













































































March

Heritage Elm Grove Memory Care Life Enrichment Calendar

Heritage Hikers Daily at 1:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>Wisconsin Health & Fitness</h1>		<h3>Happy Birthday</h3>  <p>Violet D. – 3/9 Daniel M. – 3/9 SeVera L. – 3/13</p> <p>Barbara S. – 3/23 Pauline F. – 3/27 Gloria A. – 3/27 Anita A. – 3/30</p>		<p>10:00 Sweet Treats & Java </p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich </p> <p>2:00 Health and Fitness Talk</p> <p>3:00 TGIF Happy Hour</p> <p>6:30 Movie: Pitch Perfect </p>	<p>10:00 Keepin' Fit (MC)</p> <p>10:30 Balloon Volleyball </p> <p>11:15 Keepin' Fit (AL)</p> <p>2:00 Snack social & Wheel of Fortune</p> <p>3:00 Pokeno</p> <p>6:30 Adult Coloring</p>
<p>9:00 Mass on TV</p> <p>10:00 Inspirational Moments</p> <p>11:15 Keepin' Fit</p> <p>2:00 Ice Cream Social </p> <p>3:00 Bingo</p> <p>6:30 Rummy </p>	<p>9:30 Inspirational Moments w/ Duane Tweeton</p> <p>10:30 Bible Study w/ Bob</p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich</p> <p>2:00 Drama Club</p> <p>4:00 Dynseo Bran Fitness </p> <p>6:00 Gary Wendorf Performs </p>	<p>10:00 Paczki's for Fat Tuesday</p> <p>10:30-11:30 Heritage Hustle by Innovative Fitness (MC) </p> <p>11:15 Keepin' Fit (AL)</p> <p>1:15 Rosary and Communion</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan </p> <p>11:15 Keepin' Fit</p> <p>2:00 Craig Seimsen Performs </p> <p>3:00 Wheel of Fortune</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Topics w/ Todd</p> <p><i>*Deacon Charlie will be coming here from St. Mary's for Ash Wednesday*</i></p>	<p>10:00 Trip to the Dollar Store</p> <p>10:00 Glee Club </p> <p>11:15 Keepin' Fit</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Puzzle Mania </p>	<p>10:00 Sweet Treats & Java </p> <p>11:15 Keepin' Fit</p> <p>1:30 Mass w/ Father Terry</p> <p>2:30 Glitz & Glamour w/ Chica </p> <p>3:00 TGIF Happy Hour</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:30 Movie: Ghostbuster </p>	<p>10:00 Keepin' Fit (MC)</p> <p>10:30 Balloon Volleyball </p> <p>11:15 Keepin' Fit (AL)</p> <p>1:40 Midday Matinee: Flipper </p> <p>2:00 Pokeno</p> <p>6:30 Adult Coloring</p>	
<p>9:00 Mass on TV</p> <p>10:00 Inspirational Moments</p> <p>11:15 Keepin' Fit</p> <p>2:00 Ice Cream Social </p> <p>3:00 Bingo</p> <p>6:30 Rummy </p>	<p>10:00 Grandma's Daycare Visits</p> <p>11:15 Keepin' Fit </p> <p>1:30 Ministry w/ Mich</p> <p>2:00 Reminisce</p> <p>3:00 Life Enrichment Council</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Gary Wendorf Performs </p>	<p>10:00 Snapdragon Flowers</p> <p>10:30-11:30 Heritage Hustle by Innovative Fitness (MC) </p> <p>11:15 Keepin' Fit (AL)</p> <p>1:15 Rosary and Communion</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan </p> <p>11:15 Keepin' Fit</p> <p>1:00 Heritage Hikers</p> <p>2:00 Greg Driss Performs </p> <p>3:00 Wheel of Fortune</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Topics w/ Todd</p>	<p>10:00 Health and Fitness Talk</p> <p>10:00 Glee Club </p> <p>11:15 Keepin' Fit</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Puzzle Mania </p>	<p>10:00 Sweet Treats & Java </p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich </p> <p>3:00 St. Patrick's Day Social </p> <p>4:00 Dynseo Brain Fitness </p> <p>6:30 Movie: Big </p>	<p>10:00 Keepin' Fit (MC)</p> <p>10:30 Balloon Volleyball </p> <p>11:15 Keepin' Fit (AL)</p> <p>2:00 Snack social & Wheel of Fortune</p> <p>3:00 Pokeno</p> <p>6:30 Adult Coloring</p>	
<p>9:00 Mass on TV</p> <p>10:00 Inspirational Moments</p> <p>11:15 Keepin' Fit</p> <p>2:00 Shamrock Shakes </p> <p>3:00 Bingo</p> <p>6:30 Rummy </p>	<p>10:30 Bible Study w/ Bob</p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich</p> <p>2:00 Pennies In</p> <p>3:00 Drama Club</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Gary Wendorf Performs </p>	<p>10:00 Red Hats Club</p> <p>10:30-11:30 Heritage Hustle by Innovative Fitness (MC) </p> <p>11:15 Keepin' Fit (AL)</p> <p>1:15 Rosary and Communion</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan </p> <p>11:15 Keepin' Fit</p> <p>1:00 Heritage Hikers</p> <p>2:00 Barry Bryan Performs </p> <p>3:00 Megan's Birthday Bash Celebration </p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Topics w/ Todd</p>	<p>10:00 Glee Club </p> <p>10:00 Zister's Restaurant (First come first serve)</p> <p>11:15 Keepin' Fit</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Paint and Sip w/ Megan </p>	<p>10:00 Sweet Treats & Java </p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich </p> <p>2:00 Men's Club</p> <p>2:30 Glitz & Glamour w/ Chica </p> <p>3:00 TGIF Happy Hour</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:30 Movie: Mamma Mia </p>	<p>10:00 Keepin' Fit (MC)</p> <p>10:30 Balloon Volleyball </p> <p>11:15 Keepin' Fit (AL)</p> <p>1:40 Midday Matinee: Ed </p> <p>2:00 Pokeno</p> <p>6:30 Adult Coloring</p>	
<p>9:00 Mass on TV</p> <p>10:00 Inspirational Moments</p> <p>11:15 Keepin' Fit</p> <p>2:00 Ice Cream Social </p>	<p>9:30 Electronic Fun & Games</p> <p>10:30 Monday Morning Trivia</p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich</p> <p>2:00 Reminisce</p> <p>3:00 Bunco</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Gary Wendorf Performs </p>	<p>10:00 Aegis educational event on Exercise and fitness</p> <p>10:30-11:30 Heritage Hustle by Innovative Fitness (MC) </p> <p>1:15 Rosary and Communion</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan </p> <p>11:15 Keepin' Fit</p> <p>1:00 Heritage Hikers</p> <p>2:00 Rich Regent Performs & March Birthday Bash </p> <p>3:00 Wheel of Fortune</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:00 Topics w/ Todd</p>	<p>10:00 Target Shopping Trip</p> <p>10:00 Glee Club </p> <p>11:15 Keepin' Fit</p> <p>2:00 Happy Hour</p> <p>3:00 Bingo</p> <p>6:30 Puzzle Mania </p>	<p>10:00 Sweet Treats & Java </p> <p>11:15 Keepin' Fit</p> <p>1:30 Ministry w/ Mich </p> <p>2:00 Health and Fitness Talk</p> <p>3:00 TGIF Happy Hour</p> <p>4:00 Dynseo Brain Fitness </p> <p>6:30 Movie: Babe </p> <p>Chef's Table </p>	<p>10:00 Keepin' Fit (MC)</p> <p>10:30 Balloon Volleyball </p> <p>11:15 Keepin' Fit (AL)</p> <p>2:00 Snack social & Wheel of Fortune</p> <p>3:00 Pokeno</p> <p>6:30 Adult Coloring</p>	

*All activities are subject to change when necessary
Residents' families are invited to participate in community events

Musical Activity Happy Hour
Celebrate Wisconsin Exercise