



# March

Independent

Community Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>9:00</b> Water Exercise <b>10:30</b> Board Games <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>6:00</b> Sheep's Head**	<b>10:00</b> Spiro Exercise <b>10:30</b> Creative Art-Dr Seuss <b>1:00</b> Movie & Popcorn <b>2:30</b> Tabletop Topics <b>6:00</b> Sheep's Head** 	<b>9:00</b> Water Exercise <b>10:30</b> Cooking Club- Creative Cakes <b>1:30</b> Dominos** <b>2:30</b> Spa Time <b>3:00</b> World Wildlife	<b>10:00</b> Circuit Exercise <b>10:30</b> Creative Crafts <b>1:30</b> Movie & Popcorn <b>3:00</b> In the world of Chicago	<b>9:00</b> Water Exercise <b>10:30</b> Board Games <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>3:00</b> Happy Hour	<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room
<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room	<b>9:00</b> Water Exercise <b>10:30</b> Women's Day <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>6:00</b> Sheep's Head**	<b>10:00</b> Spiro Exercise <b>10:30</b> Creative Art-Canvas Painting <b>1:00</b> Movie & Popcorn <b>2:30</b> Yahtzee <b>6:00</b> Sheep's Head**	<b>9:00</b> Water Exercise <b>10:30</b> Cooking Club- Fancy Fruit Compote <b>1:30</b> Dominos** <b>2:30</b> Spa Time <b>3:00</b> Life Hacks	<b>10:00</b> Circuit Exercise <b>10:30</b> Creative Crafts <b>1:30</b> Movie & Popcorn <b>3:00</b> Planting Flowers	<b>9:00</b> Water Exercise <b>10:30</b> Rummy 100 <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>3:00</b> Happy Hour	<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room
<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room <b>Daylight Savings Begins</b>	<b>9:00</b> Water Exercise <b>10:30</b> Butterfly Bird Feeders <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>6:00</b> Sheep's Head**	<b>10:00</b> Spiro Exercise <b>10:30</b> Creative Art-Celtic <b>1:00</b> Movie & Popcorn <b>3:00</b> March Madness 3-point contest <b>6:00</b> Sheep's Head**	<b>9:00</b> Water Exercise <b>10:30</b> Cooking Club- Mint Ice cream <b>1:30</b> Dominos** <b>3:00</b> St. Patrick's Day Games <p style="text-align: center;"><b>St. Patrick's Day</b></p>	<b>10:00</b> Circuit Exercise <b>10:30</b> Creative Crafts <b>1:30</b> Movie & Popcorn <b>3:00</b> Tales of the Irish	<b>9:00</b> Water Exercise <b>10:30</b> Rummy 100 <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>3:00</b> Happy Hour	<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room  <b>Spring Begins</b>
<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room	<b>9:00</b> Water Exercise <b>10:30</b> Mythology Monday <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>6:00</b> Sheep's Head**	<b>10:00</b> Spiro Exercise <b>10:30</b> Creative Art-Mythology <b>1:00</b> Movie & Popcorn <b>2:30</b> Tabletop Topics <b>6:00</b> Sheep's Head**	<b>9:00</b> Water Exercise <b>10:30</b> Cooking Club- Hot Chocolate Dip <b>1:30</b> Dominos** <b>2:30</b> Spa Time <b>3:00</b> Family Feud	<b>10:00</b> Circuit Exercise <b>10:30</b> Creative Crafts <b>1:30</b> Movie & Popcorn <b>3:00</b> Cards	<b>9:00</b> Water Exercise <b>10:30</b> Card Games <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>3:00</b> Happy Hour	<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room
<b>Resident Choice:</b> Board Games Card Games word searches crosswords puzzles Items Will be set out in the IL Activity Room <b>Palm Sunday/Passover</b>	<b>9:00</b> Water Exercise <b>10:30</b> Games <b>1:00</b> Bingo <b>2:30</b> DYNSEO <b>6:00</b> Sheep's Head**	<b>10:00</b> Spiro Exercise <b>10:30</b> Creative Art-Vacation collage <b>1:00</b> Movie & Popcorn <b>2:30</b> Virtual Vacation Spots <b>6:00</b> Sheep's Head**	<b>9:00</b> Water Exercise <b>10:30</b> Cooking Club- Garlic Lime Guacamole <b>1:30</b> Dominos** <b>2:30</b> Spa Time <b>3:00</b> Crayola Coloring Contest			

To Schedule a Resident Visit

Email [kimberlyvisits@aspireseior.com](mailto:kimberlyvisits@aspireseior.com)

Visits are Tuesday, Thursday, & Sunday 9a-5p, Wednesday 2p-7p