












































































March

Heritage Elm Grove Enhanced Care Life Enrichment Calendar

Heritage Hikers Daily at 1:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h3>Wisconsin Health & Fitness</h3>		 <h3>Happy Birthday</h3> <p>Violet D. – 3/9 Daniel M. – 3/9 SeVera L. – 3/13</p> <p>Barbara S. – 3/23 Pauline F. – 3/27 Gloria A. – 3/27 Anita A. – 3/30</p>				<p>10:00 Sweet Treats & Java ¹ 11:15 Keepin' Fit  1:30 Ministry w/ Mich  2:00 Health and Fitness Talk 3:00 TGIF Happy Hour 6:30 Movie: <i>Pitch Perfect</i> </p>	<p>10:00 Keepin' Fit (MC)² 10:30 Balloon Volleyball  11:15 Keepin' Fit (AL) 2:00 Snack social & Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring</p>
<p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Ice Cream Social  3:00 Bingo 6:30 Rummy </p>	<p>9:30 Inspirational Moments w/ Duane Tweeton 10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Drama Club 4:00 Dynseo Bran Fitness  6:00 Gary Wendorf Performs </p>	<p>10:00 Paczki's for Fat Tuesday 10:30-11:30 Heritage Hustle by Innovative Fitness (MC)  11:15 Keepin' Fit (AL) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan  11:15 Keepin' Fit 2:00 Craig Seimsen Performs  3:00 Wheel of Fortune 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd *Deacon Charlie will be coming here from St. Mary's for Ash Wednesday*</p>	<p>10:00 Trip to the Dollar Store 10:00 Glee Club  11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania </p>	<p>10:00 Sweet Treats & Java ⁸ 11:15 Keepin' Fit 1:30 Mass w/ Father Terry 2:30 Glitz & Glamour w/ Chica  3:00 TGIF Happy Hour 4:00 Dynseo Brain Fitness  6:30 Movie: <i>Ghostbuster</i> </p>	<p>10:00 Keepin' Fit (MC)⁹ 10:30 Balloon Volleyball  11:15 Keepin' Fit (AL) 1:40 Midday Matinee: <i>Flipper</i>  2:00 Pokeno 6:30 Adult Coloring</p>	
<p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Ice Cream Social  3:00 Bingo 6:30 Rummy </p>	<p>10:00 Grandma's Daycare Visits 11:15 Keepin' Fit  1:30 Ministry w/ Mich 2:00 Reminisce 3:00 Life Enrichment Council 4:00 Dynseo Brain Fitness  6:00 Gary Wendorf Performs </p>	<p>10:00 Snapdragon Flowers 10:30-11:30 Heritage Hustle by Innovative Fitness (MC)  11:15 Keepin' Fit (AL) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Greg Driss Performs  3:00 Wheel of Fortune 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd</p>	<p>10:00 Health and Fitness Talk 10:00 Glee Club  11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania </p>	<p>10:00 Sweet Treats & Java ¹⁵ 11:15 Keepin' Fit 1:30 Ministry w/ Mich 3:00 St. Patrick's Day Social  4:00 Dynseo Brain Fitness  6:30 Movie: <i>Big</i> </p>	<p>10:00 Keepin' Fit (MC)¹⁶ 10:30 Balloon Volleyball  11:15 Keepin' Fit (AL) 2:00 Snack social & Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring</p>	
<p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Shamrock Shakes  3:00 Bingo 6:30 Rummy </p>	<p>10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Pennies In 3:00 Drama Club 4:00 Dynseo Brain Fitness  6:00 Gary Wendorf Performs </p>	<p>10:00 Red Hats Club 10:30-11:30 Heritage Hustle by Innovative Fitness (MC)  11:15 Keepin' Fit (AL) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Barry Bryan Performs  3:00 Megan's Birthday Bash Celebration  4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd</p>	<p>10:00 Glee Club  10:00 Zister's Restaurant (First come first serve) 11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Paint and Sip w/ Megan </p>	<p>10:00 Sweet Treats & Java ²² 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Men's Club 2:30 Glitz & Glamour w/ Chica  3:00 TGIF Happy Hour 4:00 Dynseo Brain Fitness  6:30 Movie: <i>Mamma Mia</i> </p>	<p>10:00 Keepin' Fit (MC)²³ 10:30 Balloon Volleyball  11:15 Keepin' Fit (AL) 1:40 Midday Matinee: <i>Ed</i>  2:00 Pokeno 6:30 Adult Coloring</p>	
<p>9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit  2:00 Ice Cream Social </p>	<p>9:30 Electronic Fun & Games 10:30 Monday Morning Trivia 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Reminisce 3:00 Bunco 4:00 Dynseo Brain Fitness  6:00 Gary Wendorf Performs </p>	<p>10:00 Aegis educational event on Exercise and fitness 10:30-11:30 Heritage Hustle by Innovative Fitness (MC)  1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner </p>	<p>10:00 Art w/ Maria & Megan  11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Rich Regent Performs & March Birthday Bash  3:00 Wheel of Fortune 4:00 Dynseo Brain Fitness  6:00 Topics w/ Todd</p>	<p>10:00 Target Shopping Trip 10:00 Glee Club  11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania </p>	<p>10:00 Sweet Treats & Java ²⁹ 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Health and Fitness Talk 3:00 TGIF Happy Hour 4:00 Dynseo Brain Fitness  6:30 Movie: <i>Babe</i>  Chef's Table </p>	<p>10:00 Keepin' Fit (MC)³⁰ 10:30 Balloon Volleyball  11:15 Keepin' Fit (AL) 2:00 Snack social & Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring</p>	

*All activities are subject to change when necessary
 Residents' families are invited to participate in community events

Musical Activity Happy Hour
 Celebrate Wisconsin Exercise