



# November

## Heritage Lake Country Assisted Living Life Enrichment Calendar

### Recurring Activities

Keepin' Fit Weekdays at 11 a.m.  
Kings in the Corner Saturdays at 2 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b></p> <p>Shirley C. – 11/4 Audrey L. – 11/6 Laverne R. – 11/10 Bev N.-11/16</p> 		<p><i>Celebrating Wisconsin Sports</i></p>		<p>1 10:00 Holy Communion (Theater) 10:15 Coffee/Reminiscing 11:00 Tai Chi/Chronicle (Activity) 1:30 Arts and Crafts (Activity) 2:30 St. Charles Small Group Bible Study (IL Activity Room) 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>2 10:00 Coffee/Riddles 11:00 Exercise Class/Chronicle 2:30 Jay Isaccson Music 4:00 Bag Toss 6:00 Fun with Cards**</p>	<p>3 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>Daylight Saving Time Ends 4 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**</p>	<p>5 10:00 Coffee/Remember Box 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Dollar Tree 3:00 Board Games** 6:00 Rummy**</p>	<p>6 10:00 Coffee/States and Capitals 11:00 Exercise Class/ Chronicle (Activity) 1:30 Manicures 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>7 10:00 Coffee/Superstitions 11:00 Chair Yoga/Chronicle 1:30 Bible Class (Activity) 2:30 Walmart 3:00-6:00 Virtual Dementia Experience (Pub) 6:00 Bridge**</p>	<p>8 10:00 Holy Communion (Theater) 10:15 Coffee/ Mad Libs 11:00 Tai Chi/Chronicle (Activity) 2:00 Veterans Day Program 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>9 10:00 Coffee/It's in the Bag 11:00 Exercise Class/Chronicle 2:00 Holy Hill-Church Tour 4:00 Bag Toss 6:00 Fun with Cards**</p>	<p>10 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>Veterans Days 11 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 3:00 Faith Baptist Church 6:00 Card Group**</p>	<p>12 10:00 Coffee/ You be the Judge 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Gathering Place Antique Shop 3:00 Board Games** 6:00 Rummy**</p>	<p>13 10:00 Coffee/Never Have I Ever 11:00 Exercise Class/ Chronicle (Activity) 1:30 Crosswords/Word searches 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>14 10:00 Coffee/Trivia 11:00 Chair Yoga/Chronicle (Activity) 1:30 Bible Class (Activity) 2:30 Aldi 4:30 Walking Group (Fireplace) 5:30-7:00 "Journey of the Heart" Heartland Hospice (Pub)</p>	<p>15 10:00 Holy Communion (Theater) 10:15 Coffee/ Tongue Twisters 11:00 Tai Chi/Chronicle (Activity) 1:30 Hartland's Points of Interest Bus Tour 3:00 Resident Council 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>16 10:00 Coffee/Who am I? 11:00 Exercise Class/Chronicle 2:30 Music with Jan T. 4:00 Bag Toss 6:00 Fun with Cards**</p>	<p>17 10:00 Coffee/Chronicle 10:30 Spiritual Reflection TBD Badger Tailgate Party 2:00 Kings in the Corner** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>18 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**</p>	<p>19 10:00 Coffee/ I'm Going on a Picnic 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Kohls 3:00 Board Games** 6:00 Rummy**</p>	<p>20 10:00 Coffee/20 Questions 11:00 Exercise Class/ Chronicle (Activity) 1:00-3:00 Marcus Theater Movie-More Details to Come 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>21 10:00 Coffee/Category Puzzle 11:00 Chair Yoga/Chronicle (Activity) 12:00 Action Station Lunch 1:30 Bible Class (Activity) 2:30 Piggly Wiggly 4:30 Walking Group (Fireplace) 6:00 Bridge**</p>	<p>Thanksgiving 22 10:00 Holy Communion (Theater) 10:15 Coffee/ Password 11:00 Tai Chi/Chronicle (Activity) 12:00 Thanksgiving Day Meal 1:30 Arts and Crafts (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>23 10:00 Coffee/Where in the States am I? 11:00 Exercise Class/Chronicle 2:30 Baking Club 4:00 Bag Toss 6:00 Fun with Cards**</p>	<p>24 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>25 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 3:00 Faith Baptist Church 6:00 Card Group**</p>	<p>26 10:00 Coffee/ Word Puzzles 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Family Feud 6:00 Rummy**</p>	<p>27 10:00 Coffee/ABC Category 11:00 Exercise Class/ Chronicle (Activity) 1:30 Manicures 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>28 10:00 Coffee/Finish the Line 11:00 Chair Yoga/Chronicle (Activity) 12:00 Themed Lunch-Tailgate 1:30 Bible Class (Activity) 2:30 Science Fun for Everyone 4:30 Walking Group (Fireplace) 6:00 Bridge**</p>	<p>29 10:00 Holy Communion (Theater) 10:15 Coffee/ What am I? 11:00 Tai Chi/Chronicle (Activity) 1:30 Arts and Crafts (Activity) 4:00 Dynseo (Theater) 6:00 Sheepshead**</p>	<p>30 10:00 Coffee/Change the First Letter 11:00 Exercise Class/Chronicle 3:30 November Birthday Party with the Garbage Pickers 6:00 Fun with Cards**</p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

\*\* Resident-Led Activity

Spiritual Activity

Musical Activity

Outing

Exercise