

## Heritage Lake Country Assisted Living Life Enrichment Calendar

**Recurring Activities** 

**Bible Class** Wednesdays at 1:30 p.m. | **Catholic Services** Thursdays at 10 a.m. **Hair Salon** Tuesdays/Fridays by appointment

|                                                                                                                                                                                        | Assisted Living Life Lifficilitett Calcidat                                                                                                                                                      |                                                                                                                                                                                                               |                                                                                                                                                                              |                                                                                                                                                                                                               |                                                                                                                                                                                   |                                                                                                                                                                                                                     |
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| Sunday                                                                                                                                                                                 | Monday                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                       | Wednesday                                                                                                                                                                    | Thursday                                                                                                                                                                                                      | Friday                                                                                                                                                                            | Saturday                                                                                                                                                                                                            |
| Randall A. 5/4 Kirt W. 5/7                                                                                                                                                             | Birthday  Karen N. 5/13  Roswita W. 5/28  George K. 3/25                                                                                                                                         | 10:00 Coffee/Never have I ever 11:00 Fun and Fitness/Chronicle 1:30 Pet Therapy (Room visits) 2:30 10-Pin Bowling (Activity) 4:00 Dynseo! (Fireplace) 6:00 After dinner card group                            | 10:00 Coffee/It's in the bag! 11:00 Exercise/Chronicle 11:30 Short Stories 1:30 Bible Class (Activity room) 3:00 Charades (Activity room) 6:00 Evening movie and Popcorn     | 10:00 Coffee/Brain Teasers 11:00 Sit and Be Fit/Chronicle 1:30 Arts and Crafts- Sensory Jars 2:00 Gentlemen's Club-Meet and Greet 4:00 Dynseo's Quizzle (Activity) 6:00 After dinner card group               | Bird Day 4 10:00 Coffee/Items in a box 11:00 Exercise your brain 1:30 Fun and Fitness/Chronicle 2:30 Singing Sinatra performs 4:00 Happy Hour-KARAOKE! 6:00 Movie (theater)       | Cinco De Mayo 5 10:30 Coffee, Conversation and The Daily Chronicle (Activity) 1:30 Spiritual reflection 3:00 Cinco De Mayo Happy Hour! 4:00 Walking Group (Meet at the fireplace) 6:00 Flix & Popcorn Activity room |
| National Nurses Day 6 10:30 Coffee/Daily Chronicle (Fireplace) 11:00 Spiritual Reflection (Activity) 1:30 Brain games! 3:00 Walking Group (fireplace) 6:00 Evening Card group (Dining) | 10:00 Coffee/20 questions 11:00 Sit and Be Fit/Chronicle 11:30 Short Stories-Chicken soup for the soul 1:30 [ ] G G G 3:00 Manicure Monday (Activity) 5:15 Dining room Trivia- "Finish the line" | 10:00 Coffee/Never have I ever 11:00 Fun and Fitness/Chronicle 1:30 Pet Therapy (Room visits) 2:30 10-Pin Bowling (Activity) 4:00 Dynseo! (Fireplace) 6:00 After dinner card group                            | 10:00 Coffee/Guess who? 11:00 Exercise/Chronicle 11:30 Short Stories 1:30 Bible Class (Activity room) 4:00 Heads up! (Activity room) 6:00 Evening movie and Popcorn          | 10:00 Coffee/Brain Teasers 11:00 Sit and Be Fit/Chronicle 1:30 Craft: Mother's Day Flowers 2:00 Gentlemen's Club- Sheephead/snacks in the pub 4:00 Dynseo's Quizzle (Activity) 6:00 After dinner card group   | 10:00 Coffee/Items in a box 11:00 Exercise your brain 1:30 Fun and Fitness/Chronicle 2:30 Mahn Musicians perform 4:00 Walking Group 6:00 Movie (theater)                          | 12 10:30 Coffee, Conversation and The Daily Chronicle (Activity) 1:30 Spiritual reflection 3:00 Walking Group (fireplace) 6:00 Flix & Popcorn Activity room                                                         |
| Happy Mother's Day! 13 10:30 Mother's Day Brunch 11:00 Spiritual Reflection (Activity) 1:30 Scrabble 3:00 Walking Group (fireplace) 6:00 Evening Card group (Dining)                   | 14 10:00 Coffee/Story Writing 11:00 Sit and Be Fit/Chronicle 11:30 Short Stories-Uplifting stories! 1:30 120 3:00 Manicure Monday (Activity) 5:15 Dining room Trivia "Odds and ends"             | National Chocolate Chip Day 10:00 Coffee/Picture Puzzles 11:00 Fun and Fitness/Chronicle 1:30 Pet Therapy (Room visits) 2:30 Waukesha Greenhouse outing 4:00 Dynseo! (Fireplace) 6:00 After dinner card group | 16 10:00 Coffee/ It's in the bag! 11:00 Exercise/Chronicle 11:30 Short Stories 1:30 Bible Class (Activity room) 3:00 Charades (Activity room) 6:00 Evening movie and Popcorn | 17 10:00 Coffee/Mad libs 11:00 Sit and Be Fit/Chronicle 1:30 Wisconsin art Paint project! 2:00 Gentlemen's Club-Grumpy old men (Theater) 4:00 Dynseo's Quizzle (Activity) 6:00 After dinner card group        | 18 10:00 Coffee/Trivia time! 11:00 Exercise your brain 1:30 Fun and Fitness/Chronicle 2:30 Music by Mark Pathruth 4:00 Happy Hour 6:00 Frank Lloyed Wright Arcitchure Documentary | 19 10:30 Coffee, Conversation and The Daily Chronicle (Activity) 1:30 Spiritual reflection 3:00 Walking Group (fireplace) 6:00 Flix & Popcorn Activity room                                                         |
| 10:30 Coffee/Daily Chronicle (Fireplace) 11:00 Spiritual Reflection (Activity) 1:30 Puzzle Time 3:00 Walking Group (fireplace) 6:00 Evening Card group (Dining)                        | 10:00 Coffee/M&M memories 11:00 Sit and Be Fit/Chronicle 11:30 Short Stories-Poetry 1:30 Process 3:00 Manicure Monday (Activity) 5:15 Dining Room Trivia-"Perfect pairs"                         | 10:00 "Where am I?" Wisconsin Arcicheture edition! 11:00 Fun and Fitness/Chronicle 1:30 Pet Therapy (Room visits) 2:30 10-Pin Bowling (Activity) 4:00 Dynseo! (Fireplace) 6:00 After dinner card group        | 10:00 Coffee/It's in the bag! 11:00 Exercise/Chronicle 11:30 Short Stories 1:30 Bible Class (Activity room) 3:00 Charades (Activity room) 6:00 Evening movie and popcorn     | 10:00 Coffee/Tongue twisters 11:00 Sit and Be Fit/Chronicle 1:30 Craft: Memorial Day Art 2:00 Gentlemen's Club-Card Games and snacks in the pub 4:00 Dynseo's Quizzle (Activity) 6:00 After dinner card group | National Wine Day 25 10:00 Coffee/Reminisce 11:00 Exercise your brain 1:30 Fun and Fitness/Chronicle 3:30 Birthday Party 4:00 Walking Group 6:00 Movie (theater)                  | 10:30 Coffee, Conversation and The Daily Chronicle (Activity) 1:30 Spiritual reflection 3:00 Walking Group (fireplace) 6:00 Flix & Popcorn Activity room                                                            |
| 10:30 Coffee/Daily Chronicle (Fireplace) 11:00 Spiritual Reflection (Activity) 1:30 Rummikub! 3:00 Walking Group (fireplace) 6:00 Evening Card group (Dining)                          | Memorial Day 28  10:00 Coffee/Picture Puzzles  11:00 Sit and Be Fit/Chronicle  11:30 Short Stories-You be the judge  1:30 6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0                                  | 10:00 "What am I?" Wisconsin Art edition! 11:00 Fun and Fitness/Chronicle 1:30 Pet Therapy (Room visits) 2:30 10-Pin Bowling (Activity) 4:00 Dynseo! (Fireplace) 6:00 After dinner card group                 | 10:00 Coffee/It's in the bag! 11:00 Exercise/Chronicle 11:30 Short Stories 1:30 Bible Class (Activity room) 3:00 Charades (Activity room) 6:00 Evening movie and popcorn     | 10:00 Coffee/You be the judge 11:00 Sit and Be Fit/ Chronicle 1:30 Arts and Crafts- Sensory Jars 2:00 Gentlemen's Club- Sheepshead in the pub 4:00 Dynseo's Quizzle (Activity) 6:00 After dinner card group   | TO THE PERSON NAMED AND PORT OF THE PERSON.                                                                                                                                       | sin Art & Architecture                                                                                                                                                                                              |

<sup>\*</sup>All activities are subject to change when necessary Residents' families are invited to participate in community events.

