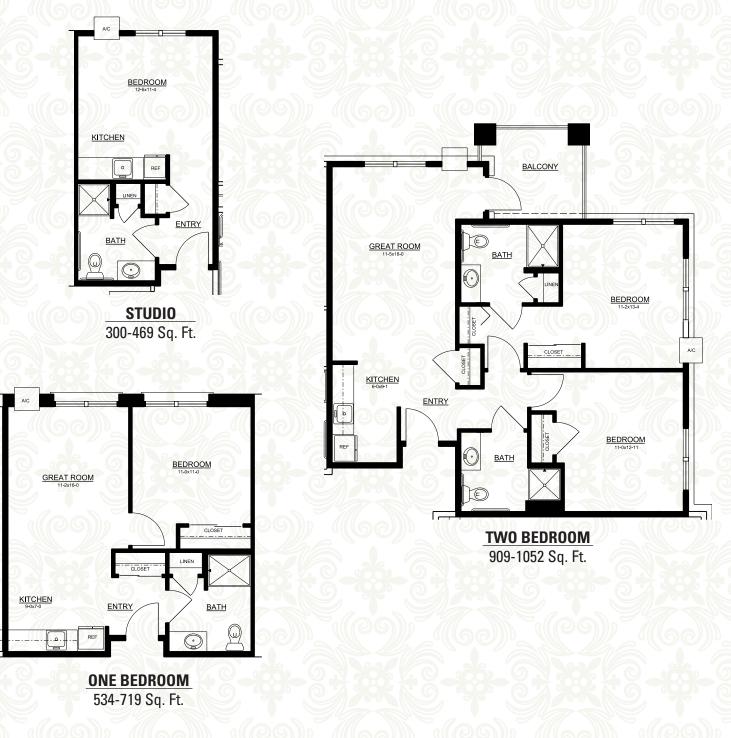
Unit Plans Assisted Living

Assisted Living community offers studios, one and two bedroom apartments. Within each apartment is a kitchenette, private bath with walk in shower, granite countertops, in-floor radiant heat, and spacious closets. Some apartments feature patios or balconies.



This is an Equal Housing Opportunity Community which adheres to all State and Federal Fair Housing Laws.

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Philosophy Of Care Assisted Living

Vision

To provide the highest standard of care while protecting, cherishing, and dignifying the knowledge, value, and joy of our respected residents.

Mission

Heritage Senior Living is committed to:

- Providing our residents with opportunities to maintain independence and individuality by creating choice and maintaining dignity.
- Providing our families with the peace of mind that they have made a loving decision by sharing their family member with us.
- Fostering our staffs' self worth, turning challenges into opportunities, and show that by living purposefully every day they play a critical role in making the world a better place.

Philosophy Of Care

We're collectively committed to the following five principles which serve as guidelines for all our programs and relationships.

Independence

Our programs emphasize self-reliance within a supportive environment which enhances the residents' quality of life and helps them to feel good about themselves.

Individuality

We customize our care programs to reflect the interests, abilities and preferences of each individual resident because each of us experiences the aging process differently.

Privacy

Residents maintain and decorate their own apartment with personal belongings. Apartment and mail keys are issued if requested, yet staff will always knock before entering.

Choice

Residents are encouraged to continue to make their own decisions. Our programs and care plans are designed to honor individual preferences by providing plenty of variety from entrée choices to the daily scheduling of care and activities.

Dignity

Our staff is committed to assisting residents in their personal needs such as bathing, dressing and toileting in a manner that is always sensitive to the resident's dignity.

Resident Services

Assisted Living

Walk through the doors of one of our Senior Living Communities and you will immediately sense the homelike and friendly atmosphere.

At Heritage, we offer personalized care and services to meet the needs of each individual resident. Well trained and compassionate staff is available 24 hours per day in addition to a reassuring emergency call system with personalized call pendant.

Heritage Wellness

Personalized care plans developed based on residents needs as well as medication management. In addition, Heritage offers a variety of services such as visiting physician, podiatrist, audiologist, dentist, eye doctor, hospice and therapy. *(services may vary per location)*

🕦 Heritage Culinary

Provides flexibility and choice, mealtime offers delicious and nutritious meals served restaurant style. Private dining rooms are available for personal use. Nutritional programs that accommodate our resident's special dietary needs and considers their restriction requirements. Hydration and snack programs offered.

💭 Heritage Life Enrichment

Daily planned activities offered to nurture the mind, body and spirit and allow residents to socialize and remain active. Residents are able to choose from a variety of lifestyle activities including community outings.



Heritage Mobility

Walking programs, advanced mechanical lifts, transitional therapy and a Falls Prevention program provide residents the help to maintain their quality of life.

Heritage Revitalize

Relaxing spa services such as massage, reiki, aromatherapy, yoga, and tai chi help to revitalize the mind and body. (*programs may vary per location*)

Deritage Respite

Short term stays available 5-28 days offering a temporary break for one to regain strength prior to going home.

Pub Social Area Private Dining Room On-site Barber/Beauty Salon Soothing Spa with Whirlpool Tub Wellness Area/Therapy Services **Community Areas with Fireplace Patios and Courtyards Massage Services** Van for Scheduled Activity Outings **Theatre Room** Amenities may vary per location.