


# May

## Aspire Senior Living Independent Living Life Enrichment Calendar

### Recurring Activities

Keepin' Fit Weekdays at 9 a.m., Weekends at 9:30 a.m. (AC2)

Water Aerobics Wednesday & Fridays at 9 a.m

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Taloryed Rehab (AC2) 10:00 Cooking Club- Tea Tasting 1:30 Bingo 2:30 Painting-Flowers 3:30 Walking Club (Lobby) 6:30 Sheep's Head- Res Led (Pub)	2 9:30 Current Events (AC2) 10:00 Craft-Dandelion catchers(AC2) 11:00 Lunch Outing- Olive Garden 1:30 Documentary-Flowers of Wisconsin 3:30 Dynseo- Trivia (Pub)	3 9:30 Wacky Wordies (AC2) 10:00 Cooking club- Shrimp Tacos 11:00 Letters to Troops (AC-2) 1:00 Blue Grass Band Pub 4:00 Walking club (Lobby)	4 9:30 Current Events (AC2) 10:30 Bingo (AC2) 1:30 Outing- Kohls 1:30 Movie 3:30 Dynseo-Trivia (Pub)	5 10:30 Yoga w/Crystal (AC2) 1:30 Rummy (AC2) 2:00 Rob Ransom Music (Pub) 4:00 Lemonade Social (Pub)
6 10:00 Devotion (AC2) 10:30 Rummy- Res led (AC2) 1:30 Board Games 3:00 Mens Mingle Hour (Pub) 3:00 Art and Craft (AC2)	7 9:30 Current Events (AC2) 10:00 Glitz & Glamor (AC2) 1:30 Outing- Walmart 1:30 Movie 3:30 Bridge-Res Led (Pub) 6:30 Sheep's Head- Res Led (Pub)	8 9:00 Taloryed Rehab (AC2) 10:30 Kinder Care-Games(AC2) 1:30 Bingo (AC2) 2:30 Cooking Club- Coconut cream pies (AC2) 4:00 Walking Club (Lobby) 6:30 Sheep's Head- Res Led (Pub)	9 9:30 Current Events (AC2) 10:30 Christ the King Luthern (AC2) 1:30 Documentary-Horse shows(AC2) 2:30 Dominos- Res Led (Pub) 3:30 Dynseo- Trivia (Pub)	10 9:30 On this day Trivia (AC2) 10:00 Sheppards Care 1:30 Walking Club 2:30 One on Ones 4:00 Home Care Speaker (Pub)	11 9:30 Current Events (AC2) 10:30 Bingo (AC2) 1:30 Outing- Dollar Store 1:30 Movie 3:30 Dynseo-Trivia (Pub)	12 10:30 Yoga w/Crystal (AC2) 11:15 Outing-Blondes v.s Brunettes 1:30 Kings Korner (AC2) 2:00 I spy (Around building) 3:00 Lemonade Social (Pub)
13 10:00 Devotion (AC2) 10:30 Spades-(AC2) 1:30 Remmince about moms 3:00 Mens Mingle Hour (Pub) 3:00 Art and Craft(AC2)	14 9:30 Current Events (AC2) 10:00 Board Toss (AC2) 1:30 Outing- ALID 1:30 Movie 3:30 Bridge-Res Led (Pub) 6:30 Sheep's Head- Res Led (Pub)	15 9:00 Taloryed Rehab (AC2) 10:00 Cooking Club-Sliders(AC2) 1:30 Bingo- (AC2) 2:30 Painting Club-Tulips 3:00 Blood Pressure Clinic (Pub) 3:30 Walking Club (Lobby) 6:30 Sheep's Head- Res Led (Pub)	16 9:30 Current Events (AC2) 10:30 Holy Spirt Catholic (AC2) 1:30 Documentary- Baseball 2:30 Dominos- Res Led (Pub) 3:30 Dynseo-Trivia(Pub)	17 9:30 Beach Ball Game (AC2) 10:00 Cooking Club- Berry Smoothies 12:00 Themed Meal 1:00 Flower Planting 4:00 Walking Club (Lobby)	18 9:30 Current Events (AC2) 10:30 Bingo (AC2) 1:30 Outing- Walmart 1:30 Movie 3:30 Dynseo-Trivia(Pub)	19 10:30 Yoga w/Crystal (AC2) 1:30 Hearts (AC2) 2:00 Ball toss (AC2) 3:00 Lemonade Social (Pub)
20 10:00 Devotion (AC2) 10:30 Hearts- (AC2) 1:30 Board Games 3:00 Mens Mingle Hour (Pub) 3:00 Art and Craft(AC2)	21 9:30 Current Events (AC2) 10:00 Glitz & Glamor (AC2) 1:30 Outing- Piggly Wiggly 2:00 Bob Larson Music (Pub) 3:30 Bridge-Res Led (Pub) 6:30 Sheep's Head-Res Led (Pub)	22 9:00 Taloryed Rehab (AC2) 10:30 Kinder Care (AC2) 1:30 Bingo(AC2) 2:30 Cooking Club- Turtle Sundaes 3:30 Walking Club (Lobby) 6:30 Sheep's Head- Res Led (Pub)	23 9:30 Current Events (AC2) 10:00 Listen to music by Artie Shaw 1:00 Outing Heritage Hill 3:30 Dynseo Trivia (Pub)	24 9:30 Reminces of family (AC2) 10:00 Sheppards Care 1:30 Letters to Troops(AC2) 4:00 Walking Cluby (Lobby)	25 9:30 Current Events (AC2) 10:30 Bingo (AC2) 1:30 Outing- Shopko 1:30 Movie 3:30 Birthday Party & Dynseo- Trivia (Pub)	26 10:30 Yoga w/Crystal (AC2) 1:30 Spades (AC2) 2:00 Bean bag toss (AC2) 3:00 Lemonade Social (Pub)
27 10:00 Devotion(AC2) 10:30 Gin Rummy- (AC2) 1:30 Board Games 3:00 Mens Mingle Hour (Pub) 3:00 Art and Crafts(AC2)	28 9:30 Current Events (AC2) 10:00 Ball Toss (AC2) 1:30 Outing- Festival 1:30 Movie 3:30 Bridge-Res led (Pub) 6:30 Sheep's Head-Res Led(Pub)	29 9:00 Taloryed Rehab (AC2) 10:00 Cooking Club-Cheese Tasting(AC2) 1:30 Bingo 2:30 Painting Club-Flowers to the moon 3:30 Walking Club (Lobby) 6:30 Sheep's Head- Res Led (Pub)	30 9:30 Current Events (AC2) 10:00 Craft-Collage 1:00 Outing-Botanical Gardens 1:30 Documentary- Lincoln Memorial 3:30 Dynseo- Trivia (Pub)	31 9:30 Parachute Game (AC2) 10:00 Outing-Architecture of Fox Valley 1:00 Sports Trivia (Pub) 4:00 Walking Club (Lobby)	 <p><i>Celebrating Wisconsin Art &amp; Architecture</i></p>	

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Outing

Musical Activity

Social Event

Celebrate Wisconsin

Active Games