


Marc

Aspire Senior Living Memory Care Life Enrichment Calendar

Recurring Activities

Keepin' Fit Daily at 9 a.m.
Morning Mingle Daily at 9:30a.m.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|--|--|---|--|---|---|
|  | | <h1>Wisconsin Health & Fitness</h1> | | <h2>Happy Birthday</h2>  <p>Mary W. – 3/10 Bob W. – 3/27 Pauline E. – 3/20 Joan S. – 3/29</p> | | <p>10:00 Glitz and Glamor 1:30 Afternoon Stretches 2:30 Table Shading 4:00 Happy Hour-Pub 6:00 Movie and popcorn</p> | <p>10:00 Current events 10:30 Chair Yoga 10:30 Morning Walking club 1:30 Games 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Games</p> |
| <p>10:00 Sunday Mass on TV 10:30 Current events 1:30 Afternoon Walking club 2:00 Card Games 2:30 Ring Toss 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Golf</p> | <p>10:00 Bible Study 10:30 Riddles and Laughter 1:30 Bingo 2:45 Dynseo/Trivia 3:45 One on Ones 5:30 Paint and Sip-Pub 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:40 Afternoon Walking Club 2:30 Crafting Creations 3:30 Cooking Club 5:30 Movie</p> | <p>10:00 Wii Bowling 10:30 Fact or Crap game 1:20 Documentary-SR 1:30 Afternoon Stretches 2:00 Cards and Chat 3:15 Heritage Hounds 6:00 Easy Listening to 30's</p> | <p>10:00 Outing-Movie 10:00 Brain Builders 10:30 I spy 1:30 Bingo 2:50 Dynseo 3:45 One on one with residents 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:30 Afternoon Stretches 2:30 Table Shading 4:00 Happy Hour-Pub 6:00 Movie and popcorn</p> | <p>10:30 Chair Yoga 10:30 Morning Walking club 1:30 Games 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Games</p> | |
| <p>10:00 Sunday Mass on TV 10:30 Current events 1:30 Afternoon Walking club 2:00 Card Games 2:30 Parachute 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Golf</p> | <p>10:00 Bible Study 10:00 Brain Teaser 1:30 Bingo 2:45 Dynseo/Trivia 3:45 One on ones 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:40 Afternoon Walking Club 2:30 Crafting Creations 3:30 Cooking Club 5:30 Movie</p> | <p>10:00 Mt. Calvary Service 10:30 Strength and Resistance 1:20 Documentary-SR 1:30 Afternoon Stretches 2:00 Book Club 3:15 Heritage Hounds 6:00 Easy Listening to 40's</p> | <p>10:00 Brain Builders 10:30 I spy 1:30 Bingo 2:50 Dynseo 3:45 One on one with residents 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:30 Afternoon Stretches 2:30 Table Shading 4:00 Happy Hour-Pub 6:00 Movie and popcorn</p> | <p>10:30 Chair Yoga 10:30 Morning Walking club 1:30 Games 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Games</p> | |
| <p>10:00 Sunday Mass on TV 10:30 Current events 12:00 Themed Meal 1:30 Afternoon Walking club 2:00 Card Games 2:30 Ring Toss 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Golf</p> | <p>10:00 Bible Study 10:30 Riddles and Laughter 1:30 Bingo 2:45 Dynseo/Trivia 3:45 One on Ones 6:00 Sensory group in Snoezelen</p> | <p>10:30 Glitz and Glamor 11:30 Outing-Pizza Club 1:40 Afternoon Walking Club 2:30 Crafting Creations 3:30 Cooking Club 5:30 Movie</p> | <p>10:00 Wii Bowling 10:30 Catholic Mass: Holy Spirit-Pub 2:00 Cards and Chat 3:15 Heritage Hounds 6:00 Easy Listening to 50's</p> | <p>10:00 Brain Builders 10:30 I spy 1:30 Bingo 2:50 Dynseo 3:45 One on one with residents 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:30 Afternoon Stretches 2:30 Table Shading 4:00 Happy Hour-Pub 6:00 Movie and popcorn</p> | <p>10:30 Chair Yoga 10:30 Morning Walking club 1:30 Games 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Games</p> | |
| <p>10:00 Mass on TV 10:30 Current events 1:30 Walking club 2:00 Cards 2:30 Parachute 3:00 Reminisce 5:30 Wii Golf</p> | <p>10:00 Bible Study 10:00 Brain Teaser 1:30 Bingo 2:45 Dynseo/Trivia 3:45 One on ones 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:40 Afternoon Walking Club 2:30 Crafting Creations 3:30 Cooking Club 5:30 Movie</p> | <p>10:00 Line Dancing 10:30 Fact or Crap game 1:20 Documentary-SR 1:30 Afternoon Stretches 2:00 Cards and Chat 3:15 Heritage Hounds 6:00 Easy Listening to 60's</p> | <p>10:00 Brain Builders 10:30 I spy 1:30 Bingo 2:50 Dynseo 3:45 One on one with residents 6:00 Sensory group in Snoezelen</p> | <p>10:00 Glitz and Glamor 1:30 Afternoon Stretches 2:30 Table Shading 4:00 Birthday Happy Hour-Pub 6:00 Movie and popcorn</p> | <p>10:30 Chair Yoga 10:30 Morning Walking club 1:30 Games 3:00 Hot Cocoa Reminisce-SR 5:30 Wii Games</p> | |
| <p>10:00 Mass on TV 10:30 Current events 1:30 Walking club 2:00 Cards 2:30 Parachute 3:00 Reminisce 5:30 Wii Golf</p> | | | | | | | |

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Outing Musical Activity Happy Hour
Celebrate Wisconsin Exercise