & Body Fitness-DR2 1:00 Sheepshead Social-P 1:30 Bible Study-A 2:00 Bus Outing to Kohl's 2:00 Movie & Popcorn-T 4:30 Walking Club-F 6:00 Bridge-P</p>	<p>31</p> <p>10:00 Catholic Communion-T 10:45 Mind & Body Fitness-DR2 2:00 Winter Beach Party with Pina Colodas & Dan Sullivan-DR1 4:30 Walking Club-F 6:00 Coloring-A</p>	 <p><i>Celebrating Wisconsin Literature & Authors</i></p>	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Bus Outing Featured Activity
Spiritual Activity