

July

Heritage Elm Grove Memory Care Life Enrichment Calendar

Heritage Hikers
Daily at 1:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Patricia G. – 7/7 Gay W. – 7/10 Brigitt H. – 7/11 Peggy G. – 7/27 Rosetta H. – 7/30 	1 9:30 Inspirational Moments 10:30 Bible Study w/ Bob (AL) 11:15 Keepin' Fit 1:30 Ministry w/ Mich (AL) 2:00 Feet To The Fire (EC) 2:00 Hand Massages 3:00 Rhythm Band 6:00 Gary Wendorf Performs 	2 9:30 Dynseo Brain Fitness  10:30-11:30 Heritage Hustle by Innovative Fitness (MC)  1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Adult Coloring	3 10:00 Art w/ Megan (Bakery)  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Megan Performs  3:15 Great Lakes 6:00 Topics w/ Todd (AL Pub)	Fourth of July 4 9:30 Dynseo Brain Fitness  10:00 Fourth of July Glee Club 11:15 Keepin' Fit  2:00 Fourth of July Happy Hour 3:00 Bingo 6:30 Puzzle Mania 	5 10:00 Sweet Treats & Java 10:30 What's in the Bag? 11:15 Keepin' Fit  1:30 Ministry w/ Mich 2:00 Twister Toss 6:30 Movie Night 	6 9:30 Dynseo Brain Fitness (MC) 10:30 Keepin' Fit (MC) 11:00 Balloon Volleyball (MC) 11:15 Keepin' Fit (AL) 11:40 Dynseo Brain Fitness (AL) 2:00 Glitz & Glamour (AL) 2:00 Midday Matinee (AL & MC) 3:00 Glitz & Glamour (MC) 6:00 Adult Coloring
7 9:00 Mass on TV 9:30 Inspirational Moments (MC) 10:30 Keepin' Fit (MC) 2:00 Ice Cream Social  3:00 Bingo (AL Pub) 6:00 Rummy (AL) 6:30 Balloon Volleyball	8 9:30 Heritage Hounds Baking 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Feet To The Fire (EC) 2:00 Hand Massages 3:00 Red Hats 6:00 Gary Wendorf Performs 	9 9:30 Dynseo Brain Fitness  10:00 Snapdragon Flowers (AL Pub) 10:30 Heritage Hustle (MC)  1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Adult Coloring	10 10:00 Art w/ Megan (Bakery)  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Julie Thompson Performs  3:15 Fishing Facts 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd	11 9:30 Dynseo Brain Fitness  10:00 Glee Club  11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania 	12 10:00 Sweet Treats & Java 10:30 What's in the Bag? 11:15 Keepin' Fit  1:30 Ministry w/ Mich 2:00 Cover All 6:30 Movie Night 	13 9:30 Dynseo Brain Fitness (MC) 10:30 Keepin' Fit (MC) 11:00 Balloon Volleyball (MC) 11:15 Keepin' Fit (AL) 2:00 Midday Matinee (AL & MC) 3:00 Wheel of Fortune (AL & MC) 6:00 Adult Coloring
14 9:00 Mass on TV 9:30 Inspirational Moments (MC) 10:30 Keepin' Fit (MC) 2:00 Ice Cream Social  3:00 Bingo (AL Pub) 6:00 Rummy (AL) 6:30 Balloon Volleyball (MC)	15 10:30 Bible Study w/ Bob (AL) 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Feet To The Fire (EC) 2:00 Hand Massages 3:00 Men's Club (AL Pub) 6:00 Gary Wendorf Performs 	16 9:30 Trip to Holy Hill  10:30 Heritage Hustle (MC)  1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Adult Coloring	17 10:00 Art w/ Megan (Bakery)  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Rich Regent Performs  3:15 15 Best Landmarks 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd	18 9:30 Dynseo Brain Fitness  10:00 Glee Club  11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Paint and Sip w/ Megan 	19 10:00 Sweet Treats & Java 10:30 What's in the Bag? 11:15 Keepin' Fit  1:30 Ministry w/ Mich 2:00 Twister Toss 6:30 Movie Night 	20 9:30 Dynseo Brain Fitness (MC) 10:30 Keepin' Fit (MC) 11:00 Balloon Volleyball (MC) 11:15 Keepin' Fit (AL) 11:40 Dynseo Brain Fitness (AL) 2:00 Glitz & Glamour (AL) 2:00 Midday Matinee (AL & MC) 3:00 Glitz & Glamour (MC) 6:00 Adult Coloring
21 9:00 Mass on TV 9:30 Inspirational Moments 10:30 Keepin' Fit 2:00 Ice Cream Social  3:00 Bingo (AL Pub) 6:00 Rummy (AL) 6:30 Balloon Volleyball (MC)	22 9:30 Heritage Hounds Baking 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Feet To The Fire (EC) 2:00 Hand Massages 3:00 Move to Music w/ Maria 6:00 Gary Wendorf Performs 	23 9:30 Dynseo Brain Fitness  10:30 Heritage Hustle (MC)  1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Adult Coloring	24 10:00 Art w/ Megan (Bakery)  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Barry Bryan Performs  3:15 Fishing w/ Kelly 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd	25 9:30 Dynseo Brain Fitness  10:00 Glee Club  11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania 	26 10:00 Sweet Treats & Java 10:30 What's in the Bag? 11:15 Keepin' Fit  1:30 Ministry w/ Mich 2:00 Cover All 6:30 Movie Night 	27 9:30 Dynseo Brain Fitness 10:30 Keepin' Fit 11:00 Balloon Volleyball (MC) 11:15 Keepin' Fit (AL) 2:00 Midday Matinee (AL & MC) 3:00 Wheel of Fortune (AL & MC) 6:00 Adult Coloring
28 9:00 Mass on TV 9:30 Inspirational Moments 10:30 Keepin' Fit 2:00 Ice Cream Social  3:00 Bingo (AL Pub) 6:00 Rummy (AL) 6:30 Balloon Volleyball (MC)	29 9:30 Baking Club: Pineapple Upside down Cake (Bakery) 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Feet To The Fire (EC) 2:00 Hand Massages 3:00 Bunco 6:00 Gary Wendorf Performs 	30 10:00 Pewaukee Lake & Picnic 10:30 Heritage Hustle (MC)  1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner	31 10:00 Art w/ Megan (Bakery)  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Terry Morganroth Performs  3:15 Water Facts 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd	 Celebrating Wisconsin Lakes & Landmarks		

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity
Celebrate Wisconsin

Happy Hour
Exercise