



March

Aspire Senior Living Memory Care Life Enrichment Calendar

NOTICE

Due to recent recommendations by the CDC, all activities are subject to change, including cancellation in some cases.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:30 Religious Reading 10:45 Daily Chronicle 1:30 Catch and Toss 3:00 Snack & Chat 5:30 Book on Tape	2 10:15 Ball Exercise 10:45 Daily Chronicle 1:45 Movie 2:30 Beach Ball Game 3:00 Sing-along 6:00 Hand Massages	3 10:00 Whack a Balloon 10:30 On This Day 1:30 Crafting Creations 2:30 Deer Hunting-Lodge 3:00 Music Therapy 6:00 Dynseo	4 9:00 Swimming 10:30 Ball Toss 1:30 Cooks Corner 2:30 Snack & Chat 3:30 Feet to the Fire 6:00 Board Games with St. Paul Families	5 10:00 Ball Exercise 10:30 Catholic Service: St. Paul EA2 1:30 Bat the Balloons 2:30 Dynseo 3:30 Happy Hour 6:00 Snoezelen Room	6 10:15 Whack a Balloon 10:45 Daily Chronicle 1:30 Riddles 2:00 Music by Tj & Lynn (Pub) 3:30 Popcorn Toss 6:00 Ball Bounce	7 10:00 Morning Stretches 10:30 Football 2:00 Did you know? 4:00 Jokes 5:30 Snoezelen Room	
8 Daylight Saving Begins 10:30 Religious Reading 10:45 Daily Chronicle 1:30 Deer Hunting-Lodge 3:00 Snack & Chat 5:30 Book on Tape	9 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Movie 3:00 Sing a long 6:00 Hand Massages	10 10:00 Strong Bodies 10:30 On This Day 1:30 Crafting Creations 2:30 Resident Council Meeting-Pub 3:00 Music Therapy 6:00 Dynseo	11 9:00 Swimming 10:30 Lutheran Service: Mt. Calvary-EC2 1:30 Umbrella Toss 2:30 Hot Potatoes 3:30 Feet to the Fire 6:00 Books on Tape	12 10:00 Ball Exercise 10:30 Music by Francis Rank 1:30 Bat the Balloons 2:30 Dynseo 3:30 Happy Hour with George 6:00 Snoezelen Room	13 10:15 Whack a Balloon 10:45 Daily Chronicle 1:30 Movie 3:30 Corn Hole 6:00 Ball Bounce	14 10:00 Morning Stretches 10:30 Catch and Toss 2:00 Mini Golf 4:00 Fabric Box 5:30 Snoezelen Room	
15 10:30 Religious Reading 10:45 Daily Chronicle 1:30 Fishing-Lodge 3:00 Snack & Chat 5:30 Book on Tape	16 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Movie 2:30 Beach Ball Game 3:00 Sing-along 6:00 Hand Massages	17 St. Patrick's Day 2:00 St. Patrick Day Bingo Party-Pub 6:00 Dynseo	18 9:00 Swimming 10:30 Catholic Service Holy Spirit-Pub 1:30 Cooks Corner 2:30 Remembering the Luck of the Irish 3:30 Feet to the Fire 6:00 Books on Tape	19 10:00 Ball Exercise 10:30 Daily Chronicle 1:30 Bat the Balloons 2:30 Read out Loud 3:30 Happy Hour 6:00 Snoezelen Room	20 10:15 Whack a Balloon 10:45 Daily Chronicle 1:30 Movie 3:30 Popcorn Toss 6:00 Ball Bounce	21 10:00 Morning Stretches 10:30 Tennis 2:00 Snack and Chat 3:45 Doll Therapy 5:30 Snoezelen Room	
22 10:30 Religious Reading 10:45 Daily Chronicle 1:30 Pampering 3:00 Frog Bag Toss 5:30 Book on Tape	23 National Chip & Dip Day 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Movie 3:00 Chip and Dip Tasting-Pub 6:00 Hand Massages	24 10:00 Whack the Balloon 10:30 On This Day 1:30 Crafting Creations 2:30 Glitz & Glamour 3:00 Peaceful walk 6:00 Dynseo	25 9:00 Swimming 10:30 Ball Toss 1:30 Matching Shapes 2:30 Cards 3:30 Feet to the Fire 6:00 Books on Tape	26 1:30 Bat the Balloons 2:30 Mindful Coloring 3:30 Happy Hour with George 6:00 Snoezelen Room	27 10:15 Whack a Balloon 10:45 Daily Chronicle 1:30 Movie 3:30 Doll Therapy 6:00 Ball Bounce	28 10:00 Morning Stretches 10:30 Beach Volleyball 2:00 Snack and Chat 3:45 Doll Therapy 5:30 Snoezelen Room	
29 10:30 Religious Reading 10:45 Daily Chronicle 1:30 Pampering 3:30 Corn Hole 5:30 Book on Tape	30 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Crafting Creations 2:30 Beach Ball Game 3:00 Picture Puzzles 6:00 Hand Massages	31 10:00 Whack a Balloon 10:30 On This Day 1:30 Cooking Club 2:30 Snack & Chat 3:00 Walk the L 6:00 Dynseo			<p style="text-align: center;">Celebrating Health & Fitness</p>		<p style="text-align: center;">Happy Birthday</p> <p>Robert P. – 3/3 Dorothy K. – 3/22 RuthAnn P. – 3/4 Bob W. – 3/27 Mary W. – 3/10 Joan S. – 3/29</p> 

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Performance Happy Hour
Spiritual Service