

# OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday to You!</b>  Maria Van S. – 1 <sup>st</sup>  Mary Jane H. – 7 <sup>th</sup>  Peter B. – 8 <sup>th</sup>  Sandy A. – 14 <sup>th</sup>  Irene F. – 18 <sup>th</sup>  Mary S. – 22 <sup>nd</sup>	<b>Happy Birthday to You!</b>  Gene G. – 24 <sup>th</sup>  Dorie W. – 24 <sup>th</sup>  Rita N. – 28 <sup>th</sup>  Margaret S. – 29 <sup>th</sup>  Arthur K. – 29 <sup>th</sup>  Loretta W. – 31 <sup>st</sup>	<b>*All outings Sign up at the Front Desk</b>	<b>Morning</b> <b>1</b> Spiro 100 Story Time <b>10:00</b> Lutheran Church – Pub  <b>Afternoon</b> <b>1:30</b> Communion Service – Pub Adult Coloring	<b>Morning</b> <b>2</b> Exercise Engagement Bins  <b>Afternoon</b> Table Games Whack a balloon	<b>Morning</b> <b>3</b> Spiro 100 Water Painting  <b>Afternoon</b> SingFit <b>1:30</b> Catholic Mass – Pub <b>3:00</b> Happy Hour-Pub	<b>Morning</b> <b>4</b> Exercise <b>10:00</b> Donut Social – Pub  <b>Afternoon</b> Music Sing-along <b>3:00</b> Bingo – Pub
<b>Morning</b> <b>5</b> Church on TV Sing Fit  <b>Afternoon</b> Engagement Bins Story Time	<b>Morning</b> <b>6</b> Spiro 100 Bucket Toss  <b>Afternoon</b> Table Games Left, Right, Center	<b>Morning</b> <b>7</b> Exercise Toss across <b>Afternoon</b> Engagement Bins Whack a Balloon <b>3:00</b> Bingo – Pub  <i>National Taco Day</i>	<b>Morning</b> <b>8</b> Spiro 100 <b>9:00 – till done</b> Vaccine Clinic – EC 1 <sup>st</sup> Dining <b>10:00</b> Lutheran Church – Pub <b>Afternoon</b> Adult Coloring Story Time	<b>Morning</b> <b>9</b> Exercise Whack a Ballon  <b>Afternoon</b> Engagement Bins <b>2:30</b> Music by Dave (Doo-wop Show)- Pub	<b>Morning</b> <b>10</b> Spiro100 Story Time  <b>Afternoon</b> SingFit Ball Toss (beach ball) <b>3:00</b> Happy Hour-Pub	<b>Morning</b> <b>11</b> Exercise <b>10:00</b> Donut Social – Pub  <b>Afternoon</b> Music Sing-along <b>3:00</b> Bingo – Pub
<b>Morning</b> <b>12</b> Church on TV  <b>Afternoon</b> <b>1:30</b> Piano Music by Andrew – AL Dining Whack a Ballon	<b>Morning</b> <b>13</b> Spiro 100 Toss Across  <b>Afternoon</b> Craft <b>2:30</b> Music by Crystal River Trio-Pub  <b>Columbus Day</b>	<b>Morning</b> <b>14</b> Exercise Manicures  <b>Afternoon</b> SingFit Water Painting	<b>Morning</b> <b>15</b> Spiro 100 Story Time <b>10:00</b> Lutheran Church – Pub  <b>Afternoon</b> Ball Toss (beach ball) Dice Games	<b>Morning</b> <b>16</b> Exercise Engagement Bins  <b>Afternoon</b> Toss Across	<b>Morning</b> <b>17</b> Spiro100 Table Games  <b>Afternoon</b> Whack A Ballon Story Time <b>3:00</b> Happy Hour-Pub	<b>Morning</b> <b>18</b> Exercise <b>10:00</b> Donut Social – Pub  <b>Afternoon</b> Bean Bag Toss <b>3:00</b> Bingo – Pub
<b>Morning</b> <b>19</b> Church on TV SingFit  <b>Afternoon</b> Craft	<b>Morning</b> <b>20</b> Spiro 100 Bucket Toss  <b>Afternoon</b> <b>1:30</b> Presentation by Martin Schreiber “My Two Elaines” – Pub Table Games	<b>Morning</b> <b>21</b> Exercise Whack a Ballon  <b>Afternoon</b> SingFit Dice Games	<b>Morning</b> <b>22</b> Spiro 100 Story Time <b>10:00</b> Lutheran Church – Pub  <b>Afternoon</b> Ball Toss (beach ball) <b>3:00</b> Music by TJ & Lynn – Pub	<b>Morning</b> <b>23</b> Exercise Engagement Bins  <b>Afternoon</b> <b>Outing – Drive to Mulberry Farms</b>	<b>Morning</b> <b>24</b> Spiro100 Table Games  <b>Afternoon</b> Whack A Ballon <b>3:00</b> Happy Hour-Pub	<b>Morning</b> <b>25</b> Exercise <b>10:00</b> Donut Social – Pub  <b>Afternoon</b> Music Sing-along <b>3:00</b> Bingo – Pub
<b>Morning</b> <b>26</b> Church on TV Story Time  <b>Afternoon</b> Engagement Bins Whack a Ballon	<b>Morning</b> <b>27</b> Spiro 100 Adult Coloring  <b>Afternoon</b> Sing Fit Left, Right Center	<b>Morning</b> <b>28</b> Exercise Manicures  <b>Afternoon</b> Engagement Bins Water Painting	<b>Morning</b> <b>29</b> Spiro 100 Story Time <b>10:00</b> Lutheran Church – Pub  <b>Afternoon</b> Adult Coloring Sing Fit	<b>Morning</b> <b>30</b> Exercise <b>9:30-11:30</b> Trunk or Treat  <b>Afternoon</b> Dice Games Engagement Bins <b>3:00</b> Music by Arlie – Pub	<b>Morning</b> <b>31</b> Spiro100 Craft <b>Afternoon</b>  SingFit <b>3:00</b> Happy Hour – Pub Birthday Party <b>Halloween</b>	

Memory Care

Community Life Enrichment Calendar

## SPECIAL EVENTS

Vaccine Clinic – October 8<sup>th</sup>

My Two Elaines: Learning, Coping, Surviving as an Alzheimer’s Caregiver -October 20<sup>th</sup>

*\*All activities are subject to change when necessary. Residents’ families are invited to participate in community events.*

HERITAGE  
— SENIOR LIVING —  
Aspire | LINCOLN  
VILLAGE