

# March

## Aspire Senior Living Enhanced Care Life Enrichment Calendar

**Recurring Activities**  
Keepin' Fit Daily at 9 a.m. (EA2)  
Morning Mingle Daily at 9:30a.m. (EA2)

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |  |
|--|--|---|---|--|---|---|--|
|   |  | <h3>Wisconsin<br/>Health &amp; Fitness</h3>   |   | <h3>Happy Birthday</h3>  <p>Mary W. – 3/10      Bob W. – 3/27<br/>Pauline E. – 3/20      Joan S. – 3/29</p>   |   | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie-<br/><b>1:40</b> Afternoon Stretches-EA2<br/><b>2:30</b> Table Shading-EA2<br/><b>4:00</b> Happy Hour-Pub<br/><b>6:00</b> Easy Listening to 30's</p>   | <p><b>10:00</b> Current events-EA2<br/><b>10:30</b> Chair Yoga-EA2<br/><b>10:30</b> Morning Walking club-L<br/><b>1:30</b> Games-EA2<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Scattagories-EA2</p> |
| <p><b>10:00</b> Sunday Mass on TV-EA2<br/><b>10:30</b> Current events-EA2<br/><b>1:30</b> Afternoon Walking club-L<br/><b>1:30</b> Card Games-EA2**<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Dominos-EA2</p>                             | <p><b>10:00</b> Bible Study-EA2<br/><b>10:00</b> Riddles and Laughter-SR<br/><b>1:15</b> Outing-Festival<br/><b>1:30</b> Bingo-Pub<br/><b>2:45</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on Ones<br/><b>5:30</b> Paint and Sip-Pub</p> | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Walking Club-L<br/><b>2:30</b> Crafting Creations -EA2<br/><b>3:30</b> Cooking Club-EA2<br/><b>6:00</b> Tuesday Time Travel-SR</p>                                   | <p><b>10:00</b> Wheel of fortune<br/><b>10:30</b> Fact or Crap game-EA2<br/><b>1:20</b> Documentary-SR<br/><b>1:30</b> Afternoon Stretches-EA2<br/><b>2:00</b> Cards and Chat-EA2<br/><b>3:15</b> Heritage Hounds-EA2<br/><b>6:00</b> What if game-EA2</p>                                      | <p><b>10:00</b> Outing-Movie<br/><b>10:00</b> Brain Builders-EA2<br/><b>10:30</b> Catholic Mass: St. Paul's Parish-Pub<br/><b>1:30</b> Bingo-Pub<br/><b>2:50</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on one with residents<br/><b>6:00</b> Hand Massages-EA2</p> | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Stretches-EA2<br/><b>2:30</b> Table Shading-EA2<br/><b>4:00</b> Happy Hour-Pub<br/><b>6:00</b> Easy Listening to 40's</p>          | <p><b>9:00</b> Current events-EA2<br/><b>10:30</b> Chair Yoga-EA2<br/><b>10:30</b> Morning Walking club-L<br/><b>1:30</b> Games-EA2<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Scattagories-EA2</p> |  |
| <p><b>10:00</b> Sunday Mass on TV-EA2<br/><b>10:30</b> Current events-EA2<br/><b>1:30</b> Afternoon Walking club-L<br/><b>1:30</b> Card Games-EA2**<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Dominos-EA2</p>                             | <p><b>10:00</b> Bible Study-EA2<br/><b>10:00</b> Brain Teaser-SR<br/><b>1:15</b> Outing-Walmart<br/><b>1:30</b> Bingo-Pub<br/><b>2:45</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on ones<br/><b>6:00</b> Hand Massages-EA2</p>          | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Walking Club-L<br/><b>2:30</b> Crafting Creations-EA2<br/><b>3:30</b> Cooking Club-EA2<br/><b>6:00</b> Tuesday Time Travel-SR</p>                                    | <p><b>10:30</b> Strength &amp; Resistance-EA2<br/><b>10:30</b> Lutheran Service: Mt. Calvary-Pub<br/><b>1:20</b> Documentary-SR<br/><b>1:30</b> Afternoon Stretches-EA2<br/><b>2:00</b> Book Club-IL Act room<br/><b>3:15</b> Heritage Hounds-EA2<br/><b>6:00</b> What if game-EA2</p>          | <p><b>10:00</b> Shepherd's Care-EA2<br/><b>10:00</b> Brain Builders-SR<br/><b>10:30</b> Feelings game-SR<br/><b>1:30</b> Bingo-Pub<br/><b>2:50</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on one with residents<br/><b>6:00</b> Hand Massages-EA2</p>               | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Stretches-EA2<br/><b>2:30</b> Table Shading-EA2<br/><b>4:00</b> Happy Hour-Pub<br/><b>6:00</b> Easy Listening to 50's</p>          | <p><b>9:00</b> Current events-EA2<br/><b>10:30</b> Morning Walking club-L<br/><b>10:30</b> Chair Yoga-EA2<br/><b>1:30</b> Games-EA2<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Scattagories-EA2</p> |  |
| <p><b>10:00</b> Sunday Mass on TV-EA2<br/><b>10:30</b> Current events-EA2<br/><b>11:30</b> Themed Meal<br/><b>1:30</b> Afternoon Walking club-L<br/><b>1:30</b> Card Games-EA2**<br/><b>3:00</b> Hot Cocoa Reminisce-Pub<br/><b>6:00</b> Dominos-EA2</p> | <p><b>10:00</b> Bible Study-EA2<br/><b>10:00</b> Riddles and Laughter<br/><b>1:15</b> Outing-Pick N Save<br/><b>1:30</b> Bingo-Pub<br/><b>2:45</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on ones<br/><b>6:00</b> Hand Massages-EA2</p> | <p><b>10:30</b> Glitz and Glamor-EA2<br/><b>11:30</b> Outing-Pizza Club<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Walking Club-L<br/><b>2:30</b> Crafting Creations-EA2<br/><b>3:30</b> Cooking Club-EA2<br/><b>6:00</b> Tuesday Time Travel-SR</p> | <p><b>10:00</b> Wheel of fortune<br/><b>10:30</b> Catholic Mass: Holy Spirit-Pub<br/><b>2:00</b> Lutheran Service: Faith Lutheran Church-Pub<br/><b>3:15</b> Heritage Hounds-EA2<br/><b>6:00</b> What if game-EA2</p>   | <p><b>10:00</b> Brain Builders-EA2<br/><b>10:30</b> Happiness game-EA2<br/><b>1:30</b> Bingo<br/><b>2:50</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on one with residents<br/><b>6:00</b> Hand Massages-EA2</p>   | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Stretches-EA2<br/><b>2:30</b> Table Shading-EA2<br/><b>4:00</b> Birthday Happy Hour-Pub<br/><b>6:00</b> Easy Listening to 60's</p> | <p><b>9:00</b> Current events-EA2<br/><b>10:30</b> Chair Yoga-EA2<br/><b>10:30</b> Morning Walking club-L<br/><b>1:30</b> Games-EA2<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Scattagories-EA2</p> |  |
| <p><b>10:00</b> Mass on TV<br/><b>10:30</b> Current events-EA2<br/><b>1:30</b> Walking Club<br/><b>1:30</b> Cards<br/><b>3:00</b> Reminisce   <b>6:00</b> Dominos</p>  | <p><b>10:00</b> Bible Study-EA2<br/><b>10:00</b> Brain Teasers<br/><b>1:15</b> Outing-Walmart<br/><b>1:30</b> Bingo-Pub<br/><b>2:45</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on ones<br/><b>6:00</b> Hand Massages-EA2</p>            | <p><b>10:30</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Walking Club-L<br/><b>2:30</b> Crafting Creations-EA2<br/><b>3:30</b> Cooking Club-EA2<br/><b>6:00</b> Tuesday Time Travel-SR</p>                                    | <p><b>9:30</b> Outing-Oneida Casino<br/><b>10:00</b> Line Dancing-EA2<br/><b>10:30</b> Fact or Crap game-EA2<br/><b>1:20</b> Documentary-SR<br/><b>1:30</b> Afternoon Stretches-EA2<br/><b>2:00</b> Cards and Chat-EA2<br/><b>3:15</b> Heritage Hounds-EA2<br/><b>6:00</b> What if game-EA2</p> | <p><b>10:00</b> Shepherd's Care-EA2<br/><b>10:00</b> Brain Builders-SR<br/><b>10:30</b> Feelings game-SR<br/><b>1:30</b> Bingo-Pub<br/><b>2:50</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on one with residents<br/><b>6:00</b> Hand Massages-EA2</p>               | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Stretches-EA2<br/><b>2:30</b> Table Shading-EA2<br/><b>4:00</b> Birthday Happy Hour-Pub<br/><b>6:00</b> Easy Listening to 70's</p> | <p><b>9:00</b> Current events-EA2<br/><b>10:30</b> Morning Walking club-L<br/><b>10:30</b> Chair Yoga-EA2<br/><b>1:30</b> Games-EA2<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Scattagories-EA2</p> |  |
| <p><b>10:00</b> Mass on TV<br/><b>10:30</b> Current events-EA2<br/><b>1:30</b> Walking Club<br/><b>1:30</b> Cards<br/><b>3:00</b> Reminisce   <b>6:00</b> Dominos</p>  | <p><b>10:00</b> Bible Study-EA2<br/><b>10:00</b> Brain Teasers<br/><b>1:15</b> Outing-Walmart<br/><b>1:30</b> Bingo-Pub<br/><b>2:45</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on ones<br/><b>6:00</b> Hand Massages-EA2</p>            | <p><b>10:30</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Walking Club-L<br/><b>2:30</b> Crafting Creations-EA2<br/><b>3:30</b> Cooking Club-EA2<br/><b>6:00</b> Tuesday Time Travel-SR</p>                                    | <p><b>9:30</b> Outing-Oneida Casino<br/><b>10:00</b> Line Dancing-EA2<br/><b>10:30</b> Fact or Crap game-EA2<br/><b>1:20</b> Documentary-SR<br/><b>1:30</b> Afternoon Stretches-EA2<br/><b>2:00</b> Cards and Chat-EA2<br/><b>3:15</b> Heritage Hounds-EA2<br/><b>6:00</b> What if game-EA2</p> | <p><b>10:00</b> Shepherd's Care-EA2<br/><b>10:00</b> Brain Builders-SR<br/><b>10:30</b> Feelings game-SR<br/><b>1:30</b> Bingo-Pub<br/><b>2:50</b> Dynseo/Trivia-Pub<br/><b>3:45</b> One on one with residents<br/><b>6:00</b> Hand Massages-EA2</p>               | <p><b>10:00</b> Glitz and Glamor-EA2<br/><b>1:30</b> Movie<br/><b>1:40</b> Afternoon Stretches-EA2<br/><b>2:30</b> Table Shading-EA2<br/><b>4:00</b> Birthday Happy Hour-Pub<br/><b>6:00</b> Easy Listening to 70's</p> | <p><b>9:00</b> Current events-EA2<br/><b>10:30</b> Morning Walking club-L<br/><b>10:30</b> Chair Yoga-EA2<br/><b>1:30</b> Games-EA2<br/><b>3:00</b> Hot Cocoa Reminisce -Pub<br/><b>6:00</b> Scattagories-EA2</p> |  |

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity      Happy Hour  
Celebrate Wisconsin      Exercise      Outing