


# July

## Aspire Senior Living Memory Care Life Enrichment Calendar

**Special Events**  
Window Visits by appointment only Monday-Friday  
Contact Catie at 720-0288 to schedule!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>Celebrating Sports &amp; Athletics</i></p>			1 <b>Morning</b> Sit and Fit-Legs Athlet trivia Favorite sports <b>Afternoon</b> Men's club Magazine Trade	2 <b>Morning</b> Sit and Fit-Strechess Olympics Dynseo <b>Afternoon</b> Outside art <b>Spoons</b>	3 <b>Morning</b> Sit and Fit singing Exercise Bubble Art Name that movie <b>Afternoon</b> <b>Ice Tea and chat</b> Bird watching	4 Fourth of July <b>Morning</b> Dress in Red, White, and Blue Dance and music <b>Afternoon</b> Picnic out side Games out side
		5 <b>Morning</b> <b>Sunday church t.v.</b> One on one quizland <b>Afternoon</b> Sports Trivia-Outside Radio broadcast of sport	6 <b>Morning</b> Sit and Fit Ball Toss What can you do with this game <b>Afternoon</b> Golf put put Build it up Pass the clay	7 <b>Morning</b> Sit and Fit-Arms Hoops Dynseo <b>Afternoon</b> Parachute popcorn Descriptive adjective game Hangman	8 <b>Morning</b> Sit and Fit-Legs Circle kick ball Whats Missing <b>Afternoon</b> Shirley Temple Movie <b>Roaring 20's music</b> Lemonade social	9 <b>Morning</b> Sit and Fit-Strechess Balloon Tennis Dynseo <b>Afternoon</b> Outdoor stories Stepping stone art Yard Dice
12 <b>Morning</b> <b>Sunday church t.v.</b> One on one Dynseo <b>Afternoon</b> Aviation Museum visit	13 <b>Morning</b> Sit and Fit Make homemade popciles <b>Afternoon</b> Spirit Sticks-Art Chair dancing Glitz and Glamor	14 <b>Morning</b> Sit and Fit-Arms Bean Bag Toss Dynseo <b>Afternoon</b> Buttons Buttons Cards Car Lovers	15 <b>Morning</b> Sit and Fit-Legs Football for all Photo Sharing <b>Afternoon</b> Bubbles outside Remember me boxes	16 <b>Morning</b> Sit and Fit-Strechess Wild Game hunt Soap making <b>Afternoon</b> Beachball fun in the sun Lincoln Logs Jacks	17 <b>Morning</b> Sit and Fit Horseshoes Toss Cross <b>Afternoon</b> Wandering Ball <b>Snack and Chat-Patio</b>	18 <b>Morning</b> Resident choice Read in the Garden <b>Afternoon</b> Tea and Chat Traveling reminices
19 <b>Morning</b> <b>Sunday church t.v.</b> One on one Dynseo <b>Afternoon</b> Zoo visit Card Games	20 <b>Morning</b> Sit and Fit Ball Toss What can you do with this game <b>Afternoon</b> Golf put put Build it up Pass the clay	21 <b>Morning</b> Sit and Fit-Arms Hoops Dynseo <b>Afternoon</b> Parachute popcorn Descriptive adjective game Hangman	22 <b>Morning</b> Sit and Fit-Legs Circle kick ball Whats Missing <b>Afternoon</b> Space Jam-movie <b>Roaring 20's music</b> Lemonade social	23 <b>Morning</b> Sit and Fit-Strechess Balloon Tennis Dynseo <b>Afternoon</b> Outdoor stories Stepping stone art Yard Dice	24 <b>Morning</b> Sit and Fit Bowling Name that sound <b>Afternoon</b> <b>Ice cream social</b> For the Birds <b>Drum Circle</b>	25 <b>Morning</b> Daily Chronicle Memory Rings <b>Afternoon</b> Pasta Sulptures Paper spin art
26 <b>Morning</b> <b>Sunday church t.v.</b> One on one Dynseo <b>Afternoon</b> National Park Visit Board Games	27 <b>Morning</b> Sit and Fit Bad mitten <b>Afternoon</b> Outside games Paper airplanes	28 <b>Morning</b> Sit and Fit-Arms Bean Bag Toss Dynseo <b>Afternoon</b> Buttons Buttons Cards Car Lovers	29 <b>Morning</b> Sit and Fit-Legs Simon says Yo yo <b>Afternoon</b> <b>Talents</b> Butterfly art	30 <b>Morning</b> Sit and Fit-Strechess Bottle Toss Dynseo <b>Afternoon</b> Tie Dyeing What doesn't belong	31 <b>Morning</b> Sit and Fit Singing Exercise Whack a balloon <b>Afternoon</b> <b>Party poolside</b>	<b>Happy Birthday</b> Pat K. – 7/01 Christine R. – 7/2 Betty T. – 7/5 Nancy C. – 7/5 Janet V. – 7/8 Sue K. – 7/9 Mike K. -7/15 Tamela P. – 7/18 <b>Happy Hour</b>

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

**Musical Performance**

**Spiritual Service**