




DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u>Morning</u> 1 SingFit Manicure Monday <u>Afternoon</u> Deck the Halls Holiday Stories & Tea Sensory Stations	<u>Morning</u> 2 Morning Stretch Pet Therapy <u>Afternoon</u> Flower Arranging Coloring Club Heritage House Calls	<u>Morning</u> 3 SingFit Aromatherapy <u>Afternoon</u> Bingo Dynseo Games Sensory Stations	<u>Morning</u> 4 Stretch It Out Coffee Social <u>Afternoon</u> Holiday Craft Music w/ Gemini Ornament Toss	<u>Morning</u> 5 Morning Tea & Stories All About Yule <u>Afternoon</u> Heritage Hikers Happy Hour Sensory Stations	<u>Morning</u> 6 Balloon Volley Hand Care Corner <u>Afternoon</u> Heritage Hikers Aromatherapy Sensory Stations
<u>Morning</u> 7 Stretch It Out Coffee Social <u>Afternoon</u> Armchair Travel: Germany Heritage Hikers Sensory Stations	<u>Morning</u> 8 Morning Stretch Dynseo Games <u>Afternoon</u> Heritage Hikers Tea Social Heritage House Calls	<u>Morning</u> 9 SingFit Reindeer Hunt <u>Afternoon</u> Flower Arranging Hot Cocoa Social Sensory Stations	<u>Morning</u> 10 Holiday Stories & Tea Ornament Crafting <u>Afternoon</u> Bingo Midweek Manicures Heritage House Calls	<u>Morning</u> 11 SingFit Coffee Social <u>Afternoon</u> Heritage Hikers Winter Wonderland Party 3-5pm	<u>Morning</u> 12 Morning Stretch Gingerbread Houses <u>Afternoon</u> Coloring Club Music w/ Cameron Webb Sensory Stations	<u>Morning</u> 13 Stretch It Out Holiday Music <u>Afternoon</u> Hot Cocoa Social All About the Alps Heritage House Calls
<u>Morning</u> 14 Morning Stretch Coffee Social <u>Afternoon</u> Holiday Sing Along Balloon Volley Sensory Stations	<u>Morning</u> 15 Stretch It Out Holiday Match Up <u>Afternoon</u> Heritage Hikers Reindeer Hunt Coloring Club	<u>Morning</u> 16 SingFit Pet Therapy <u>Afternoon</u> Flower Arranging Kinectic Sand Fun Heritage House Calls	<u>Morning</u> 17 Morning Stretch Midweek Manicures <u>Afternoon</u> Bingo Caroling Group Bus to Holiday Lights	<u>Morning</u> 18 SingFit Coffee Social <u>Afternoon</u> Aromatherapy Music w/ 10 Strings Sensory Stations	<u>Morning</u> 19 Balloon Volley Hand Care Corner <u>Afternoon</u> Crafting Corner Happy Hour Heritage House Calls	<u>Morning</u> 20 Ornament Toss Coloring Club <u>Afternoon</u> Heritage Hikers Armchair Travel: North Pole Sensory Stations
<u>Morning</u> 21 Stretch It Out Coffee Social <u>Afternoon</u> Dynseo Games Sensory Stations First Day of Winter	<u>Morning</u> 22 Ornament Toss Holidays Around the World <u>Afternoon</u> Heritage Hikers Hot Cocoa Social Heritage House Calls	<u>Morning</u> 23 SingFit Pfeffernusse Social <u>Afternoon</u> Flower Arranging Holiday Craft Sensory Stations	<u>Morning</u> 24 Morning Manicures Holiday Stories & Tea <u>Afternoon</u> Bingo Grinchmas Fun Sensory Stations Christmas Eve	<u>Morning</u> 25 Stretch It Out Coffee Social <u>Afternoon</u> Midday Matinee Sensory Stations Christmas Day	<u>Morning</u> 26 Balloon Volley All About 1950's <u>Afternoon</u> Coloring Club Happy Hour Heritage House Calls	<u>Morning</u> 27 Morning Stretch Relaxation Station <u>Afternoon</u> Heritage Hikers Aromatherapy Sensory Stations
<u>Morning</u> 28 Morning Stretch Coffee Social <u>Afternoon</u> Heritage House Calls Armchair Travel: Bahamas Sensory Stations	<u>Morning</u> 29 Snowball Toss Aromatherapy <u>Afternoon</u> Drum to the Beat Dynseo Games Heritage House Calls	<u>Morning</u> 30 SingFit Pet Therapy <u>Afternoon</u> Flower Arranging New Year Crafting Sensory Station	<u>Morning</u> 31 Dynseo Games Midweek Manicures <u>Afternoon</u> Midday Matinee New Year's Celebration New Year's Eve		Happy Birthday: 4 th - Dee Dee L.	

Middleton Memory Care

Community Life Enrichment Calendar

SPECIAL EVENTS

Winter Wonderland Party- 12/11 from 3:00- 5 PM

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE