Unit Plans

Assisted Living

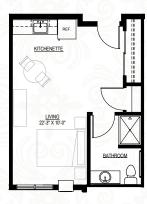
Assisted Living community offers studios, one and two bedroom apartments. Within each apartment is a kitchenette, private bath with walk in shower, granite countertops, in-floor radiant heat, and spacious closets. Some apartments feature patios or balconies.



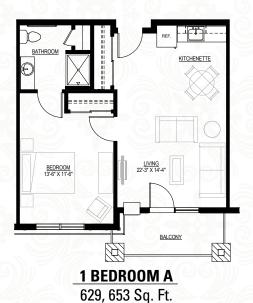
STUDIO A 344 Sq. Ft.



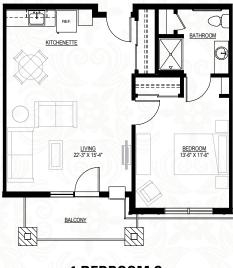
STUDIO B 405 Sq. Ft.



STUDIO C 414 Sq. Ft.







1 BEDROOM C 676 Sq. Ft.

Individual floor plans available upon request.



This is an Equal Housing Opportunity Community which adheres to all State and Federal Fair Housing Laws.



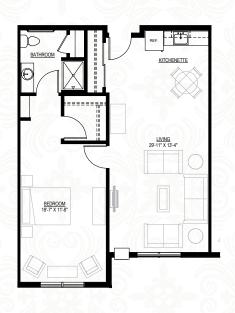
Unit Plans

Assisted Living

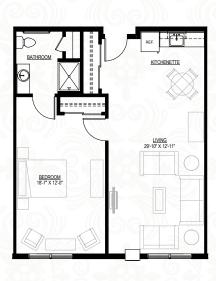




1 BEDROOM E 739 Sq. Ft.



1 BEDROOM F 848, 874 Sq. Ft.

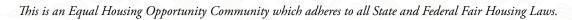


1 BEDROOM G 799 Sq. Ft.



1 BEDROOM H 588, 593, 641 Sq. Ft.







Unit Plans

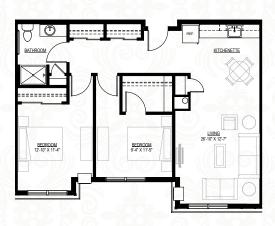
Assisted Living



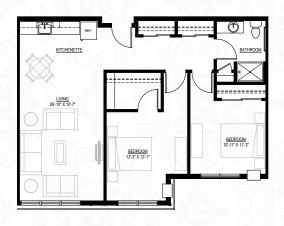
974 Sq. Ft.



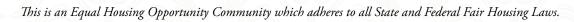
2 BEDROOM ACCESSABLE A 789 Sq. Ft.



2 BEDROOM C 944 Sq. Ft.



2 BEDROOM B 961 Sq. Ft.





Philosophy Of Care

Assisted Living

Vision

To provide the highest standard of care while protecting, cherishing, and dignifying the knowledge, value, and joy of our respected residents.

Mission

Aspire Senior Living is committed to:

- Providing our residents with opportunities to maintain independence and individuality by creating choice and maintaining dignity.
- Providing our families with the peace of mind that they have made a loving decision by sharing their family member with us.
- Fostering our staffs' self worth, turning challenges into opportunities, and show that by living purposefully every day they play a critical role in making the world a better place.

Philosophy Of Care

We're collectively committed to the following five principles which serve as guidelines for all our programs and relationships.

Independence

Our programs emphasize self-reliance within a supportive environment which enhances the residents' quality of life and helps them to feel good about themselves.

Individuality

We customize our care programs to reflect the interests, abilities and preferences of each individual resident because each of us experiences the aging process differently.

Privacy

Residents maintain and decorate their own apartment with personal belongings. Apartment and mail keys are issued if requested, yet staff will always knock before entering.

Choice

Residents are encouraged to continue to make their own decisions. Our programs and care plans are designed to honor individual preferences by providing plenty of variety from entrée choices to the daily scheduling of care and activities.

Dignity

Our staff is committed to assisting residents in their personal needs such as bathing, dressing and toileting in a manner that is always sensitive to the resident's dignity.

Resident Services

Assisted Living

Walk through the doors of one of our Senior Living Communities and you will immediately sense the homelike and friendly atmosphere.

At Aspire, we offer personalized care and services to meet the needs of each individual resident. Well trained and compassionate staff is available 24 hours per day in addition to a reassuring emergency call system with personalized call pendant.



Personalized care plans developed based on residents needs as well as medication management. In addition, Heritage offers a variety of services such as visiting physician, podiatrist, audiologist, dentist, eye doctor, hospice and therapy. (services may vary per location)



Provides flexibility and choice, mealtime offers delicious and nutritious meals served restaurant style. Private dining rooms are available for personal use. Nutritional programs that accommodate our resident's special dietary needs and considers their restriction requirements. Hydration and snack programs offered.



Daily planned activities offered to nurture the mind, body and spirit and allow residents to socialize and remain active. Residents are able to choose from a variety of lifestyle activities including community outings.





Walking programs, advanced mechanical lifts, transitional therapy and a Falls Prevention program provide residents the help to maintain their quality of life.



Relaxing spa services such as massage, reiki, aromatherapy, yoga, and tai chi help to revitalize the mind and body. (programs may vary per location)



Short term stays available 5-28 days offering a temporary break for one to regain strength prior to going home.

Community Amenities

Assisted Living







Therapy Gym • Warm Water Pool • Community Pub Social Area • Private Dining
Room • On Site Barber/Beauty Salon • Massage Therapy Room/Services • Soothing Spa
with Whirlpool Tub • Patio and Courtyards • Van for Scheduled Activity
Outings • Library with Wi-Fi Access • Community Areas with Fireplace • Theater
Room • Game Room with Pool Table • Bistro • Art Studio • Fire Ring • Gazebo

*Amenities may vary per location.





