

March

Assisted and Enhanced Care

Community Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00 Water Exercise 9:30 Spiro Exercise 1:00 Movie & Popcorn-Theatre 3:30 DYNSEO 6:00 Sheep's Head**	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Art-Dr Seuss 1:30 Bingo 3:00 Ring Toss 4:00 Yahtzee 6:00 Sheep's Head**	9:00 Water Exercise 9:30 Spiro Exercise 10:30 Cooking Club- Creative Cakes 1:00 Movie & Popcorn-Theatre 2:30 Spa Time 3:00 World Wildlife	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Crafts 1:30 Bingo 3:00 Bowling 4:00 In the world of Chicago	9:00 Water Exercise 9:30 Spiro Exercise 1:00 One on Ones 2:00 DYNSEO-Trivia 3:00 Happy Hour	9:30 Resident Choice 10:00 Daily Chronicle 10:30 Stretches 1:00 Hunting Intruders-Game 2:30 What comes next word game
9:30 Resident Choice 10:00 Religion T.V. 11:00 polka polka polka 1:30 What's that sound-Game 3:30 Love for pets	9:00 Water Exercise 9:30 Spiro Exercise 10:00 Daily Chronicle 1:00 Movie & Popcorn-Theatre 2:30 If at first you don't succeed 3:30 DYNSEO 6:00 Sheep's Head**	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Art-Canvas Painting 1:30 Bingo 3:00 Sticky Mitt Ball Toss 4:00 Yahtzee 6:00 Sheep's Head**	9:00 Water Exercise 9:30 Spiro Exercise 10:30 Cooking Club- Fancy Fruit Compote 1:00 Movie & Popcorn-Theatre 2:30 Spa Time 3:00 Life Hacks	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Planting Flowers 1:30 Bingo 3:00 Planting Flowers 4:00 Who is Johnny Appleseed?	9:00 Water Exercise 9:30 Spiro Exercise 1:00 One on Ones 2:00 DYNSEO-Trivia 3:00 Happy Hour	9:30 Resident Choice 10:00 Daily Chronicle 10:30 Stretches 1:00 Life Hacks Recall 2:30 Butterfly bird feeders
9:30 Resident Choice 10:00 Religion T.V. 11:00 polka polka polka 1:30 Cooking Club 2:30 Butterfly bird feeders Daylight Savings Begins	9:00 Water Exercise 9:30 Spiro Exercise 1:00 Movie & Popcorn-Theatre 2:30 Red Hat Ladies-Group 3:30 DYNSEO 6:00 Sheep's Head**	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Art-Celtic 1:30 Bingo 3:00 March Madness 3-point contest 4:00 Yahtzee 6:00 Sheep's Head**	9:00 Water Exercise 9:30 Spiro Exercise 10:30 Cooking Club- Mint Ice cream 1:00 Movie & Popcorn 2:30 Irish Music 4:00 St. Patrick's Day Games St. Patrick's Day	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Crafts 1:30 Bingo 3:00 Corn Hole 4:00 Tales of the Irish	9:00 Water Exercise 9:30 Spiro Exercise 1:00 One on Ones 2:00 DYNSEO-Trivia 3:00 Happy Hour	9:30 Resident Choice 10:00 Daily Chronicle 10:30 Stretches 1:00 The Firsts of Spring 2:30 Spring Cleaning  Spring Begins
9:30 Resident Choice 10:00 Religion T.V. 11:00 polka polka polka 1:30 Smells of spring 2:30 Spring Cleaning	9:00 Water Exercise 9:30 Spiro Exercise 10:00 Daily Chronicle 1:00 Movie & Popcorn-Theatre 3:30 DYNSEO 6:00 Sheep's Head**	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Art-Mythology 1:30 Bingo 3:00 Volley Balloon 4:00 Guess Who 6:00 Sheep's Head**	9:00 Water Exercise 9:30 Spiro Exercise 10:30 Cooking Club- Hot Chocolate Dip 1:00 Movie & Popcorn 2:30 Spa Time 4:00 Family Feud	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Crafts 1:30 Bingo 3:00 Volley Balloon 4:00 Cards	9:00 Water Exercise 9:30 Spiro Exercise 1:00 One on Ones 2:00 DYNSEO-Trivia 3:00 Happy Hour	9:30 Resident Choice 10:00 Daily Chronicle 10:30 Stretches 1:00 Hunting Intruders-Game 2:30 What comes next word game
9:30 Resident Choice 10:00 Religion T.V. 11:00 polka polka polka 1:30 Memory Game 3:30 Whack A Balloon Palm Sunday/Passover	9:00 Water Exercise 9:30 Spiro Exercise 1:00 Movie & Popcorn-Theatre 2:30 Red Hat Ladies-Group 3:30 DYNSEO 6:00 Sheep's Head**	9:30 Spiro Exercise 10:00 Coffee Clutch 10:30 Creative Art-Vacation collage 1:30 Bingo 3:00 Ring Toss 4:00 Virtual Vacation Spots 6:00 Sheep's Head**	9:00 Water Exercise 9:30 Spiro Exercise 10:30 Cooking Club- Garlic Lime Guacamole 1:00 Movie & Popcorn 2:30 Spa Time 4:00 Crayola Coloring Contest			

To Schedule a Resident Visit

Email kimberlyvisits@aspireseior.com

Visits are Tuesday, Thursday, & Sunday 9a-5p, Wednesday 2p-7p

Aspire
Community for Seniors