
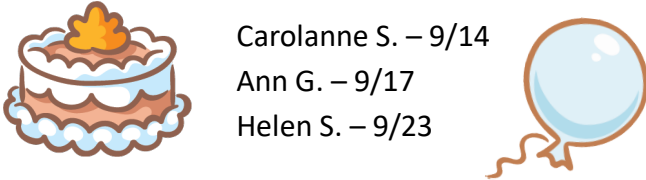


# September

## Heritage Lake Country Assisted Living Life Enrichment Calendar

### Recurring Activities

Keepin' Fit Weekdays at 11 a.m. (Activity)  
Kings in the Corner Saturdays at 2 p.m. (Patio)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Celebrating Wisconsin Companies</i></p> 		<p><b>Happy Birthday</b></p>  <p>Carolanne S. – 9/14 Ann G. – 9/17 Helen S. – 9/23</p>			<p>10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>	
<p>2 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**</p>	<p>3 Labor Day 10:00 Coffee/ 20 Questions and Chronicle 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Kohls 3:00 Board Games** 6:00 Rummy</p>	<p>4 10:00 Coffee / Box of Memories 11:00 Exercise Class/ Chronicle (Activity) 1:30 Pet Therapy 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>5 10:00 Coffee/ Tongue Twisters 11:00 Chair Yoga/Chronicle (Activity) 1:30 Bible Class (Activity) 2:30 Walmart 4:30 Walking Group with Kathleen 6:00 Bridge</p>	<p>6 10:00 Holy Communion (Theater) 10:15 Coffee/ Superstitions 11:00 Fun and Fit/Chronicle (Activity) 1:30 Culvers Custard 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>7 10:00 Coffee / Who am I? 11:00 Exercise Class/Chronicle 2:30 Craig Seimsen Music (Pub) 4:00 Walking Group (Fireplace) 6:00 Fun with Cards</p>	<p>8 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>9 National Grandparents Day 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 3:00 Ice Cream Social- Invite the Grandkids 6:00 Card Group**</p>	<p>10 10:00 Coffee/ I'm Going on a Picnic and Chronicle 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 12:00 Action Station 1:30 BINGO (Activity) 3:00 Home Goods 3:00 Board Games** 6:00 Rummy</p>	<p>11 Patriot Day 10:00 Coffee / Riddles 11:00 Exercise Class/ Chronicle (Activity) 1:30 Pet Therapy 2:30 Bowling (Activity) 4:00 9/11 Documentary (Theater) 6:00 Sheephead</p>	<p>12 10:00 Coffee/ Bird Quiz 11:00 Chair Yoga/Chronicle (Activity) 1:30 Bible Class (Activity) 2:30 Sendiks 4:30 Walking Group with Kathleen 6:00 Bridge</p>	<p>13 10:00 Holy Communion (Theater) 10:15 Coffee/ Mad Libs 11:00 Fun and Fit/Chronicle (Activity) 1:30 Arts and Crafts (Activity) 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>14 10:00 Coffee / Word Puzzles 11:00 Exercise Class/Chronicle 2:00 Baking Group 4:00 Walking Group (Fireplace) 6:00 Fun with Cards</p>	<p>15 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>16 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**</p>	<p>17 10:00 Coffee/ Similes and Togetherness 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Fleet Farm 3:00 Board Games** 6:00 Rummy</p>	<p>18 10:30-2:00 Milwaukee County Zoo 1:30 Movie Matinee (Theater) 3:00 Bowling 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>19 10:00 Coffee/ Proverbs 11:00 Chair Yoga/Chronicle (Activity) 1:30 Bible Class (Activity) 2:30 Piggly Wiggly 4:30 Walking Group with Kathleen 6:00 Bridge</p>	<p>20 10:00 Holy Communion (Theater) 10:15 Coffee/ It's in the Bag 11:00 Fun and Fit/Chronicle (Activity) 1:30 Arts and Crafts (Activity) 3:00 Resident Council 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>21 10:00 Coffee / Password 11:00 Exercise Class/Chronicle 2:30 Amy Mahn Musician 4:00-6:00 Celebrating the Heroes of Lake Country</p>	<p>22 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>
<p>23/30 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Walking Group (Fireplace)** 6:00 Card Group**</p>	<p>24 10:00 Coffee/ Wisconsin Based Companies 11:00 Sit and Be Fit/ Daily Inspiration (Activity) 1:30 BINGO (Activity) 3:00 Charades 6:00 Rummy</p>	<p>25 10:00 Coffee / States and Capitals 11:00 Exercise Class/Chronicle (Activity) 1:30 Pet Therapy 2:30 Bowling (Activity) 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>26 10:00 Coffee/ Sports Quiz 11:00 Chair Yoga/Chronicle (Activity) 12:00 WI Companies Lunch 1:30 Bible Class (Activity) 3:00 Wellness Clinic (Activity) 4:30 Walking Group w/ Kathleen 6:00 Bridge</p>	<p>27 10:00 Holy Communion (Theater) 10:15 Coffee/ You be the Judge 11:00 Fun and Fit/ Chronicle (Activity) 1:30 Who Wants to be a Millionaire 4:00 Dynseo (Theater) 6:00 Sheephead</p>	<p>28 10:00 Coffee / Where in the States am I? 11:00 Exercise Class/Chronicle 2:00 Finish the Line 3:30 Monthly Birthday Party (Pub) 6:00 Fun with Cards</p>	<p>29 10:00 Coffee/Chronicle 10:30 Spiritual Reflection 2:00 Kings in the Corner (Patio)** 4:00 Walking Group (Fireplace)** 6:00 Movie (Theater)</p>

\*All activities are subject to change when necessary \*\*Resident-led activity  
Residents' families are invited to participate in community events.

Spiritual Activity

Happy Hour

Outing

Exercise