

# Attention

## Independent Residents

All activities have been suspended for the time being to **ensure social distancing.**

**Need an activity to do on your own? Why not:**

Meditate with a YouTube video • Stream TV, movies and music • Write letters to loved ones • Rent an ebook • Go online for virtual tours of famous sites (like Yosemite and the Louvre) and live video feeds from zoos and aquariums • Keep moving with online fitness videos

*Thank you for your understanding!*



**HSL**

*Independent  
Assisted Living  
Memory Care*