


# June

## Aspire Senior Living Memory Care Life Enrichment Calendar

### Keepin' Fit

Weekdays at 9 a.m.,  
Weekends at 9:30 a.m. (AC2)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<i>Celebrating Wisconsin Food &amp; Farming</i>	1 Keepin' Fit Water Sensory Bubbles Documentary on WI farms Farm name game	2 Keepin' Fit Jenga Dynseo Bean bag toss Lemonade Social
3 Devotion Keepin' Fit Beach Ball Game Memory Game Arts and Crafts Outside social	4 Keepin' Fit Box of fun fabrics Pattern Boards Glitz and Glamor Golden Girls Show Snozelroom	5 Keepin' Fit Cooking Club- Cheese Curds Cards Planting Sing-along Documentary on WI dinners	6 Keepin' Fit Dominos Pet visit Family Photos Arts and Crafts Dynseo	7 Keepin' Fit Rock washing Cup stacking Reading in courtyard Cooking club-chip dip Sheppards Care	8 Keepin' Fit Water Sensory Out side coffee clutch Make greeting cards Golden Girls shows Snozelroom	9 Keepin' Fit Cards Stamping Letter writing Rob Ransom Music
10 Devotion Keepin' Fit Ring Toss Memory Game Arts and Crafts Outside social	11 Keepin' Fit Create a memory box Towel Folding Glitz and Glamor Sensory shakers Easy listening from the 50's	12 Keepin' Fit Kinder Care Kids Family Talk Cooking Club- Blue moon Play doug Arrange Flowers	13 Keepin' Fit Christ the king Pictionary Holy Spirt Arts and Crafts Dynseo	14 Keepin' Fit Afternoon Tea party Untie knots Father's Day memories Out side Ball toss Board Games	15 Keepin' Fit Memory Box Outside Coffee Clutch Golde Girls Shows Snozelroom Feed the Birds	16 Keepin' Fit Kings Korner I spy (Around building) Lemonade Social Shake loose a memory
17 Devotion Keepin' Fit Board Toss Memory Game Arts and Crafts Outside social	18 Keepin' Fit Color pictures Sorting chips Bead Stringing Glitz and Glamor Snozelroom	19 Keepin' Fit String Cherrios Bird Feeders Cooking club- Strawberry pie Walk the court yard Make Recipe cards Famous sayings	20 Keepin' Fit Talk about great Inventions Water Plants Sweep the Patio Sing a long to Elvis Hand Massages	21 Keepin' Fit Cards Sheppards Care Picture Books Remember Famous People Ring Toss outside	22 Keepin' Fit Color pictures Sorting chips Bead Stringing Golden Girls Shows Snozelroom	23 Keepin' Fit Gold Fish Ball toss Lemonade Social Reading out loud Board Games
24 Devotion Keepin' Fit Parachute Game Memory Game Arts and Crafts Outside social	25 Keepin' fit Puzzles Tool Boards Gliz and Glamor Easy listening from the 40's	26 Keepin' Fit Kinder Care Kids Make paper butterflies Bird feeders Reading out loud	27 Keepin' Fit Dynseo Poem writing together Sorting Games Talk about pets Make picture frames	28 Keepin' Fit Color pictures Sorting chips Bead Stringing Walk the courtyard	30 Keepin' Fit Water Sensory Outside coffee clutch Make greeting cards Golden Girls shows Snozelroom	31 Keepin' Fit Jenga Tea Time Bean bag toss Lemonade Social

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity    Social Event  
Celebrate Wisconsin    Active Games