

March

Aspire Senior Living Independent Life Enrichment Calendar

Recurring Activities
Keepin' Fit Daily at 9 a.m. (EA2)
Morning Mingle Daily at 10 a.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h3>Wisconsin Health & Fitness</h3>		<h3>Happy Birthday</h3>  <p>Mary W. – 3/10 Bob W. – 3/27 Pauline E. – 3/20 Joan S. – 3/29</p>		<p>10:00 Glitz and Glamor-EA2 1:30 Movie 1:40 Afternoon Stretches-EA2 2:30 Table Shading-EA2 4:00 Happy Hour-Pub</p>	<p>10:00 Current events-EA2 10:30 Chair Yoga-EA2 10:30 Morning Walking club-L 1:30 Games-EA2 3:00 Hot Cocoa Reminisce -Pub</p>
<p>10:00 Sunday Mass on TV-EA2 10:30 Current events-EA2 1:30 Afternoon Walking club-L 1:30 Card Games-EA2** 3:00 Hot Cocoa Reminisce -Pub</p>	<p>9:00 Water Aerobics 10:00 Bible Study-EA2 1:15 Outing-Festival 1:30 Bingo-Pub 2:45 Dynseo/Trivia-Pub 3:30 Crafts** 3:30 Bridge** 5:30 Paint and Sip-Pub 6:00 Sheepshead**</p>	<p>1:30 Movie 1:40 Afternoon Walking Club-L 2:00 Blood Pressure Clinic 2:30 Crafting Creations -EA2 3:30 Cooking Club-EA2 6:00 Sheepshead**</p>	<p>10:30 Fact or Crap game-EA2 1:20 Documentary-SR 1:30 Afternoon Stretches-EA2 2:00 Cards and Chat-EA2 2:00 Dominos** 3:15 Heritage Hounds-EA2</p>	<p>10:00 Outing-Movie 10:00 Brain Builders-EA2 10:30 Catholic Mass: St. Paul's Parish-Pub 1:30 Bingo-Pub 2:50 Dynseo/Trivia-Pub</p>	<p>1:30 Movie 1:40 Afternoon Stretches-EA2 2:30 Table Shading-EA2 4:00 Happy Hour-Pub</p>	<p>10:00 Current events-EA2 10:30 Chair Yoga-EA2 10:30 Morning Walking club-L 1:30 Games-EA2 3:00 Hot Cocoa Reminisce -Pub</p>	
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<p>10:00 Sunday Mass on TV-EA2 10:30 Current events-EA2 12:00 Themed Meal 1:30 Afternoon Walking club-L 1:30 Card Games-EA2** 3:00 Hot Cocoa Reminisce -Pub</p>	<p>9:00 Water Aerobics 10:00 Bible Study-EA2 1:15 Outing-Festival 1:30 Bingo-Pub 2:45 Dynseo/Trivia-Pub 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead**</p>	<p>11:30 Outing-Pizza Club 1:30 Movie 1:40 Afternoon Walking Club-L 2:30 Crafting Creations-EA2 3:30 Cooking Club-EA2 6:00 Sheepshead**</p>	<p>10:30 Catholic Mass: Holy Spirit-Pub 2:00 Lutheran Service: Faith Lutheran Church-Pub 2:00 Dominos** 3:15 Heritage Hounds-EA2</p>	<p>10:00 Brain Builders-EA2 10:30 Happiness game-EA2 1:30 Bingo 2:50 Dynseo/Trivia-Pub</p>	<p>10:00 Glitz and Glamor-EA2 1:30 Movie 1:40 Afternoon Stretches-EA2 2:30 Table Shading-EA2 4:00 Happy Hour-Pub</p>	<p>10:00 Current events-EA2 10:30 Chair Yoga-EA2 10:30 Morning Walking club-L 1:30 Games-EA2 3:00 Hot Cocoa Reminisce -Pub</p>	
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*All activities are subject to change when necessary **Resident-led activities
Residents' families are invited to participate in community events.

Outing Happy Hour
Celebrate Wisconsin Exercise