

# May

## Heritage Lake Country Memory Care Life Enrichment Calendar

**Recurring Activities**  
 Pet Therapy Tuesdays at 1 p.m. | Just the Guys Thursdays at 2 p.m. (pub)  
 Hair Salon Tuesdays/Fridays by appointment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b> Kirt W. 5/7</p> 		<p>1 9:30 Morning Chat &amp; Chronicle 10:00 Chair-Chi 11:00 Bounce the ball 1:00 Pet Therapy 1:30-2:30 Time for Tranquility 3:00 Scenic Drive/Ice cream 4:00 Bowling Evening Snack cart/evening news</p>	<p>2 9:30 Chronicle and Chat 10:00 Fun and Fitness 11:00 Short Stories 1:30 Time for Tranquility 3:00 Heritage Hounds-Boyscouts 4:00 Bible Study with Janet Evening Snack cart/evening news</p>	<p>3 9:30 Morning Menu Chat 10:00 Holy Communion 10:00 Sit and be fit 11:00 You be the judge 1:30 Time for tranquility 2:30 Dynseo-Flying Balloons 4:00 Craft: Wisconsin Paintings Evening Snack cart/evening news</p>	<p>4 9:30 Morning Chat &amp; Chronicle 10:00 Balloon Volleyball 11:00 BINGO 2:30 Singing Sinatra performs 1:30 Time for tranquility 4:00 Old Time Television Evening Snack cart/evening news</p>	<p>5 9:30 Coffee, Chat and Chronicle 11:00 Basic Chair exercises 1:30 Time for Tranquility 2:30 Dynseo-Hunting Intruders 3:30 Outdoor stroll 6:00 Flix and Popcorn</p>
<p>6 9:30 Chronicle and Chat 11:00 Ball Bounce 1:00 Time for Tranquility 2:30 Sit and Stretch 3:00 Classic movie and popcorn Evening Snack cart/evening news</p>	<p>7 9:30 Chronicle and Chat 10:00 Exercise Class (Activity) 11:00 BINGO 1:30 Time for Tranquility 2:30 Dynseo-Brain Storm 3:30 Manicure Monday Evening Snack cart/evening news</p>	<p>8 9:30 Morning Chat &amp; Chronicle 10:00 Chair-Chi 11:00 Bounce the ball 1:00 Pet Therapy 1:30-2:30 Time for Tranquility 3:00 Courtyard Conversations! 4:00 Bowling Evening Snack cart/evening news</p>	<p>9 9:30 Chronicle and Chat 10:00 Fun and Fitness 11:00 Short Stories 1:30 Time for Tranquility 2:30 Snack Cart 3:00 Heritage Hounds 4:00 Bible Study with Janet Evening Snack cart/evening news</p>	<p>10 9:30 Morning Menu Chat 10:00 Holy Communion 10:00 Sit and be fit 11:00 Mad Libs 1:30 Time for tranquility 2:30 Dynseo-Granny Cook 3:30 Walking Group- Pond Evening Snack cart/evening news</p>	<p>11 9:30 Morning Chat &amp; Chronicle 10:00 Balloon Volleyball 11:00 BINGO 1:30 Time for tranquility 2:30 Mahn Musicians perform 4:00 Old Time Television Evening Snack cart/evening news</p>	<p>12 9:30 Coffee, Chat and Chronicle 11:00 Basic Chair exercises 1:30 Time for Tranquility 2:30 Dynseo-The Musical Ear 3:30 Courtyard Conversations 6:00 Flix and Popcorn</p>
<p>Happy Mother's Day! 13 9:30 Mother's Day Brunch 11:00 Ball Bounce 1:00 Time for Tranquility 2:30 Sit and Stretch 3:00 Classic movie and popcorn Evening Snack cart/evening news</p>	<p>14 9:30 Chronicle and Chat 10:00 Exercise Class (Activity) 11:00 BINGO 1:30 Time for Tranquility 2:30 Dynseo-The Musical Ear 3:30 Manicure Monday Evening Snack cart/evening new</p>	<p>15 9:30 Morning Chat &amp; Chronicle 10:00 Chair-Chi 11:00 Bounce the ball 1:00 Pet Therapy 1:30-2:30 Time for Tranquility 3:00 Quizzle 4:00 Bowling Evening Snack cart/evening news</p>	<p>16 9:30 Chronicle and Chat 10:00 Fun and Fitness 11:00 "What am I?" WI Art 1:30 Time for Tranquility 2:30 Snack Cart 3:00 Heritage Hounds 4:00 Bible Study with Janet Evening Snack cart/evening news</p>	<p>17 9:30 Morning Menu Chat 10:00 Holy Communion 10:00 Sit and be fit 11:00 Finish the line 1:30 Time for tranquility 2:30 Dynseo-Puzzle Plus 4:00 Memorial Day Craft Evening Snack cart/evening news</p>	<p>18 9:30 Morning Chat &amp; Chronicle 10:00 Balloon Volleyball 11:00 Therapeutic coloring 1:30 Time for tranquility 2:30 Music by Mark Pathruth 4:00 Old Time Television Evening Snack cart/evening news</p>	<p>19 9:30 Coffee, Chat and Chronicle 11:00 Basic Chair exercises 1:30 Time for Tranquility 2:30 Dynseo-Puzzle Plus 3:30 Outdoor Walk! 6:00 Flix and Popcorn</p>
<p>20 9:30 Chronicle and Chat 11:00 Ball Bounce 1:00 Time for Tranquility 2:30 Sit and Stretch 3:00 Classic movie and popcorn Evening Snack cart/evening news</p>	<p>21 9:30 Chronicle and Chat 10:00 Exercise Class (Activity) 11:00 BINGO 1:30 Time for Tranquility 2:30 Dynseo-Color Mind 3:30 Manicure Monday Evening Snack cart/evening news</p>	<p>22 9:30 Morning Chat &amp; Chronicle 10:00 Chair-Chi 11:00 Bounce the ball 1:00 Pet Therapy 1:30-2:30 Time for Tranquility 3:00 Courtyard Conversations 4:00 Bowling Evening Snack cart/evening news</p>	<p>23 10:00 Fun and Fitness 11:00 "Where am I?" WI Arcicheture 1:30 Time for Tranquility 2:30 Snack Cart 3:00 Heritage Hounds 4:00 Bible Study with Janet Evening Snack cart/evening news</p>	<p>24 9:30 Morning Menu Chat 10:00 Holy Communion 10:00 Sit and be fit 11:00 Riddles! 1:30 Time for tranquility 3:00 Dynseo-What's that sound? 3:30 Walking Group - Inside Evening Snack cart/evening news</p>	<p>25 9:30 Morning Chat &amp; Chronicle 10:00 Balloon Volleyball 11:00 BINGO 1:30 Time for tranquility 3:30 Birthday Party with entertainment 4:00 Old Time Television Evening Snack cart/evening news</p>	<p>26 9:30 Coffee, Chat and Chronicle 11:00 Basic Chair exercises 1:30 Time for Tranquility 2:30 Dynseo-Flying Balloons 3:30 Outdoor Stroll 6:00 Flix and Popcorn</p>
<p>27 9:30 Chronicle and Chat 11:00 Ball Bounce 1:00 Time for Tranquility 2:30 Sit and Stretch 3:00 Classic movie and popcorn Evening Snack cart/evening news</p>	<p>Memorial Day 28 9:30 Chronicle and Chat 10:00 Exercise Class (Activity) 11:00 BINGO 1:30 Time for Tranquility 2:30 Dynseo-Color Mind 3:30 Manicure Monday 4:00 Patriotic Karaoke Evening Snack cart/evening news</p>	<p>29 10:00 Chair-Chi 11:00 Parachute 1:00 Pet Therapy 1:30-2:30 Time for Tranquility 3:00 Sing-along 4:00 Bowling Evening Snack cart/evening news</p>	<p>30 10:00 Fun and Fitness 11:00 Short Stories 1:30 Time for Tranquility 2:30 Snack Cart 3:00 Heritage Hounds 4:00 Bible Study with Janet Evening Snack cart/evening news</p>	<p>31 9:30 Morning Menu Chat 10:00 Holy Communion 10:00 Sit and be fit 11:00 Mad Libs 1:30 Time for tranquility 2:30 Dynseo-Color Mind! 4:00 F.L. Wright Documentary Evening Snack cart/evening news</p>	 <p><i>Celebrating Wisconsin Art &amp; Architecture</i></p>	

\*All activities are subject to change when necessary  
 Residents' families are invited to participate in community events.

Musical Activity    Dynseo  
 Celebrate Wisconsin    Exercise