

















































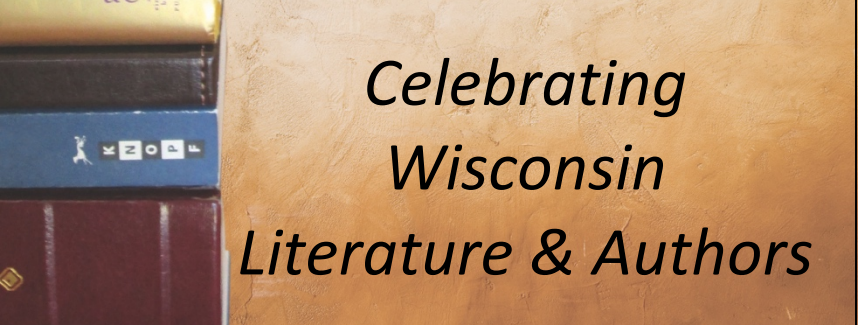


# January

## Heritage Elm Grove Assisted Living Life Enrichment Calendar

## Hot Cocoa Social Every Sunday at 2 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday</b></p>  <p>Pat F. 1/4 Ralph D. 1/9 Eugene K. 1/9 Joanne S. 1/18 Yvonne G. 1/19 Gerri Z. 1/21</p>	<p>Mary C. 1/25 Judy K. 1/25 Carl P. 1/25 Joyce P. 1/26 Dick P. 1/29 Bertha K. 1/29 Joyce H. 1/31</p>	<p>1 10:30-11:30 Heritage Hustle by Innovative Fitness 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>   	<p>2 10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Nurse Michaela Performs 3:00 Wheel of Fortune 4:00 Short Stories by the Fire 6:00 Topics w/ Todd</p> 	<p>3 10:00 Trip to the Dollar Store 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p> 	<p>4 10:00 Donut Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:15 Wisconsin Literary Tour 3:00 TGIF Happy Hour 6:30 Movie</p>  	<p>5 10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 2:00 Snack social &amp; Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring</p>   
<p>6 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>7 9:30 Inspirational Moments w/ Duane Tweeton 10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Laura Ingalls Discussion 3:00 Jewelry Making 6:00 Gary Wendorf Performs</p> 	<p>8 10:30-11:30 Heritage Hustle by Innovative Fitness 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>   	<p>9 10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Pam &amp; the Accidentals Perform 3:15 Wheel of Fortune 4:00 Short Stories by the Fire 6:00 Topics w/ Todd</p> 	<p>10 10:00 Elm Grove Library 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p> 	<p>11 10:00 Donut Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Mass w/ Father Terry 1:30 Ministry w/ Mich 2:00 Heritage Hikers 2:30 Glitz &amp; Glamour w/ Chica 3:00 TGIF Happy Hour 6:30 Movie</p>  	<p>12 10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 1:40 Midday Matinee: Wizard of Oz 2:00 Pokeno 6:30 Adult Coloring</p>   
<p>13 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>14 10:00 Grandma's Daycare Visits 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Heritage Hikers 2:15 Time Slips 3:00 Life Enrichment Council 6:00 Gary Wendorf Performs</p> 	<p>15 10:00 Snapdragon Flowers 10:30-11:30 Heritage Hustle by Innovative Fitness 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>   	<p>16 10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Terry Morganroth Performs 3:15 Resident Council 4:00 Short Stories by the Fire 6:00 Topics w/ Todd</p> 	<p>17 10:00 Wisconsin Literary Tour 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:00 Paint and Sip w/ Megan</p> 	<p>18 10:00 Donut Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:15 Wisconsin Literary Tour 3:00 TGIF Happy Hour 6:30 Movie</p>  	<p>19 10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 2:00 Snack social &amp; Wheel of Fortune 3:00 Pokeno 6:30 Adult Coloring</p>   
<p>20 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>21 10:30 Bible Study w/ Bob 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:30 Heritage Hikers 2:30 Pennies In 2:00 Drama Club 6:00 Gary Wendorf Performs</p> 	<p>22 10:30-11:30 Heritage Hustle by Innovative Fitness 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>   	<p>23 10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Greg Driss Performs 3:15 Wheel of Fortune 4:00 Short Stories by the Fire 6:00 Topics w/ Todd</p> 	<p>24 10:00 Elm Grove Library 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p> 	<p>25 10:00 Donut Friday &amp; Coffee 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:00 Heritage Hikers 2:30 Glitz &amp; Glamour w/ Chica 3:00 TGIF Happy Hour 6:30 Movie</p>  	<p>26 10:00 Keepin' Fit (MC) 10:30 Balloon Volleyball 11:15 Keepin' Fit (AL) 1:00 Heritage Hikers 1:40 Midday Matinee: Something's Gotta Give 2:00 Pokeno 6:30 Adult Coloring</p>   
<p>27 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Hot Cocoa Bar Social 3:00 Bingo 6:30 Rummy</p>	<p>28 9:30 Electronic Fun &amp; Games 10:30 Monday Morning Trivia 11:15 Keepin' Fit 1:30 Ministry w/ Mich 2:15 Time Slips 3:00 Jewelry Making 6:00 Gary Wendorf Performs</p> 	<p>29 10:30-11:30 Heritage Hustle by Innovative Fitness 1:15 Rosary and Communion 1:30 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball</p>   	<p>30 10:00 Art w/ Maria &amp; Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Barry Bryan Performs 3:15 Birthday Bash Celebration 3:30 Wheel of Fortune 4:00 Short Stories by the Fire 6:00 Topics w/ Todd</p> 	<p>31 10:00 Milwaukee Public Museum 10:00 Glee Club 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania</p> 	 <p><i>Celebrating Wisconsin Literature &amp; Authors</i></p>	

\*All activities are subject to change when necessary

Residents' families are invited to participate in community events.

Musical Activity

Happy Hour

Celebrate Wisconsin

Exercise