### Unit Plans Assisted Living

Assisted Living community offers studios, one and two bedroom apartments. Within each apartment is a kitchenette, private bath with walk in shower, granite countertops, in-floor radiant heat, and spacious closets. Some apartments feature patios or balconies.



Individual floor plans available upon request.

This is an Equal Housing Opportunity Community which adheres to all State and Federal Fair Housing Laws.

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### Unit Plans Assisted Living



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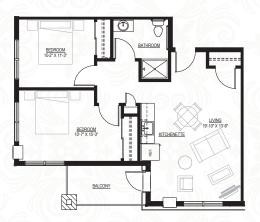


### Unit Plans Assisted Living

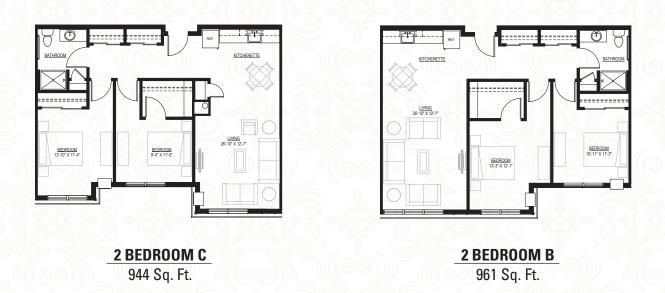


1 BED<u>ROOM ACCESSABLE F</u> 974 Sq. Ft.

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2 BED<u>ROOM ACCESSA</u>BLE A 789 Sq. Ft.



This is an Equal Housing Opportunity Community which adheres to all State and Federal Fair Housing Laws.



### Philosophy Of Care Assisted Living

### Vision

To provide the highest standard of care while protecting, cherishing, and dignifying the knowledge, value, and joy of our respected residents.

# Mission

#### Aspire Senior Living is committed to:

- Providing our residents with opportunities to maintain independence and individuality by creating choice and maintaining dignity.
- Providing our families with the peace of mind that they have made a loving decision by sharing their family member with us.
- Fostering our staffs' self worth, turning challenges into opportunities, and show that by living purposefully every day they play a critical role in making the world a better place.

# Philosophy Of Care

We're collectively committed to the following five principles which serve as guidelines for all our programs and relationships.

#### Independence

Our programs emphasize self-reliance within a supportive environment which enhances the residents' quality of life and helps them to feel good about themselves.

#### Individuality

We customize our care programs to reflect the interests, abilities and preferences of each individual resident because each of us experiences the aging process differently.

#### Privacy

Residents maintain and decorate their own apartment with personal belongings. Apartment and mail keys are issued if requested, yet staff will always knock before entering.

#### Choice

Residents are encouraged to continue to make their own decisions. Our programs and care plans are designed to honor individual preferences by providing plenty of variety from entrée choices to the daily scheduling of care and activities.

#### Dignity

Our staff is committed to assisting residents in their personal needs such as bathing, dressing and toileting in a manner that is always sensitive to the resident's dignity.

# **Resident Services**

Assisted Living

Walk through the doors of one of our Senior Living Communities and you will immediately sense the homelike and friendly atmosphere.

At Aspire, we offer personalized care and services to meet the needs of each individual resident. Well trained and compassionate staff is available 24 hours per day in addition to a reassuring emergency call system with personalized call pendant.

### V Wellness

Personalized care plans developed based on residents needs as well as medication management. In addition, Heritage offers a variety of services such as visiting physician, podiatrist, audiologist, dentist, eye doctor, hospice and therapy. *(services may vary per location)* 

# 🖲 Culinary

Provides flexibility and choice, mealtime offers delicious and nutritious meals served restaurant style. Private dining rooms are available for personal use. Nutritional programs that accommodate our resident's special dietary needs and considers their restriction requirements. Hydration and snack programs offered.

# 🂋 Life Enrichment

Daily planned activities offered to nurture the mind, body and spirit and allow residents to socialize and remain active. Residents are able to choose from a variety of lifestyle activities including community outings.



# Ko Mobility

Walking programs, advanced mechanical lifts, transitional therapy and a Falls Prevention program provide residents the help to maintain their quality of life.

### 🕲 Revitalize

Relaxing spa services such as massage, reiki, aromatherapy, yoga, and tai chi help to revitalize the mind and body. *(programs may vary per location)* 

# n Respite

Short term stays available 5-28 days offering a temporary break for one to regain strength prior to going home.

### Community Amenities Assisted Living



Therapy Gym • Warm Water Pool • Community Pub Social Area • Private Dining
Room • On Site Barber/Beauty Salon • Massage Therapy Room/Services • Soothing Spa with Whirlpool Tub • Patio and Courtyards • Van for Scheduled Activity
Outings • Library with Wi-Fi Access • Community Areas with Fireplace • Theater
Room • Game Room with Pool Table • Bistro • Art Studio • Fire Ring • Gazebo *Amenities may vary per location.*



Aspire Senior Living • 825 Cobblestone Lane, Kimberly, WI 54136 • Phone: (920) 720-0288 • AspireSenior.com

# The Move in Process

Assisted Living



### Move-In Process & Next Steps

- 1.) Reserve your apartment with a \$1,000 refundable deposit.
- 2.) Schedule an assessment from our clinical team to determine your care level.
- 3.) Complete and provide the necessary paperwork.
  - Application and Confidential Financial Statement
  - Copy of Pension, Savings Account
  - Power of Attorney Paperwork for Healthcare and Financial
  - Copy of Driver's License, Insurance Cards, Social Security Cards and Medicare
  - Comprehensive Medical Report (Requires Recent Visit) and set up Local Doctor/Visiting Physician

- Negative TB Test within the last 90 days or Chest X-Ray within 1 Year
- DNR Paperwork with Wishes Indicated
- Security Deposit and First Month's Rent
- Life Story
- Admission Paperwork