

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Location Key: B- Bistro on 1 st Floor TH- Theater on 2 nd Floor EC- 1 st Floor- All Welcome AR- Activity Room- 2 nd Floor IL DR- Independent Dining Room on 1 st Floor	¹ 10:00- Morning Stretch-B 10:30- Manicure Monday-B 1:00- Deck the Halls 2:00- Resident Led Bingo-AR 3:00- Bus to Metro Market-Meet in Bistro	² 10:00- Strength Training-B 11:00- Pet Therapy- EC 1:15- Communion & Rosary- IL DR 2:00- Flower Arranging- AR 4:00- Heritage House Calls	³ 10:00- Stretch It Out 10:30-Holiday Stories & Coffee- By fireplace on 1 st Fl 1:00- Skip Bo (card game)- AR 2:00- Bingo in the Bistro 3:30- Hot Cocoa & Crosswords-A.R.	⁴ 10:00- Strength Training-B 10:30- Coffee Social-B <u>1:00- Wildlife Conservation Program- TH</u> 2:30- Music w/ Gemini-B 4:00- Heritage House Calls <u>5:15- Bus to Holiday Lights</u>	⁵ 10:00- Morning Stretch-B 11:00- Reindeer Races-AR 1:00- Heritage Hikers 2:30- Happy Hour- Holiday Sweater Themed-B 3:30- Coloring Club- B	⁶ 10:00- Movement & Music 10:30- Holiday Stories & Coffee-By Fireplace 1 st Fl 1:00- Yahtzee- B 2:00- Bingo in the Bistro 3:30- Heritage House Calls
⁷ 10:00- Strength Training-B 10:30- Coffee Social- B 1:00- Armchair Travel: Christkindlesmarkt, Germany 2:00- Heritage Hikers 3:00- Resident Led Dominoes- AR	⁸ 10:00- Stretch It Out- B 10:30- Manicure Monday-B 1:30- Trivia in the Bistro 2:00- Resident Led Bingo-A.R. 3:00- Hot Cocoa & Crosswords- Bistro	⁹ 10:00- Strength Training 10:30- Holiday Card Making 1:00- Flower Arranging 2:00- Resident Council 3:00- Holiday Craft- A.R. <u>5:15- Bus to Holiday Lights</u>	¹⁰ 10:00- Morning Stretch 10:30- Holiday Stories & Coffee-By Fireplace 1 st Fl 1:00- How It's Made: Lager Beer- A.R. 2:00- Bingo in the Bistro 3:30- Gingerbread House Decorating- A.R.	¹¹ 10:00- Stretch It Out- B 10:30- Coffee Social- B 1:00- Coloring Club- A.R. <u>3-5:00- Winter Wonderland Party- Bistro</u>	¹² 10:00- Strength Training 10:30- Hallway Hockey- B 1:00- Gingerbread House Decorating-A.R. 2:30- Music w/ Cameron Webb-B 4:00- Heritage House Calls	¹³ 10:00- Stretch It Out- B 10:30-Holiday Stories & Coffee- By Fireplace 1 st Fl 1:00- Hot Cocoa Social-B 2:00- Bingo in the Bistro 3:30- UNO- A.R.
¹⁴ 10:00- Morning Stretch-B 10:30- Coffee Social- B 1:00- All About Hanukkah- B 2:00- Chair Volleyball-B 3:00- Holiday Sing Along-A.R.	¹⁵ 10:00- Strength Training-B 10:30- Manicure Monday-B 1:00- Cookie Baking-A.R. 2:00- Resident Led Bingo-A.R. 3:00- Hot Cocoa & Crosswords- Bistro	¹⁶ 10:00- Strength Training 11:00- Pet Therapy- EC 1:00- SingFit- E.C. 1:15- Communion & Rosary- IL DR 2:00- Flower Arranging- A.R. 4:00- Heritage House Calls	¹⁷ 10:00- Movement & Music-B 10:30-Holiday Stories & Coffee 1:30- Bingo in the Dining Room on 2nd Floor 2:50- Caroling Group- EC Dining <u>3:30- All About the Wright Brothers- TH</u>	¹⁸ 10:00- Strength Training- B 10:30- Coffee Social- B 1:00- Armchair Travel: Nova Scotia- A.R. 2:30- Music w/ 10 Strings 4:00- Heritage House Calls	¹⁹ 10:00- Morning Stretch 10:30- Crosswords & Coffee-B <u>1:30- Midday Matinee- TH</u> 2:30- Happy Hour: Table Games 4:00- Heritage House Calls	²⁰ 10:00- Strength Training 10:30- Holiday Stories & Coffee- By Fireplace 1 st Fl 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Scrabble- A.R.
²¹ 10:00- Stretch It Out- B 10:30- Coffee Social- B 1:00- History of Yule- A.R. 2:00- Trivia & Tea- B 3:00- Resident Led Mexican Train Dominoes- A.R. First Day of Winter	²² 10:00- Morning Stretch- B 10:30- Manicure Monday-B 1:00- Heritage Hikers 2:00- Resident Led Bingo-A.R. 3:00- Reindeer Hunt- Bistro 4:00- Heritage House Calls	²³ 10:00- Strength Training 10:30- Pfeffernusse Social-B 1:00- SingFit- E.C.- ALL WELCOME 2:00- Flower Arranging- A.R. 4:00- Heritage House Calls	²⁴ 10:00- Stretch It Out- B 10:30- Holiday Music Social 1:00- Hot Cocoa & Crosswords- A.R. 2:00- Holiday Bingo- Bistro 3:00- Snowball Toss- A.R. Christmas Eve	²⁵ 10:00- Movement & Music-B 10:30- Coffee Social-B 1:00- Holiday Music & Coloring Club- A.R. <u>2:00- Holiday Movie- E.C.- ALL WELCOME</u> Christmas Day	²⁶ 10:00- Strength Training- B 10:30- Chair Volleyball 1:00- Coloring Club-B 2:30- Happy Hour: Trivia-B 4:00- Heritage House Calls	²⁷ 10:00- Morning Stretch-B 10:30- Positive Stories & Coffee- By fireplace 1 st Fl 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:00- Fruitcake Social-B
²⁸ 10:00- Strength Training-B 10:30- Coffee Social-B 1:00- UNO- Bistro 2:00- Armchair Travel: Bahamas- Bistro 3:00- SkipBo- A.R.	²⁹ 10:00- Stretch It Out- B 10:30- Manicure Monday-B 1:00- Heritage Hikers 2:00- Resident Led Bingo-A.R. <u>2:30- Short Films – TH</u> 3:30- Relaxation Stations- A.R.	³⁰ 10:00- Strength Training- B 11:00- Pet Therapy- EC 1:00- Heritage Hikers 2:00- Flower Arranging-A.R. 4:00- Heritage House Calls	³¹ 10:00- Morning Stretch 10:30- New Year Goals- B 1:30- Bingo in the Bistro 3:30- NYE Party- Bistro New Year's Eve		Happy Birthday: 4 th - Dee Dee L.	