


January

Aspire Senior Living Memory Care Life Enrichment Calendar

Water Aerobics
Every Monday, Wednesday and Friday at 9 a.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<h3>Celebrating Wisconsin's Winter Wonderland</h3>				
		<p>New Year's Day 1</p> <p>9:30 Keepin' Fit 1:00 Yahtzee 3:00 Holiday memory</p>	<p>National Cream Puff Day 2</p> <p>9:15 Keepin'Fit 10:30 Catholic Service: St Paul-EA2 1:30 Bingo 3:00 Outing-Kohls 3:30 Happy Hour/Cream Puff Social 6:15 Hand massages</p>	<p>3</p> <p>10:15 Daily Chronicles 1:30 Pampering 2:00 Snow Bowl</p>	<p>4</p> <p>National Trivia Day 10:30 Morning Stretches 1:45 One-on-Ones 2:30 Trivia 5:30 Snoezelen Room</p>	
<p>5</p> <p>10:15 Religious reading 11:00 Daily Chronicle 2:30 Hot Cocoa Social 3:30 One-on-Ones 5:30 Snoezelen Room</p>	<p>6</p> <p>10:15 Keeping It Fit 1:40 Pampering 2:00 Music by Tj & Lynn-Pub 3:30 Glitz & Glamour 6:00 Dynseo</p>	<p>7</p> <p>9:15 Keepin' Fit 10:00 Crafting Creations 1:30 Bingo 3:00 Name that Rhyme 6:00 Dyneso</p>	<p>8</p> <p>9:30 Keepin' Fit 10:30 Lutheran Service: Mt. Calvary Church (EA2) 1:30 Outing – Walmart 1:30 Snowball Toss 3:30 Feet to the Fire-Pub</p>	<p>9</p> <p>9:15 Keepin' Fit 10:00 Scenic Ride-Outing 1:30 Bingo 3:30 Happy Hour 6:15 Dyseno</p>	<p>10</p> <p>10:15 Daily Chronicles 1:30 One-on-Ones 2:30 Music by Donny & Patty-Pub</p>	<p>11</p> <p>10:30 Morning Stretches 1:45 Pampering 2:30 Mini Golfing 5:30 Book on Tape</p>
<p>12</p> <p>10:15 Religious reading 11:00 Daily Chronicle 2:30 Hot Cocoa Social 3:30 Pampering 5:30 Book on Tape</p>	<p>13</p> <p>10:15 Keepin' Fit 1:30 Winter Wonderland movie 3:30 Yahtzee 6:00 Dyneso</p>	<p>14</p> <p>9:15 Keepin' Fit 10:00 Crafting Creations 1:30 Bingo 3:00 Sing a Long 6:00 Dyneso</p>	<p>15</p> <p>9:30 Keepin' Fit 10:00 Ball Toss 1:30 Outing-Pick N Save 1:30 Snowman Bowling 3:30 Feet to the Fire-Pub 6:15 Beach ball</p>	<p>16</p> <p>9:15 Keepin'Fit 10:00 Cooks Corner 1:30 Bingo 3:30 Happy Hour 6:15 Hand massages</p>	<p>17</p> <p>10:15 Daily Chronicles 1:30 Pampering 2:00 Movie</p>	<p>18</p> <p>10:30 Morning Stretches 1:45 One-on-Ones 2:30 Fishing Game 5:30 Snoezelen Room</p>
<p>19</p> <p>10:15 Religious reading 11:00 Daily Chronicle 2:30 Hot Cocoa Social 3:30 One-on-Ones 5:30 Snoezelen Room</p>	<p>20</p> <p>10:15 Keepin' Fit 1:40 One on one 3:30 Basketball 6:00 Dynseo</p>	<p>21</p> <p>9:15 Keepin' Fit 10:00 Gingerbread Houses-EA2 1:30 Bingo 3:00 Crafting Creations 6:00 Dyneso</p>	<p>22</p> <p>9:30 Keepin' Fit 10:30 Catholic Service: Holy Spirit-Pub 1:30 Outing-Festival 1:30 Baseball 3:30 Feet to the Fire-Pub 6:00 Board Games with St. Paul's</p>	<p>23</p> <p>9:15 Keepin' Fit 10:00 Good Shepard Church Service-EA2 1:30 Bingo 3:00 Outing Target 3:30 Happy Hour 6:15 Snoezelen Room</p>	<p>24</p> <p>10:15 Daily Chronicles 1:30 One-on-Ones 2:00 Movie</p>	<p>25</p> <p>10:30 Morning stretches 1:45 Pampering 2:30 Bean Bag Toss 5:30 Book on Tape</p>
<p>26</p> <p>10:15 Religious reading 11:00 Daily Chronicle 2:30 Hot Cocoa Social 3:30 Pampering 5:30 Book on Tape</p>	<p>27</p> <p>10:15 Keepin' Fit 1:40 Pampering 3:30 Toss and catch ball game 6:00 Dynseo</p>	<p>28</p> <p>9:15 Keepin' Fit 10:00 Crafting Creations 1:30 Bingo 3:00 Parachute 6:00 Hand massages</p>	<p>29</p> <p>9:30 Keepin' Fit 10:00 Volley Ball 1:30 Outing-Walmart 1:30 Cooks Corner 3:30 Feet to the Fire-Pub 6:15 Snoezelen Room</p>	<p>30</p> <p>9:15 Keepin'Fit 10:30 Music by Francis Rank 2:00 Snow Flake Scavenger Hunt 3:30 Birthday Happy Hour 6:15 Dyneso</p>	<p>31</p> <p>10:15 Daily Chronicles 1:30 Pampering 2:00 Hot Potato</p>	<p>Happy Birthday</p> <p>Beverly K. 1/02 Donna R. 1/13 Theresa S. 1/07 Ed R. 1/16 Rojean D. 1/07 Darlene L. 1/17 Margaret H. 1/08 Janice M. 1/24 Kate S. 1/11 Carole K. 1/28 Mary Ann S. 1/13 Ken S. 1/29 Doris J. 1/13 Ellen M. 1/29</p>

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Happy Hour
Outing Celebrate Wisconsin