



# August

## Aspire Senior Living Independent Living Life Enrichment Calendar

**Recurring Activities**  
Morning Mingle Weekdays at 10 a.m. (AC2)  
Ice Cream or Popsicle Social Saturdays at 3 p.m. (Patio)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Celebrating WI Fairs &amp; Festivals</b>	<b>Happy Birthday</b>  Edward B. – 8/8 Dolores T. – 8/13 Marian A. – 8/15 Marjorie N. – 8/16  Mary Ann S. – 8/20 Doris W. – 8/22 Ramona V. -8/26 Lyle F.-8/30		1 9:15 Keepin' Fit w/Sarah-EA2 10:30 Catholic Services-EA2 10:30 Dynseo-Trivia w/Catie-Pub 1:30 Bingo-Pub 3:00 Crafting Creations-EA2 5:00 Walking Club**	2 International Beer Day 9:00 Water Aerobics w/Catie 9:00 Stretches w/Erin EA2 10:30 Dynseo-Trivia w/Catie-Pub 1:30 New Release Movie 2:00 Glitz and Glamor-EA2 3:30 International Beer- Happy Hour-pub	3 10:30 Chair Yoga-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Ice Cream Social-Pub
4 9:30 Religious Reading/Song-EA2 10:30 Balloon Batting-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Lemonade Social and Reminisce-Patio	5 9:00 Water Aerobics w/Erin 10:00 Stretches w/Erin-EA2 10:30 Dynseo-Trivia w/Catie-Pub 1:30 New Release Movie 6:00 Sheepshead-pub**	6 9:30 Keepin' Fit w/Sarah-EA2 10:30 Cooking Club-EA2 10:30 Dynseo-Trivia w/Catie-Pub 1:30 Bingo-Pub 2:00 Blood Pressure Clinic 3:00 Outside Festival games 6:00 Sheepshead-pub**	7 9:00 Water Aerobics w/Sarah 10:00 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Outing-Walmart w/Sarah 1:30 Dominos**-Pub	8 9:30 Keepin' Fit w/Sarah-EA2 10:00 Shepherd's Care-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Bingo-Pub 3:00 Music by After Glow-Pub 5:00 Walking Club**	9 Elvis Day 9:00 Water Aerobics w/Catie 9:00 Stretches w/Sarah-EA2 10:30 Dynseo-Trivia w/Catie-Pub 11:30 Outing-Funset food- games 1:30 Musical Movie 2:00 Glitz and Glamor-EA2 3:30 Luau Happy Hour-pub	10 10:30 Chair Yoga-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Popsicle Social-Pub
11 9:30 Religious Reading/Song-EA2 10:30 Basket basketball-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Lemonade Social and Reminisce-Patio	12 9:00 Water Aerobics w/Sarah 10:00 Stretches w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Comedy Movie 6:00 Sheepshead-pub**	13 9:30 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-pub 1:30 Bingo-Pub 3:00 Walk around the pond 6:00 Sheepshead-pub**	14 9:00 Water Aerobics w/Erin 9:30 Keepin' Fit w/Sarah-EA2 10:30 Lutheran Services -EA2 10:30 Catholic Services-Pub 1:30 Outing-Festival w/Erin 1:30 Dominos**-Pub 2:00 Book Club-IL Act room 3:30 Feet and Fire-Pub	15 9:30 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah 1:30 Bingo-Pub 3:00 Crafting Creations-EA2 3:30 Outside Bowling 5:00 Walking Club**	16 9:00 Water Aerobics w/Erin 10:00 Stretches w/Erin-EA2 10:30 Dynseo-Trivia w/Erin-Pub 1:00 Comedy Movie 3:00 Happy hour w/music by Fran and Joann	17 10:30 Chair Yoga-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Ice Cream Social-Pub
18 9:30 Religious Reading/Song-EA2 10:30 Ball Tennis-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Lemonade Social and Reminisce-Patio	19 9:00 Water Aerobics w/Erin 10:00 Stretches w/Erin-EA2 10:30 Dynseo-Trivia w/Erin-Pub 1:30 Western Movie 6:00 Sheepshead-pub**	20 9:30 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Bingo-Pub 3:00 Outside Festival Games 6:00 Sheepshead-pub**	21 9:00 Water Aerobics w/Erin 9:30 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Outing-Pick N save w/Erin 1:30 Dominos**-Pub 2:00 Lutheran Services- EA2 3:30 Feet and Fire-Pub	22 9:30 Keepin' Fit w/Sarah-EA2 10:00 Shepherd's Care-EA2 10:30 Dynseo-Trivia w/Sarah 12:00 Theme Meal 1:30 Bingo-Pub 3:00 Crafting Creations-EA2 3:30 Golf Putting outside 5:00 Walking Club**	23 9:00 Water Aerobics w/Sarah 10:00 Stretches w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Western Movie 1:45 Glitz and Glamor-EA2 3:30 Happy Hour-pub	24 10:30 Chair Yoga-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Popsicle Social-Pub
25 9:30 Religious Reading/Song-EA2 10:30 Golf Putting-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Lemonade Social and Reminisce-Patio	26 9:00 Water Aerobics w/Sarah 10:00 Stretches w/Sarah-EA2 10:30 Dynseo-Trivia w/Catie-Pub 1:30 Adventure Movie 6:00 Sheepshead-pub**	27 9:15 Flowers and Farms Outing 9:30 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Sarah-Pub 1:30 Bingo-Pub 3:00 Walk around the pond 6:00 Sheepshead-pub**	28 9:00 Water Aerobics w/Catie 9:30 Keepin' Fit w/Sarah-EA2 10:30 Dynseo-Trivia w/Catie-Pub 1:30 Outing-Walmart w/Catie 3:30 Feet and Fire-Pub	29 9:30 Keepin' Fit w/Sarah-EA2 10:30 Outing-Casino 10:30 Dynseo-Trivia w/Catie-Pub 1:30 Bingo-Pub 3:00 Crafting Creations-EA2 3:30 Corn Hole outside 5:00 Walking Club**	30 9:00 Water Aerobics w/Catie 9:00 Stretches w/Erin-EA2 10:30 Dynseo-Trivia w/Catie-Pub 2:00 Music by Jeff G.-Pub 3:30 Birthday Happy Hour	31 10:30 Chair Yoga-EA2 1:30 Games-EA2 3:00 Dynseo-Trivia-Pub 3:30 Ice Cream Social-Pub

\*All activities are subject to change when necessary. \*\*Resident-led activity.  
Residents' families are invited to participate in community events.

Musical Activity   Social Event   Outings  
Celebrate Wisconsin   Active Games