


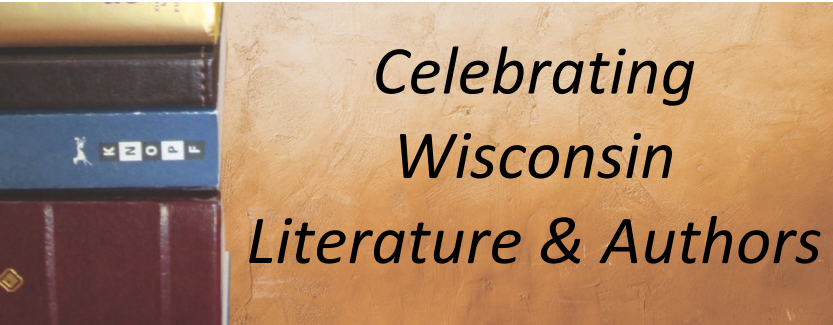
January

Aspire Senior Living Independent Life Enrichment Calendar

Recurring Activities

Keepin' Fit Monday-Wednesday at 9:15 a.m. (EA2)

Morning Mingle Daily at 10 a.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday</p> <p>Theresa S. – 1/7 Margaret H. – 1/8 Kate S. – 1/11 Donna R. – 1/13 Maryann S. – 1/13</p> 	<p>Christina B. – 1/16 Ed R. – 1/16 Evelyn V. – 1/25 Carole K. – 1/28 Ellen M. – 1/29 Ken S. – 1/29</p>	<p>1 2:00 First of Everything- Pub 3:00 Women's Support Group (EA2) 6:00 Sheepshead** 7:00 Bucks v.s Pistons</p>	<p>2 9:00 Water Aerobics 10:30 Kakizome Day Writing craft EA2 1:00 Trivia-Pub 2:00 Someday We'll Laugh about this-Pub 3:00 Science Fiction Day- Pub</p>	<p>Chocolate Covered Cherries Day 3 9:00 Keeping Fit with Taylored Rehab 10:30 Catholic Mass: St. Paul's Parish-Pub 11:30 Outing-Stone Yard 1:30 Bingo-Pub 3:30 Coffee and Cherries-Pub</p>	<p>4 1:30 Movie-Classical 4:00 Happy hour 7:30 Bucks v.s Hawks</p>	<p>5 National Hamburger Day 10:30 Chair Yoga 3:00 Hot Cocoa -Pub 7:30 Bucks v.s Raptors</p>
<p>6 10:00 Devotion (EA2) 3:00 Hot Cocoa Social (Pub)</p>	<p>7 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:15 Outing-Festival 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead** 7:00 Bucks vs. Jazz</p>	<p>8 2:00 Blood Pressure Clinic 3:00 Women's Support Group (EA2) 6:00 Sheepshead**</p>	<p>9 9:00 Water Aerobics 10:30 Lutheran Service: Mt. Calvary-Pub 1:30 Trivia (Pub) 2:00 Book Club 2:30 Rawhide Premier Day-Theatre 7:00 Bucks v.s Rockets</p>	<p>10 9:00 Keeping fit-Taylored Rehab 10:00 Shepherd's Care-EA2 10:00 Outing-Movie Theatre 1:30 Share A Quote Day-EA2 2:30 Resident Play EA2 3:45 Weird Foods Day-Pub</p>	<p>11 10:30 Are you feeling Lucky-Pub 1:30 Movie-Comedy 4:00 Happy Hour 6:00 Bucks v.s Wizards</p>	<p>12 10:30 Chair Yoga 3:00 Hot Tea Day -Pub 4:00 Who was a superhero of your time?-Pub</p>
<p>13 10:00 Devotion (EA2) 3:00 Hot Cocoa Social (Pub) 4:00 First Frisbee Day-Ring Toss</p>	<p>14 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:15 Outing-Walmart 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Paint and Sip-Pub 6:00 Sheepshead**</p>	<p>14 10:30 National Coin Day-EA2 3:30 Strawberry Ice Cream Day-Pub 4:00 NFL Facts -Pub 7:00 Bucks v.s Heat</p>	<p>16 9:00 Water Aerobics 8:00 NorthStar Casino Trip 10:30 Catholic Mass: Holy Spirt-Pub 1:30 Trivia-Pub 2:00 Lutheran Service: Faith Lutheran Church-Pub 7:00 Bucks v.s Grizzlies</p>	<p>Betty White's Birthday 17 9:00 Keeping Fit with Taylored Rehab 1:30 Bingo-Pub 3:00 Golden Girls Show-Theatre</p>	<p>18 10:30 Hawaiian Island Discovery Day-Wear your best Hawaiian Shirt-Pub 1:30 Movie- Musical 4:00 Happy Hour</p>	<p>19 National Poe Day 10:30 Chair Yoga 3:00 Hot Cocoa -Pub 4:00 Poems by Edgar Allan Poe-Pub 6:00 Bucks v.s Magic</p>
<p>National Hunt for Happiness Day 20 10:00 Devotion (EA2) 2:00 What makes you happy?-EA2 3:00 Hot Cocoa Social (Pub)</p>	<p>21 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:00 Bucks v.s Mavericks 1:15 Outing-Aldi's 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead**</p>	<p>22 11:30 Outing-Pizza Club-Wildflower Pizzeria 1:30 Blondie Brownie Day- EA2 3:00 Toasty Warm Day-Reminisce by the fire-E Sunroom</p>	<p>Pick a Hobby Day 23 10:30 Hobby Discussion-EA2 1:30 Trivia-Pub 3:00 Dominos-EA2 4:00 Don't Burst My Bubble Game-EA2</p>	<p>Clashing Clothes Day 24 9:00 Keeping Fit with Taylored Rehab 10:00 Shepherd's Care-EA2 1:30 Bingo-PUB 3:00 Clash Fashion Show and Contest-Pub 4:00 Authors Show?</p>	<p>25 10:30 Burns Night-Poetry Readyng-EA2 1:30 Movie-Classical 4:00 Birthday Happy Hour 7:30 Bucks v.s Hornets</p>	<p>26 National Quilt Day 10:30 Chair Yoga 2:30 Bring your Quilts to the Pub 3:00 Hot Cocoa -Pub 4:00 Indoor Hockey-Pub 6:00 Bucks v.s Magic</p>
<p>National Chocolate Cake Day 27 10:00 Devotion (EA2) 2:00 Lets Bake-EA2 3:00 Hot Cocoa Social (Pub) 5:00 Bucks v.s Thunder</p>	<p>28 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:15 Outing-Walmart 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead**</p>	<p>National Puzzle Day 29 10:30 Lets do puzzles! 2:00 Tea and Trivia Tuesday-Pub 4:00 Puppy time 6:00 Bucks v.s Pistons</p>	<p>National Spare Day 30 10:30 Bowling Outing 1:30 Trivia-Pub 3:00 Rummy</p>	<p>Moon Walk Day 31 9:00 Keeping Fit with Taylored Rehab 12:00 Themed Meal 1:30 Bingo 4:00 Your Best Moon Walk 7:00 Bucks v.s Raptors</p>		

*All activities are subject to change when necessary **Resident-led activity
Residents' families are invited to participate in community events.

Outing Happy Hour
Celebrate Wisconsin Exercise