

September

Heritage Elm Grove Assisted Living Life Enrichment Calendar

Recurring Activities

Keepin' Fit Everyday at 11:15 a.m.
Ice Cream Social Saturdays at 2 p.m. (Pub)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Celebrating Wisconsin Companies			Happy Birthday  Irma B. 9/15 Rose H. 9/16 David M. 9/30			1 10:00 Bowling 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Snack Social & Sing-along 3:00 Spanish Class w/ Maria 7:00 Adult Coloring/Puzzle sheets
2 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Ice Cream Social 3:00 Bingo 6:30 Rummy	3 10:00 Pokeno 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich (MC) 2:30 Sargento Cheese Tasting 6:00 Gary Wendorf Performs	4 10:30-11:30 Heritage Hustle by Innovative Fitness 1:00 Heritage Hikers 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball	5 10:00 Heritage Hounds Baking Club (MC) 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Rich Regent Performs 3:15 Dynseo 4:00 Rummy & Sip 6:00 Topics w/ Todd	6 10:00 Trip to Kohl's Dept. Store 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania	7 10:00 Bakery Friday & Coffee 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich 2:30 Glitz & Glamour w/ Chica 3:00-4:00 TGIF Happy Hour w/ the Executive Director 6:30 Movie & Popcorn	8 10:00 Parachute Fun 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Pokeno 3:00 Midday Matinee 7:00 Adult Coloring/Puzzle sheets
9 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Ice Cream Social 3:00 Bingo 6:30 Rummy	10 9:30 Inspirational Moments w/ Duane Tweeton 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich 1:30-2:15 Bible Study w/ Bob 3:00 Life Enrichment Council 6:00 Gary Wendorf Performs	11 10:30-11:30 Heritage Hustle by Innovative Fitness 1:00 Heritage Hikers 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball	12 10:00 Art w/ Maria & Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Craig Seimsen Performs 3:00 Dynseo 3:15 Resident Council 4:00 Card Club 6:00 Topics w/ Todd	13 10:00 Trip to MillerCoors Brewery 11:15 Keepin' Fit 1:00 Heritage Hikers 1:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania	14 10:00 Bakery Friday & Coffee 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich 3:00 TGIF Happy Hour 6:30 Movie & Popcorn	15 10:00 Bowling 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Snack Social & Sing-along 3:00 Spanish Class w/ Maria 7:00 Adult Coloring/Puzzle sheets
16 9:00 Mass on TV 10:00 Inspirational Moments 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Ice Cream Social 3:00 Bingo 6:30 Rummy	17 10:00 Pokeno 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Misitry w/ Mich (MC) 1:30-2:15 Bible Study w/ Bob 3:00 Sprecher Tasting 6:00 Gary Wendorf Performs	18 10:30-11:30 Heritage Hustle by Innovative Fitness 1:00 Heritage Hikers 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball	19 10:00 Heritage Hounds Baking Club (MC) 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Barry Bryan Performs 3:15 Dynseo 4:00 Rummy & Sip 6:00 Topics w/ Todd	20 10:30 Johnny Moore Performs 11:00 Lunch at the Chocolate Factory 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:00 Paint and Sip w/Megan	21 10:00 Bakery Friday & Coffee 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich 2:30 Glitz & Glamour w/ Chica 3:00 TGIF Happy Hour 6:30 Movie & Popcorn	22 10:00 Parachute Fun 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Pokeno 3:00 Midday Matinee 7:00 Adult Coloring/Puzzle sheets
23 9:00 Mass on TV 10:00 Inspirational Moments 2:00 Ice Cream Social 3:00 Bingo	24 10:00 Pokeno 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich 2:30 Brownberry Bakery Tasting 6:00 Gary Wendorf Performs	25 10:30-11:30 Heritage Hustle by Innovative Fitness 1:00 Heritage Hikers 1:15 Rosary and Communion 2:00 Happy Hour 3:00 Bingo 6:30 Balloon Volleyball	26 10:00 Art w/ Maria & Megan 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Nightengals Perform/Birthday Party Bash 3:15 Dynseo 4:00 Card Club 6:00 Topics w/ Todd	27 10:00 Trip to Harley- Davidson Museum 10:00 Rhythm Band 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Happy Hour 3:00 Bingo 6:30 Puzzle Mania	28 10:00 Bakery Friday & Coffee 11:15 Keepin' Fit 1:00 Heritage Hikers 1:30 Ministry w/ Mich 3:00 TGIF Happy Hour 6:30 Movie & Popcorn	29 10:00 Bowling 11:15 Keepin' Fit 1:00 Heritage Hikers 2:00 Snack Social & Sing-along 3:00 Spanish Class w/ Maria 7:00 Adult Coloring/Puzzle sheets
30 9:00 Mass on TV 10:00 Inspirational Moments 2:00 Ice Cream Social 3:00 Bingo						

*All activities are subject to change when necessary
Residents' families are invited to participate in community events.

Musical Activity Happy Hour/Social
Celebrate Wisconsin Exercise