





# DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Activity Location Key</b> <b>2AR- 2nd Floor Activity Room</b> <b>2SR- 2nd Floor Sunroom</b> <b>1DR- 1<sup>st</sup> Floor Dining Room</b> <b>2DR- 2<sup>nd</sup> Floor Dining Room</b> <b>***Sign Up Required</b> <b>*Doctor's Note Required</b>	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>1</b> <b>11:00</b> Word Games- 2DR <b>1:00</b> Independent Resident Game Time- 2AR <b>1:30</b> Cooking & Baking-2AR <b>3:00</b> Mexican Train-2AR	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>2</b> <b>11:00</b> Presentation with Aegis Therapy: - 2AR <b>1:00</b> Shopping at Festival*** <b>4:00</b> Musical Performance with the Westhaven Barbershop Quartet <b>Beauty Shop Open</b>	<b>9:00</b> Coffee Clutch- 2DR <b>3</b> <b>9:45</b> Morning Stretch & Exercise- 2AR <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:30</b> Hot Cocoa Bar-1DR <b>4:30</b> West Madrigals- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>4</b> <b>11:00</b> SingFit- 2AR <b>1:30</b> Skip Bo- 2AR <b>3:00</b> Bingo- 2DR <b>4:00</b> Book Club- 2SR <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>5</b> <b>10:00</b> Bus Outing to The Grand Festival of Trees* <b>1:30</b> Resident Choice Game Time--2AR <b>1:30</b> Arts & Crafts-2DR <b>3:00</b> Happy Hour- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>6</b> <b>1:30</b> Card Club -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>7</b> <b>12:00</b> Packers vs. Bears <b>1:30</b> Pub Trivia- Pub <b>3:00</b> Rummikub- -2AR	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>8</b> <b>11:00</b> Word Games- 2DR <b>1:00</b> Independent Resident Game Time- 2AR <b>1:30</b> Cooking & Baking-2AR <b>3:30</b> Magician Bruce Dumas- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>9</b> <b>11:00</b> Resident Council Meeting- 2DR <b>1:30</b> Independent Resident Game Time <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>9:00</b> Coffee Clutch- 2DR <b>10</b> <b>9:45</b> Morning Stretch & Exercise- 2AR <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:00</b> Resident Birthday Social	<b>10:00</b> Morning Stretch & Exercise-2AR <b>11</b> <b>11:00</b> SingFit- 2AR <b>1:30</b> Farkle- 2AR <b>3:00</b> Bingo- 2DR <b>4:30</b> North Madrigals-Pub <b>Aspire Christmas Celebration</b> <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>12</b> <b>12:00</b> Lunch Outing to The Mineshaft* <b>1:30</b> Resident Choice Game Time--2AR <b>1:30</b> Arts & Crafts-2DR <b>3:00</b> Happy Hour- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>13</b> <b>1:30</b> Card Club -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>14</b> <b>1:30</b> Pub Trivia- Pub <b>3:00</b> Rummikub- -2AR <b>3:25</b> Packers vs. Broncos	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>15</b> <b>11:00</b> Word Games- 2DR <b>1:00</b> Independent Resident Game Time- 2AR <b>3:00</b> Mexican Train Bus Outing to Celebration of Lights*	<b>9:00</b> Coffee Clutch- 2DR <b>16</b> <b>10:00</b> Morning Stretch & Exercise-2AR <b>11:00</b> SingFit-2AR <b>1:00</b> Shopping at Wal Mart*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>9:00</b> Coffee Clutch- 2DR <b>17</b> <b>9:45</b> Morning Stretch & Exercise- 2AR <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:00</b> Musical Entertainment with Arlie Schneider- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>18</b> <b>11:00</b> SingFit- 2AR <b>1:30</b> Skip Bo- 2AR <b>3:00</b> Bingo- 2DR <b>4:00</b> Book Club- 2SR <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>19</b> <b>1:30</b> Resident Choice Game Time- -2AR <b>1:30</b> Arts & Crafts- 2DR <b>3:00</b> Grinchy Happy Hour Ugly Christmas Sweater Contest	<b>10:00</b> Morning Stretch & Exercise-2AR <b>20</b> <b>1:30</b> Card Club -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>21</b> <b>1:30</b> Pub Trivia- Pub <b>3:00</b> Rummikub- -2AR <b>First Day of Winter</b>	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>22</b> <b>11:00</b> Word Games- 2DR <b>1:00</b> Independent Resident Game Time- 2AR <b>2:00</b> Musical Entertainment with Bella Music <b>3:00</b> Mexican Train	<b>9:00</b> Coffee Clutch- 2DR <b>23</b> <b>10:00</b> Morning Stretch & Exercise-2AR <b>11:00</b> SingFit-2AR <b>1:00</b> Shopping at Target*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>9:00</b> Coffee Clutch- 2DR <b>24</b> <b>9:45</b> Morning Stretch & Exercise- 2AR <b>10:30</b> Worship Service-2DR <b>1:30</b> King's in the Corner-2AR <b>3:00</b> Movie "A Christmas Carol"- Theatre <b>Christmas Eve</b>	 <b>Christmas Themed Music, Movies &amp; Activities</b> <b>Christmas Day</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>26</b> <b>1:30</b> Resident Choice Game Time--2AR <b>1:30</b> Arts & Crafts-2DR <b>3:00</b> Happy Hour- 1DR	<b>10:00</b> Morning Stretch & Exercise-2AR <b>27</b> <b>1:30</b> Card Club -2AR <b>3:00</b> Movie Matinee & Popcorn- Theatre
<b>10:00</b> Virtual Church Service- YouTube-2AR <b>28</b> <b>1:30</b> Pub Trivia- Pub <b>3:00</b> Rummikub- -2AR <b>TBD</b> Packers vs. Ravens	<b>10:00</b> Morning Stretch & Exercise- 2AR <b>29</b> <b>11:00</b> Word Games- 2DR <b>1:00</b> Independent Resident Game Time- 2AR <b>1:30</b> Cooking & Baking-2AR <b>3:00</b> Mexican Train	<b>9:00</b> Coffee Clutch- 2DR <b>30</b> <b>10:00</b> Morning Stretch & Exercise-2AR <b>11:00</b> SingFit-2AR <b>1:00</b> Shopping at TJ Maxx*** <b>3:00</b> Bingo- 2DR <b>Beauty Shop Open</b>	<b>10:00</b> Morning Stretch & Exercise-2AR <b>31</b> <b>1:30</b> Resident Choice Game Time--2AR <b>1:30</b> Arts & Crafts-2DR <b>3:00</b> New Years Eve Champagne Happy Hour- 1DR <b>New Year's Eve</b>	 <b>Marilee Edson</b> <b>12/13</b> <b>12/11</b>		

## Assisted Living Activities\* Calendar

*\*All activities are subject to change when necessary. Please check updates daily.  
Residents' families are invited to participate in community events.*