



# February

## Aspire Senior Living Memory Care Life Enrichment Calendar

### Special Events

Educational Presentation February 4 at 10:30 a.m. (Pub)  
Valentine's Family Social February 15 at 2 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	 <h1 style="font-size: 2em;">I Heart Wisconsin</h1>				 <h2 style="font-size: 1.5em;">Happy Birthday</h2>		1
				<p>Teresa W. – 2/10 Janice S. – 2/10 Ethel D. – 2/11</p>	<p>Mary S. – 2/13 John O. – 2/13 Patty S. – 2/13</p>	<p>Joyce D. – 2/22 Shirley H. – 2/24 Emily B. – 2/27</p>	<p>10:00 Morning Stretches 10:15 Ball Toss 2:00 Dynseo 5:30 Snoezelen Room</p>
<p>2 10:30 Religious Reading 10:45 Daily Chronicle 2:30 Dynseo 3:30 One-on-One 5:30 Super Bowl Party</p>	<p>3 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Crafting Creations 2:00 Super Bowl Reminiscing 2:30 Beach Ball Game 3:00 Walk the Square 6:00 Hand massages</p>	<p>4 10:00 Whack a Balloon 10:30 On This Day 10:30 Edu Speaker: Tim Riley-Pub 1:30 Cooking Club 2:00 Jokes 2:30 Heart Toss 3:00 I Spy hearts 6:00 Dynseo</p>	<p>5 Chocolate Fondue Day 10:00 Chocolate Fondue party 1:30 Memory 2:00 Music by Fernando-Pub 3:30 Fleet to the Fire 6:00 Beach Ball</p>	<p>6 10:00 Ball Exercise 10:30 Catholic Service: St. Paul EA2 1:30 Bat the Balloons 2:00 Who am I? 2:30 Bowling 3:30 Happy Hour with George 6:00 Snoezelen Room</p>	<p>7 10:15 Whack a Balloon 10:45 Daily Chronicle 1:30 Riddles 2:00 Music by Tj &amp; Lynn (Pub) 3:30 Popcorn Toss 6:00 Ball Bounce</p>	<p>8 10:00 Morning Stretches 10:15 Ball Toss 2:00 Riddles 5:30 Snoezelen Room</p>	
<p>9 10:30 Religious Reading 10:45 Daily Chronicle 2:30 Hot Cocoa Social 3:30 One-on-One 5:30 Book on Tape</p>	<p>10 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Crafting Creations 2:00 Riddles 2:30 Catch and Toss game 3:00 Walk the Square 6:00 Hand Massages</p>	<p>11 9:30 Active Games with Sunrise 10:30 Daily Chronicle 1:30 Cooking Club 2:00 About Me 2:30 Puzzles 3:00 Hot Potato 3:30 I Spy 6:00 Dynseo</p>	<p>12 10:00 Ball Exercise 10:30 Lutheran Service: MT. Calvary-EA2 1:30 Bat the Balloon 2:00 Snack and Chat 2:30 Racquetball 3:00 Walking Club 3:30 Fleet to the Fire 6:00 Beach Ball</p>	<p>13 Self-Love Day 10:00 What do you Love? 1:30 Spa Treatments 2:30 Scarf Toss 3:00 Sing a long 3:30 Happy Hour 6:00 Snoezelen Room</p>	<p>14 Valentine's Day 10:15 Whack a Balloon 10:45 Daily Chronicles 1:30 Valentines 2:00 Sweetheart Memory 2:30 Catch the Heart 3:00 I Spy Hearts 6:00 Ball Bounce</p>	<p>15 10:00 Morning Stretches 10:15 Football 2:00 Valentine's Party with Music by Don and Patty 5:30 Hand massages</p>	
<p>16 10:30 Religious Reading 10:45 Daily Chronicle 2:30 Whack a Balloon 3:30 Pampering 5:30 Snoezelen Room</p>	<p>17 Animal Day 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Crafting Creations 2:00 Pet Visit 3:00 Walk the Square 6:00 Hand Massages</p>	<p>18 10:00 Whack a Balloon 10:30 Daily Chronicle 1:30 Cooking Club 2:00 Mindful Coloring 2:30 Tennis 3:00 Mini Golf 3:30 I Spy Beads</p>	<p>19 10:00 Ball Exercise 10:30 Catholic Service: Holy Spirt 1:30 Gold Fish 2:00 Fishing Game 2:30 Umbrella Toss 3:00 Walking Club 3:30 Fleet to the Fire 6:00 Beach Ball</p>	<p>20 10:00 Ball Exercise 1:30 Matching Shapes 2:00 Cards 2:30 Beach Volleyball 3:00 Create Life Poster 3:30 Happy Hour with George 6:00 Dynseo</p>	<p>21 10:15 Whack a balloon 10:45 Daily Chronicles 1:30 Fabric Box 2:00 Riddles 2:30 Frog Bag Toss 3:00 Music by Jan &amp; Fran (Pub)</p>	<p>22 10:00 Safari Scavenger hunt 10:30 Safari Memory 2:00 Ball Toss 5:30 Book on Tape</p>	
<p>23 10:30 Religious Reading 10:45 Daily Chronicle 2:30 Hot Cocoa Social 3:30 Hunting Game 5:30 Snoezelen Room</p>	<p>24 10:15 Ball Exercise 10:45 Daily Chronicle 1:30 Crafting Creations 2:00 Doll Therapy 2:30 Kickball 3:00 Peaceful walk 6:00 Hand Massages</p>	<p>25 10:00 Ball exercise 10:30 Daily Chronicle 1:30 Read out aloud 3:00 Mardi Gras Party 6:00 Snoezelen Room</p>	<p>26 10:00 Whack a Balloon 10:30 Daily Chronicle 1:30 Cooking Club 2:00 Work on life Poster 2:30 Tennis 3:00 Walking Club 3:30 Fleet to the fire 6:00 Beach Ball</p>	<p>27 10:00 Scenic Drive to A&amp;W 1:30 Sort by color with Golf Balls 2:00 Trivia 2:30 Get to know you Ball 3:00 Who am I? 3:30 Happy Hour 6:00 Dynseo</p>	<p>28 10:15 Ball Exercise 10:45 Daily Chronicles 1:30 Jokes 2:00 Golfing 2:30 Picture Puzzles 3:00 I spy frogs 6:00 Ball Bounce</p>	<p>29 10:00 Morning Stretches 10:15 Racquetball 2:00 Picture Books 5:30 Snoezelen Room</p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Performance    Happy Hour  
Spiritual Service        Outings