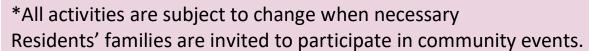
November

Heritage Lake Country Assisted Living Life Enrichment Calendar

Recurring Activities

Keepin' Fit Weekdays at 11 a.m. **Kings in the Corner** Saturdays at 2 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shirley C. – 11/4 Audrey L. – 11/6 Laverne R. – 11/10 Bev N11/16			Celebrating Wisconsin Sports	10:00 Holy Communion (Theater) 10:15 Coffee/Reminiscing 11:00 Tai Chi/Chronicle (Activity) 1:30 Arts and Crafts (Activity) 2:30 St. Charles Small Group Bible Study (IL Activity Room) 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Riddles 11:00 Exercise Class/Chronicle 2:30 Jay Isaccson Music 4:00 Bag Toss 6:00 Fun with Cards**	10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)* 6:00 Movie (Theater)
Daylight Saving Time Ends 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**	10:00 Coffee/Remember Box 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Dollar Tree 3:00 Board Games** 6:00 Rummy**	10:00 Coffee/States and Capitals 11:00 Exercise Class/ Chronicle (Activity) 1:30 Manicures 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Superstitions 11:00 Chair Yoga/Chronicle 1:30 Bible Class (Activity) 2:30 Walmart 3:00-6:00 Virtual Dementia Experience (Pub) 6:00 Bridge**	10:00 Holy Communion (Theater) 10:15 Coffee/ Mad Libs 11:00 Tai Chi/Chronicle (Activity) 2:00 Veterans Day Program 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/It's in the Bag 11:00 Exercise Class/Chronicle 2:00 Holy Hill-Church Tour 4:00 Bag Toss 6:00 Fun with Cards**	10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner** 4:00 Walking Group (Fireplace)* 6:00 Movie (Theater)
Veterans Days 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 3:00 Faith Baptist Church 6:00 Card Group**	10:00 Coffee/ You be the Judge 11:00 Sit and Be Fit/ Daily	13 10:00 Coffee/Never Have I Ever 11:00 Exercise Class/ Chronicle (Activity) 1:30 Crosswords/Word searches 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**	14 10:00 Coffee/Trivia 11:00 Chair Yoga/Chronicle (Activity) 1:30 Bible Class (Activity) 2:30 Aldi 4:30 Walking Group (Fireplace) 5:30-7:00 "Journey of the Heart" Heartland Hospice (Pub)	15 10:00 Holy Communion (Theater) 10:15 Coffee/ Tongue Twisters 11:00 Tai Chi/Chronicle (Activity) 1:30 Hartland's Points of Interest Bus Tour 3:00 Resident Council 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Who am I? 11:00 Exercise Class/Chronicle 2:30 Music with Jan T. 4:00 Bag Toss 6:00 Fun with Cards**	10:00 Coffee/Chronicle 10:30 Spiritual Reflection TBD Badger Tailgate Party 2:00 Kings in the Corner** 4:00 Walking Group (Fireplace)* 6:00 Movie (Theater)
10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**	10:00 Coffee/ I'm Going on a Picnic	10:00 Coffee/20 Questions 11:00 Exercise Class/ Chronicle (Activity) 1:00-3:00 Marcus Theater Movie-More Details to Come 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Category Puzzle 11:00 Chair Yoga/Chronicle (Activity) 12:00 Action Station Lunch 1:30 Bible Class (Activity) 2:30 Piggly Wiggly 4:30 Walking Group (Fireplace) 6:00 Bridge**	Thanksgiving 22 10:00 Holy Communion (Theater) 10:15 Coffee/ Password 11:00 Tai Chi/Chronicle (Activity) 12:00 Thanksgiving Day Meal 1:30 Arts and Crafts (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Where in the States am I? 11:00 Exercise Class/Chronicle 2:30 Baking Club 4:00 Bag Toss 6:00 Fun with Cards**	10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner** 4:00 Walking Group (Fireplace)* 6:00 Movie (Theater)
10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 3:00 Faith Baptist Church 6:00 Card Group**	10:00 Coffee/ Word Puzzles 11:00 Sit and Be Fit/ Daily	10:00 Coffee/ABC Category 11:00 Exercise Class/ Chronicle (Activity) 1:30 Manicures 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Finish the Line 11:00 Chair Yoga/Chronicle (Activity) 12:00 Themed Lunch-Tailgate 1:30 Bible Class (Activity) 2:30 Science Fun for Everyone 4:30 Walking Group (Fireplace) 6:00 Bridge**	10:00 Holy Communion (Theater) 10:15 Coffee/ What am I? 11:00 Tai Chi/Chronicle (Activity) 1:30 Arts and Crafts (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**	10:00 Coffee/Change the First Letter 11:00 Exercise Class/Chronicle 3:30 November Birthday Party with the Garbage Pickers 6:00 Fun with Cards**	



^{**} Resident-Led Activity



