## January

## Aspire Senior Living Enhanced Care Life Enrichment Calendar

## **Recurring Activities**

Keepin' Fit Monday, Tuesday, Wednesday at 9:15 a.m. (EA2)
Morning Mingle Daily at 10 a.m. (Conversation Corner-Pub)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birtl  Theresa S. – 1/7  Margaret H. – 1/8  Kate S. – 1/11  Donna R. – 1/13  Maryann S. – 1/13	Christina B. – 1/16 Ed R. – 1/16 Evelyn V. – 1/25 Carole K. – 1/28 Ellen M. – 1/29 Ken S. – 1/29	2:00 First of Everything- Pub 3:00 Women's Support Group(EA2) 7:00 Bucks v.s Pistons	10:30 Kakizome Day Writing craft-EA2 1:00 Trivia-Pub 2:00 Someday We'll Laugh about this-Pub 3:00 Science Fiction Day- Pub	Chocolate Covered Cherries Day 3 9:00 Keeping Fit Taylored Rehab 10:30 Catholic Mass: St. Paul's Parish-Pub 11:30 Outing-Stone Yard 1:30 Bingo-Pub 3:30 Coffee and Cherries-Pub	9:15 Boxing Exercise 10:30 One on Ones 1:30 Movie-Classical 4:00 Happy Hour 7:30 Bucks v.s Hawks	National Hamburger Day 5 10:30 Chair Yoga 1:30 Games-EA2 3:00 Hot Cocoa -Pub 7:30 Bucks v.s Raptors
10:00 Devotion (EA2) 1:30 Celebrate the past-EA2 2:30 Wheel of Fortune-EA2 3:00 Hot Cocoa Social (Pub)	10:00 Bible Study (EA2)  1:15 Outing-Festival  1:30 Bingo (Pub)  3:30 National Cookbook Day-EA2  7:00 Bucks vs. Jazz	2:00 Poetry Day 3:00 Women's Support Group(EA2) 4:00 Elvis Lives Day-Theatre	10:30 Mt. Calvary Church-Pub 1:30 Trivia-Pub 2:00 Book Club 2:30 Rawhide Premier Day- Theatre 2:45 Dear Abby Day 7:00 Bucks v.s Rockets	9:00 Keeping fit-Taylored Rehab 10:00 Shepherd's Care 10:00 Outing-Movie Theatre 1:30 Share A Quote Day 2:30 Resident Play EA2 3:45 Weird Foods Day-Pub	9:15 Cuckoo Dancing exercise 10:30 Are you feeling Lucky Day- Pub 1:30 Movie-Comedy 4:00 Happy Hour 6:00 Bucks v.s Wizards	10:30 Chair Yoga 1:30 Games 2:30 S'mores Saturday-EA2 3:00 Hot Tea Day -Pub 4:00 Who was a superhero of your time?-Pub
13 10:00 Devotion (EA2) 1:30 Games-EA2 2:30 Bucks vs. Hawks 3:00 Hot Cocoa Social (Pub) 4:00 First Frisbee Day-Ring Toss	10:00 Bible Study (EA2) 1:15 Outing-Walmart 1:30 Bingo (Pub) 3:30 Circle Story Day-EA2 6:00 Paint and Sip-Pub	15 10:30 National Coin Day-EA2 1:30 Wikipedia Day-EA2 3:30 Strawberry Ice Cream Day-Pub 4:00 NFL facts-Pub 7:00 Bucks v.s Heat	8:00 NorthStar Casino Trip 10:30 Catholic Mass: Holy Spirt- Pub 1:30 Trivia-Pub 2:00 Faith Lutheran Church-Pub 3:30 Sing along-EA2 7:00 Bucks v.s Grizzlies	Betty White's Birthday  9:00 Keeping Fit with Taylored Rehab  10:00 National Inventors Day Lets Invent-EA2  1:30 Bingo-Pub  3:00 Golden Girls Show-Theatre	Hawaiian Island Discovery Day 18 9:15 Jazz Exercise 10:30 Wear your best Hawaiian Shirt-Pub 1:30 Movie- Musical 4:00 Happy Hour	National Poe Day 19 10:30 Chair Yoga 1:30 Games 2:30 Parachute Popcorn 3:00 Hot Cocoa -Pub 4:00 Edgar Allan Poe Poems-Pub 6:00 Bucks v.s Magic
National Hunt for Happiness Day 20 10:00 Devotion (EA2) 1:30 Games 2:00 What makes you happy?- EA2 3:00 Hot Cocoa Social (Pub)	10:00 Bible Study (EA2) 1:00 Bucks v.s Mavericks 1:15 Outing-Aldi's 1:30 Bingo (Pub) 3:30 Wintertime Memories Day-EA2	11:30 Outing-Pizza Club-Wildflower Pizzeria 1:30 Blondie Brownie Day- EA2 3:00 Toasty Warm Day-Reminisce by the fire-E Sunroom	Pick a Hobby Day 23 10:30 Hobby Discussion-EA2 1:30 Trivia-Pub 3:00 Dominos-EA2 4:00 Don't Burst My Bubble Game-EA2	Clashing Clothes Day 9:00 Keeping Fit with Taylored Rehab 10:00 Shepherd's Care 1:30 Bingo-EA2 3:00 Clash Fashion Show and Contest-Pub	9:15 Opposite Day: No Exercise, just Dance! 10:30 Burns Night Poetry Readying-EA2 1:30 Movie-Classical 4:00 Birthday Happy Hour 7:30 Bucks v.s Hornets	National Quilt Day 26 10:30 Chair Yoga 1:30 Games 2:30 Bring your Quilts to the Pub 3:00 Hot Cocoa -Pub 4:00 Indoor Hockey-Pub 6:00 Bucks v.s Magic
National Chocolate Cake Day 27 10:00 Devotion (EA2) 1:30 Games 2:00 Lets Bake-EA2 3:00 Hot Cocoa Social (Pub) 5:00 Bucks v.s Thunder	Paint a Pollock Day 10:00 Bible Study (EA2) 1:15 Outing-Walmart 1:30 Bingo (Pub) 3:30 Splatter Paint	National Puzzle Day 29 10:30 Let's do puzzles! 2:00 Tea and Trivia Tuesday-Pub 4:00 Puppy time 6:00 Bucks v.s Pistons	National Spare Day 10:30 Shall We Bowl Outing 1:30 Trivia-Pub 3:00 Rummy 4:00 One on Ones	9:00 Keeping Fit with Taylored Rehab 1:30 Bingo-Pub 4:00 Your Best Moon Walk 7:00 Bucks v.s Raptors	Ce	elebrating Visconsin ture & Authors

\*All activities are subject to change when necessary Residents' families are invited to participate in community events. **Outing** 

Happy Hour

Celebrate Wisconsin

Exercise