

March

Heritage Elm Grove
Assisted Living Life Enrichment Calendar

Heritage Hikers
Daily at 1:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Wisconsin Health & Fitness		Happy Birthday  Violet D. – 3/9 Daniel M. – 3/9 SeVera L. – 3/13 Barbara S. – 3/23 Pauline F. – 3/27 Gloria A. – 3/27 Anita A. – 3/30		10:00 Sweet Treats & Java 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Health and Fitness Talk 3:00 TGIF Happy Hour 6:30 Movie: Pitch Perfect	10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 2:00 Snack social & Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring
9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Ice Cream Social 3:00 Bingo 6:30 Rummy	9:30 Inspirational Moments w/ Duane Tweeton 10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Drama Club 4:00 Dynseo Bran Fitness 6:00 Gary Wendorf Performs	10:00 Paczki's for Fat Tuesday 10:30-11:30 Heritage Hustle by Innovative Fitness (MC) 11:15 Keepin' Fit (AL) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner	10:00 Art w/ Maria & Megan 11:15 Keepin' Fit 2:00 Craig Seimsen Performs 3:00 Wheel of Fortune 4:00 Dynseo Brain Fitness 6:00 Topics w/ Todd *Deacon Charlie will be coming here from St. Mary's for Ash Wednesday*	10:00 Trip to the Dollar Store 10:00 Glee Club 11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania	10:00 Sweet Treats & Java 11:15 Keepin' Fit 1:30 Mass w/ Father Terry 2:30 Glitz & Glamour w/ Chica 3:00 TGIF Happy Hour 4:00 Dynseo Brain Fitness 6:30 Movie: Ghostbuster	10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:40 Midday Matinee: Flipper 2:00 Pokeno 6:30 Adult Coloring
9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Ice Cream Social 3:00 Bingo 6:30 Rummy	10:00 Grandma's Daycare Visits 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Reminisce 3:00 Life Enrichment Council 4:00 Dynseo Brain Fitness 6:00 Gary Wendorf Performs	10:00 Snapdragon Flowers 10:30-11:30 Heritage Hustle by Innovative Fitness (MC) 11:15 Keepin' Fit (AL) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner	10:00 Art w/ Maria & Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Greg Driss Performs 3:00 Wheel of Fortune 4:00 Dynseo Brain Fitness 6:00 Topics w/ Todd	10:00 Health and Fitness Talk 10:00 Glee Club 11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania	10:00 Sweet Treats & Java 11:15 Keepin' Fit 1:30 Ministry w/ Mich 3:00 St. Patrick's Day Social 4:00 Dynseo Brain Fitness 6:30 Movie: Big	10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 2:00 Snack social & Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring
9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Shamrock Shakes 3:00 Bingo 6:30 Rummy	10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Pennies In 3:00 Drama Club 4:00 Dynseo Brain Fitness 6:00 Gary Wendorf Performs	10:00 Red Hats Club 10:30-11:30 Heritage Hustle by Innovative Fitness (MC) 11:15 Keepin' Fit (AL) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner	10:00 Art w/ Maria & Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Barry Bryan Performs 3:00 Megan's Birthday Bash Celebration 4:00 Dynseo Brain Fitness 6:00 Topics w/ Todd	10:00 Glee Club 10:00 Zister's Restaurant (First come first serve) 11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Paint and Sip w/ Megan	10:00 Sweet Treats & Java 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Men's Club 2:30 Glitz & Glamour w/ Chica 3:00 TGIF Happy Hour 4:00 Dynseo Brain Fitness 6:30 Movie: Mamma Mia	10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:40 Midday Matinee: Ed 2:00 Pokeno 6:30 Adult Coloring
9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 2:00 Ice Cream Social	9:30 Electronic Fun & Games 10:30 Monday Morning Trivia 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Reminisce 3:00 Bunco 4:00 Dynseo Brain Fitness 6:00 Gary Wendorf Performs	10:00 Aegis educational event on Exercise and fitness 10:30-11:30 Heritage Hustle by Innovative Fitness (MC) 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Kings of the Corner	10:00 Art w/ Maria & Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Rich Regent Performs & March Birthday Bash 3:00 Wheel of Fortune 4:00 Dynseo Brain Fitness 6:00 Topics w/ Todd	10:00 Target Shopping Trip 10:00 Glee Club 11:15 Keepin' Fit 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania	10:00 Sweet Treats & Java 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Health and Fitness Talk 3:00 TGIF Happy Hour 4:00 Dynseo Brain Fitness 6:30 Movie: Babe Chef's Table	10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 2:00 Snack social & Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring

*All activities are subject to change when necessary
Residents' families are invited to participate in community events