January	/	Aspire Senior Living Assisted Life Enrichment Calendar			Recurring Activities Keepin' Fit Monday, Tuesday, Wednesday at 9:15 a.m. (EA2) Morning Mingle Daily at 10 a.m. (Conversation Corner-Pub)	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birth Theresa S. – 1/7 Margaret H. – 1/8 Kate S. – 1/11 Donna R. – 1/13 Maryann S. – 1/13	•	1 2:00 First of Everything- Pub 3:00 Women's Support Group(EA2) 6:00 Sheepshead** 7:00 Bucks v.s Pistons	2 9:00 Water Aerobics 10:30 Kakizome Day Writing craft-EA2 1:00 Trivia-Pub 2:00 Someday We'll Laugh about this-Pub 3:00 Science Fiction Day- Pub	•	4 1:30 Movie-Classical 4:00 Happy hour 7:30 Bucks v.s Hawks	National Hamburger Day 10:30 Chair Yoga 1:30 Games-EA2 3:00 Hot Cocoa -Pub 7:30 Bucks v.s Raptors
6 10:00 Devotion(EA2) 1:30 Celebrate the past-EA2 2:30 Wheel of Fortune-EA2 3:00 Hot Cocoa Social (Pub)	7 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:15 Outing-Festival 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead** 7:00 Bucks vs. Jazz	8 2:00 Blood Pressure Clinic 3:00 Women's Support Group(EA2) 6:00 Sheepshead**	9 9:00 Water Aerobics 10:30 Mt. Calvary Church-Pub 1:30 Trivia-Pub 2:00 Book Club 2:30 Rawhide Premier Day- Theatre 7:00 Bucks v.s Rockets	10 9:00 Keeping fit-Taylored Rehab 10:00 Shepherd's Care 10:00 Outing-Movie Theatre 1:30 Share A Quote Day-EA2 2:30 Resident Play EA2 3:45 Weird Foods Day-Pub	11 9:15 Cuckoo Dancing Exercise 10:30 Are you feeling Lucky Day- Pub 1:30 Movie-Comedy 4:00 Happy Hour 6:00 Bucks v.s Wizards	10:30 Chair Yoga 1:30 Games 2:30 S'mores Saturday-EA2 3:00 Hot Tea Day -Pub 4:00 Who was a superhero of your time?-Pub
13 10:00 Devotion(EA2) 1:30 Games-EA2 2:30 Bucks vs. Hawks 3:00 Hot Cocoa Social (Pub) 4:00 First Frisbee Day-Ring Toss	14 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:15 Outing-Walmart 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Paint and Sip 6:00 Sheepshead**	15 10:30 National Coin Day-EA2 1:30 Wikipedia Day-EA2 3:30 Strawberry Ice Cream Day- Pub 4:00 NFL facts-Pub 7:00 Bucks v.s Heat	16 9:00 Water Aerobics 8:00 NorthStar Casino Trip 10:30 Catholic Mass: Holy Spirt- Pub 1:30 Trivia-Pub 2:00 Faith Lutheran Church-Pub 3:30 Sing along-EA2 7:00 Bucks v.s Grizzlies	Betty White's Birthday179:00 Keeping Fit with TayloredRehab10:00 National Inventors DayLets Invent-EA21:30 Bingo-Pub3:00 Golden Girls Show-Theatre	Hawaiian Island Discovery Day 18 9:15 Jazz Exercise 10:30 Wear your best Hawaiian Shirt-Pub 1:30 Movie- Musical 4:00 Happy Hour	National Poe Day 10:30 Chair Yoga 1:30 Games 2:30 Parachute Popcorn 3:00 Hot Cocoa -Pub 4:00 Edgar Allan Poe Poems-Pub 6:00 Bucks v.s Magic
National Hunt for Happiness Day 20 10:00 Devotion(EA2) 1:30 Games 2:00 What makes you happy?- EA2 3:00 Hot Cocoa Social (Pub)	21 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:00 Bucks v.s Mavericks 1:15 Outing-Aldi's 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead**	22 11:30 Outing-Pizza Club- Wildflower Pizzeria 1:30 Blondie Brownie Day- EA2 3:00 Toasty Warm Day- Reminisce by the fire-E Sunroom	Pick a Hobby Day2310:30 Hobby Discussion-EA21:30 Trivia-Pub3:00 Dominos-EA24:00 Don't Burst My BubbleGame-EA2	Clashing Clothes Day249:00 Keeping Fit with TayloredRehab10:00 Shepherd's Care1:30 Bingo-EA23:00 Clash Fashion Show andContest-Pub4:00 Authors Show?Image: Close Clash	25 9:15 Opposite Day: No Exercise, just Dance! 10:30 Burns Night Poetry Readying-EA2 1:30 Movie-Classical 4:00 Birthday Happy Hour 7:30 Bucks v.s Hornets	National Quilt Day 2 10:30 Chair Yoga 1:30 Games 2:30 Bring your Quilts to the Pub 3:00 Hot Cocoa -Pub 4:00 Indoor Hockey-Pub 6:00 Bucks v.s Magic
National Chocolate Cake Day 27 10:00 Devotion(EA2) 1:30 Games 2:00 Lets Bake-EA2 3:00 Hot Cocoa Social (Pub) 5:00 Bucks v.s Thunder	28 9:00 Water Aerobics 10:00 Bible Study (EA2) 1:15 Outing-Walmart 1:30 Bingo (Pub) 3:30 Crafts** 3:30 Bridge** 6:00 Sheepshead**	National Puzzle Day2910:30 Let's do puzzles!2:00 Tea and Trivia Tuesday-Pub4:00 Puppy time6:00 Bucks v.s Pistons	National Spare Day3010:00 Morning Mingle10:30 Shall We Bowl Outing1:30 Trivia-Pub3:00 Rummy4:00 One on Ones	Moon Walk Day319:00 Keeping Fit with TayloredRehab1:30 Bingo-Pub4:00 Your Best Moon Walk7:00 Bucks v.s Raptors	Ce L ×⊡∘⊡∗ V	elebrating Visconsin ture & Authors

*All activities are subject to change when necessary **Resident-led activity Residents' families are invited to participate in community events.

Outing Celebrate Wisconsin



Exercise