


# May

## Aspire Senior Living Memory Care Life Enrichment Calendar

### Recurring Activities

Keepin' Fit Weekdays at 9 a.m., Weekends at 9:30 a.m. (AC2)  
Water Aerobics Wednesday & Fridays at 9 a.m

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Fit fun 10:00 Cooking Club- Tea Tasting 1:30 Bingo 2:30 Painting-Flowers 3:30 Walking Club	2 9:00 Fit fun 9:30 Current Events 10:00 Craft-Dandelion catchers 1:30 Documentary-Flowers of Wisconsin 3:30 Dynseo- Trivia	3 9:30 Wacky Wordies 10:00 Cooking club 1:00 Blue Grass Band Pub 3:00 Ring Toss	4 9:00 Fit fun 9:30 Current Events 10:30 Bingo 1:30 Movie 3:30 Dynseo-Trivia	5 10:30 Chair Yoga 1:30 Rummy 2:00 Rob Ransom Music (Pub) 4:00 Lemonade Social
6 10:00 Devotion(AC2) 10:30 Cards 1:30 Board Games 3:00 Mens Mingle Hour 3:00 Art and Craft	7 9:00 Fit fun 9:30 Current Events 10:00 Glitz & Glamor 1:30 Movie 3:30 Easy Listening from the 60's	8 9:00 Fit fun 10:30 Kinder Care-Games(AC2) 1:30 Bingo 2:30 Cooking Club- Coconut cream pies 4:00 Walking Club	9 9:00 Fit fun 9:30 Current Events 10:30 Christ the King Luthern (AC2) 1:30 Documentary-Horse shows 3:30 Dynseo- Trivia	10 9:00 Fit fun 9:30 On this day Trivia 10:00 Sheppards Care (AC2) 1:30 Walking Club 2:30 One on Ones 4:00 Home Care Speaker (Pub)	11 9:00 Fit fun 9:30 Current Events 10:30 Bingo 1:30 Movie 3:30 Dynseo-Trivia	12 10:30 Chair Yoga 1:30 Kings Korners 2:00 I spy (Around building) 3:00 Lemonade Social
13 10:00 Devotion (AC2) 10:30 Cards 1:30 Remminice about moms 3:00 Mens Mingle Hour 3:00 Art and Craft	14 9:00 Fit Fun 9:30 Current Events 10:00 Board Toss 1:30 Movie 3:30 Hand Massages	15 9:00 Fit fun 10:00 Cooking Club 1:30 Bingo- 2:30 Painting Club-Tulips 3:30 Walking Club	16 9:30 Current Events (AC2) 10:30 Holy Spirt Catholic (AC2) 1:30 Documentary- Baseball 2:30 Dominos- Res Led (Pub) 3:30 Dynseo-Trivia(Pub)	17 9:30 Beach Ball Game 10:00 Cooking Club- Berry Smoothies 12:00 Themed Meal 1:00 Flower Planting 4:00 Walking Club	18 9:00 Fit fun 9:30 Current Events 10:30 Bingo 1:30 Movie 3:30 Dynseo-Trivia	19 10:30 Chair Yoga 1:30 Uno 2:00 Ball toss 3:00 Lemonade Social
20 10:00 Devotion (AC2) 10:30 Cards 1:30 Board Games 3:00 Mens Mingle Hour 3:00 Art and Craft	21 9:00 Fit Fun 9:30 Current Events 10:00 Glitz & Glamor 1:00 Beach ball game 2:00 Bob Larson Music (Pub)	22 9:00 Fit fun 10:30 Kinder Care (AC2) 1:30 Bingo 2:30 Cooking Club- Turtle Sundaes 3:30 Walking Club	23 9:00 Fit fun 9:30 Current Events 10:00 Listen to music by Artie Shaw 1:00 Outside Flower Spy 3:30 Dynseo Trivia	24 9:00 Fit fun 9:30 Reminces of family 10:00 Sheppards Care(AC2) 1:30 Sensory sticks 4:00 Walking Cluby	25 9:00 Fit fun 9:30 Current Events 10:30 Bingo 1:30 Movie 3:30 Birthday Party & Dynseo-Trivia	26 10:30 Chair Yoga 1:30 Gold Fish 2:00 Bean bag toss 3:00 Lemonade Social
27 10:00 Devotion(AC2) 10:30 Uno 1:30 Board Games 3:00 Mens Mingle Hour 3:00 Art and Crafts	28 9:00 Fit Fun 9:30 Current Events 10:00 Ball Toss 1:30 Movie 3:30 Easy Listening from the 50's	29 9:00 Fit fun 10:00 Cooking Club-Cheese Tasting 1:30 Bingo 2:30 Painting Club-Flowers to the moon 3:30 Walking Club	30 9:00 Fit fun 9:30 Current Events 10:00 Craft-Collage 1:30 Documentary- Lincoln Memorial 3:30 Dynseo- Trivia	31 9:30 Parachute Game (AC2) 10:00 Hand massages 1:00 Sports Trivia 4:00 Walking Club	 <p>Celebrating Wisconsin Art &amp; Architecture</p>	

\*All activities are subject to change when necessary  
Residents' families are invited to participate in community events.

Musical Activity Social Event  
Celebrate Wisconsin Active Games